

# **2015 Vermont Youth Risk Behavior Survey Report**

## **Report for Windham Northeast SU**

### **Survey Format in 2015**

In 2015, we conducted two surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8.

Results in this report include high school and middle school results for Vermont and for Windham Northeast SU. All results in the 2015 high school section are for grades 9 through 12 only, and the middle school section are for grades 6 through 8 only.

The middle school and high school surveys differed slightly. The shorter middle school survey included questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, body image, physical activity, and youth assets. The high school survey included questions on these topics as well as self-reported height and weight, driving behaviors, other drug use, sexual behavior and orientation, and nutrition.

Copies of both surveys can be found online at: <http://healthvermont.gov/research/yrbs.aspx> Copies of the full state reports, highlights, and additional sub state reports can also be found here.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

We would especially like to thank the following schools from Windham NE who participated in the 2015 YRBS:

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**High School- Grades 9-12**

Bellows Falls UHSD #27

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**Middle School- Grades 6-8**

Bellows Falls Middle School

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## How to Use the YRBS

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, we can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

- **Start the Conversation:** Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?
- **Increase Awareness:** The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.
- **Plan and Evaluate Programs:** The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities, and can inform strategies to address those weaknesses.
- **Remember to Look at the Positive Side:** In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Note: “Getting to ‘Y’”, a program originally funded by the Agency of Education, provides a manual for student groups looking to analyze and leverage their own YRBS data – it can be found here: <http://www.upforlearning.com/index.php/yatst> .

## **How to Read this YRBS Report**

**Format:** The results appear in data tables, with an overall average, by grade and by gender. The percentages in some charts may not total 100% due to rounding.

**Weighting:** The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of public students in grades six through eight (middle school survey) and grades nine through twelve (high school survey). This permits us to draw inferences about the school-based student population in Vermont.

From 1993 through 2011, statewide reports included numbers based on a weighted sample of schools, and local-level reports included unweighted numbers. Beginning 2013, due to the high participation from Vermont schools, the switch was made to use all of the student responses in the statewide report, instead of a sample. This allows for direct comparison between county estimates and the statewide estimates, as well as ensure that the estimates are more accurate. You can still compare the local-level report numbers to previous local-level years.

**Statistical Comparisons:** We note significant differences in the far right column on each table labeled “Notes.” For the 2015 results, we compared the 95 percent confidence intervals separately by grade, gender and year to determine if the percentages for each county were statistically different from the state. If the confidence intervals overlapped, the percentages were not different. In every table it is noted whether this county is statistically different from the state average. However, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

In some cases there were not enough students responding to report an estimate. In those cases, there is a dot (.) and the “Notes” column will read “Too few students.” We limit reportable estimates to a total numerator of 5 students and denominator of 50 students.

## **A Word of Caution**

The YRBS represents the most complete and most recent information available about risk behaviors among Vermont students. However, the YRBS has some limitations that you should keep in mind when interpreting the results.

- **Data Quality:** We take numerous precautions to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) carefully designed and thoroughly tested the questionnaire. The anonymous survey encourages students to be honest and forthright. The CDC runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. We statistically adjust, or weight, the results so that the responses accurately represent all Vermont public school students based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.
- **Who's Not Included:** Administrators make every effort to have all students complete the YRBS. However, students who are not at school the day of the survey are not included in the results. Additionally, students who are home schooled, attend independent schools that chose not to participate, or dropped out of school are not included.
- **Comparing Supervisory Unions/School Districts to Each Other and to the State:** Participating supervisory unions and school districts receive reports of their results comparing them directly to the state. It is natural to also want to know how individual supervisory unions or school districts compare to each other, but we urge caution in making such comparisons because the reasons for the differences may not be simple or easy to identify.
- **What, not Why:** The YRBS can indicate what students are doing. It can also suggest which groups of students are more likely to engage in these behaviors. However, the survey does not answer why they are doing it. We encourage students to analyze their own data and offer insight into the results.

## Personal Safety

Feeling safe – whether at school, in a car, or in a relationship – fosters positive adolescent development. The high school and middle school surveys included questions on fighting, bullying, seat belt use, safety at school, helmet use, and suicidality. The high school survey included additional questions on driving behaviors, dating violence, and self-harm.

- Physical fighting is a marker for problem behaviors<sup>1</sup> and is associated with serious injury.<sup>2,3</sup> Abuse by an intimate partner and forced sex are associated with negative psychosocial outcomes, poor mental health outcomes, and other risk behaviors among both males and females.<sup>4,5,6</sup>
- Both being a bully and being victimized by bullies have been increasingly recognized as health problems for children because of their association with a range of problems, including poor psychological adjustment,<sup>7,8</sup> poor academic achievement,<sup>8</sup> and violent behavior.<sup>9</sup>
- Motor vehicle crash injuries are the leading cause of death among youth ages 15 to 19 in the U.S.<sup>10</sup> Proper use of safety belts reduces the risk of fatal injury to front seat passengers by 45% and risk of moderate to critical injury by 50%.<sup>11</sup>
- Bicycle helmets are 85% to 88% effective at reducing the impact of head and brain injuries due to bicycle crashes.<sup>12</sup> Despite this, less than one quarter of bicyclists wear helmets.<sup>12</sup>
- In 2011, alcohol use was associated with nearly four in ten motor vehicle-related fatalities nationwide and in Vermont.<sup>13</sup> Additionally, research examining drugs other than alcohol indicates that marijuana is the most prevalent drug detected in impaired drivers, fatally injured drivers, and motor vehicle crash victims nationwide.<sup>14</sup>

## Alcohol, Tobacco and Other Drugs

Early use of alcohol, tobacco, and other drugs is associated with myriad problems later in life. The high school and middle school surveys asked about tobacco, alcohol, marijuana, inhalant, and prescription drug use. Both surveys also asked the age at which students first used alcohol, cigarettes, and marijuana. The high school survey asked additional questions on other drug use, such as heroin. Both surveys asked about ease of availability of alcohol, cigarettes, and marijuana, peer disapproval of use of these substances, perceived parental disapproval of use, and the risk of harm associated with use of these substances.

- Alcohol use is a major contributing factor in about half of all homicides and sexual assaults,<sup>15</sup> and about one-third of all motor vehicle crash fatalities.<sup>16</sup> Heavy drinking among youth has been linked to violence, academic and job problems, suicidal behavior, trouble with law enforcement authorities, risky sexual behavior, and use of cigarettes, marijuana, and other illegal drugs.<sup>17,18</sup>
- Tobacco use is the single most preventable cause of death in the United States,<sup>19</sup> contributing to more than one in five deaths.<sup>20</sup> Cigarette smoking increases the risk of heart disease, chronic obstructive pulmonary disease, acute respiratory illness, stroke, and cancers of the lung, larynx, oral cavity, pharynx, pancreas, and cervix.<sup>19</sup>
- Marijuana use is associated with smoking-related respiratory damage, temporary short-term memory loss, decreased motivation, and psychological dependence.<sup>21</sup> Other reactions include feelings of distrust, anxiety, or depression.<sup>21</sup> In Vermont, more teens enter treatment with a primary diagnosis for marijuana dependence than all other illicit drugs combined.<sup>22</sup>
- Other drug use is related to suicide, early unwanted pregnancy, school failure, delinquency, and transmission of sexually transmitted diseases (STDs), including HIV infection.<sup>23</sup>
- Multi-year results from the Monitoring the Future survey indicate that the prevalence of marijuana use among youth declines as the percentage of youth expressing disapproval of marijuana increases.<sup>24</sup> As perception of harm of using alcohol and other drugs decreases, there is a tendency for use to increase.<sup>24</sup> Increased use is also associated with the perception that substances are readily available, regardless of whether the perception is accurate.<sup>24</sup>

## **Sexual Behavior and Orientation**

Experimentation with sexual behaviors and orientation often starts during adolescence. The high school survey asked about age of first sexual intercourse, frequency, sexual partners, sexual orientation, alcohol and drug use related to sexual intercourse, contraceptive use, and HIV testing.

- Early sexual activity and having multiple sexual partners are associated with an increased risk of unwanted pregnancy, sexually transmitted diseases (STDs) including HIV infection,<sup>25</sup> and negative effects on social and psychological development.<sup>26</sup> Alcohol and drug use may serve as predisposing factors for initiation of sexual activity.<sup>27</sup>
- Of the nearly 19 million new cases of STDs per year in the United States, almost half are among youth ages 15-24.<sup>28</sup> STDs may result in infertility and facilitation of HIV transmission and may have an adverse effect on pregnancy outcomes and maternal and child health.<sup>26</sup> Besides abstinence, condom use is currently the most effective means of preventing sexual transmission of HIV and other STDs.<sup>29</sup>
- Although many lesbian, gay, bisexual, and transgender adolescents lead happy and healthy lives, others face tremendous challenges to growing up physically and mentally healthy. Compared to heterosexual youth, lesbian, gay, bisexual, and transgender youth are at higher risk for depression, tobacco, alcohol and other drug use, suicide, and unhealthy sexual behaviors.<sup>30</sup>



## **Body Image**

Negative feelings about weight and body image often develop in adolescence. The high school and middle school surveys included questions about weight perception and weight control. The high school survey asked for students' height and weight to calculate body mass index.

- There are more than three times as many overweight children and adolescents in the U.S. than there were in 1980.<sup>31</sup> Obesity during childhood and adolescence is associated with negative psychological and social consequences and adverse health outcomes, including type 2 diabetes, obstructive sleep apnea, hypertension, dyslipidemia, and metabolic syndrome.<sup>32</sup> Overweight and obesity acquired during childhood or adolescence may persist into adulthood.<sup>33</sup> Approximately 400,000 deaths a year in the United States are currently associated with overweight and obesity.<sup>20</sup>

## Nutrition and Physical Activity

Nutritious eating and physical activity are two cornerstones of healthy adolescent development. The high school and middle school surveys asked about breakfast consumption, physical activity, physical education classes, and television, computer, and video game use. The high school survey also asked about consumption of fruits, vegetables, soda, and sugar-sweetened beverages.

- Fruits and vegetables are good sources of complex carbohydrates, vitamins, minerals, and other substances that are important for good health. Dietary patterns with higher intakes of fruits and vegetables are associated with a variety of health benefits, including a decreased risk for some types of cancer.<sup>39-43</sup>
- In recent years, soft drink consumption has significantly increased among children and adolescents. Consumption of sugar-sweetened drinks, including soft drinks, appears to be associated with an increased risk for being overweight in children.<sup>44-45</sup>
- Regular physical activity builds and maintains healthy bones and muscles, controls weight, builds lean muscle, reduces fat, reduces feelings of depression and anxiety. It also decreases the risk of dying prematurely, dying of heart disease, and developing diabetes, colon cancer, and high blood pressure.<sup>46</sup> The U.S. Department of Health and Human Services recommends that young people ages 6–17 participate in at least 60 minutes of physical activity every day.<sup>46</sup>
- By 12th grade, more than half of female students in the U.S. do not participate in vigorous physical activity regularly. School physical education classes can increase adolescent participation in physical activity and help adolescents develop the knowledge, attitudes, and skills they need to engage in lifelong physical activity.<sup>47-50</sup>
- Television viewing is the principal sedentary leisure time behavior in the U.S. Studies have shown that television viewing in young people is related to obesity<sup>51</sup> and violent or aggressive behavior.<sup>52-54</sup> Using the computer for fun and playing video games have become increasingly common sedentary leisure time activities among young people as well.

## Measures of Youth Assets

Adolescent achievement requires sources of positive influence. The high school and middle school surveys asked about school and community connectivity as well as parental conversations about school. The high school survey asked additional questions about volunteerism and grades earned in school.

- Above-average school performance is one of many developmental assets, or factors promoting positive development. Studies have shown that students who get higher grades in school are less likely to use cigarettes, alcohol, or marijuana, and are more likely to postpone sexual intercourse.<sup>55</sup>
- One of the strongest predictors of students' success in school is the extent to which their parents stay involved with their schoolwork.<sup>56</sup> A national study of adolescent health found that youth who reported a "connectedness" to their parents/family and school were the least likely to engage in risky behaviors.<sup>57</sup> Parental expectations regarding school achievement were also associated with lower levels of risk behaviors.<sup>57</sup>
- Research shows that involvement in constructive, supervised extracurricular activities is associated with reduced likelihood of involvement in risky behaviors such as school failure, drug use, and delinquency.<sup>58</sup> In addition, evidence is emerging that students who participate in such activities are also more likely to engage in other "thriving" behaviors.<sup>59</sup>
- Youth are not simply objects of adult efforts to modify their behaviors. Rather, if given the opportunities, they can make significant contributions to their families, schools, and communities. Adolescents, especially, need to exercise decision-making power in as many settings as is practical, so that they can develop into competent adults. Schools are a natural setting for youth to share in decisions that affect their lives.

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## **2015 Vermont Youth Risk Behavior Survey Report**

### **High School Report for Windham Northeast SU**

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.



*Demographics*


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**Windham NE**  
**Number of High School Students in Windham Northeast SU**

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**Windham Northeast SU Total**

220

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<b>Sex</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	1	0%
Female	108	49%
Male	111	50%

<b>Grade</b>	<b>Total</b>	<b>%</b>
Not indicated / Ungraded	4	1%
9th grade	56	25%
10th grade	69	31%
11th grade	41	18%
12th grade	50	22%

<b>Race / Ethnicity</b>	<b>Total</b>	<b>%</b>
Not indicated /Missing	5	2%
Ethnic or racial minority	41	18%
White non-Hispanic	174	79%

<b>Mother's Level of Education</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	3	1%
High school or less	75	34%
Some college	38	17%
College graduate	54	24%
Graduate or professional degree after college	32	14%
Not sure	18	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Windham Northeast SU.

*Demographics*


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**Vermont**  
**Number of High School Students in Vermont**

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<b>Vermont Total</b>
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21013
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Sex	Total	%
Not indicated / Missing	294	1%
Female	10243	48%
Male	10476	49%

Grade	Total	%
Not indicated / Ungraded	297	1%
9th grade	5627	26%
10th grade	5586	26%
11th grade	5171	24%
12th grade	4332	20%

Race / Ethnicity	Total	%
Not indicated /Missing	611	2%
Ethnic or racial minority	3197	15%
White non-Hispanic	17205	81%

Mother's Level of Education	Total	%
Not indicated / Missing	176	0%
High school or less	5495	26%
Some college	2746	13%
College graduate	6905	32%
Graduate or professional degree after college	3825	18%
Not sure	1866	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who were in a physical fight, past 12 months**

		Windham NE	Vermont	Notes
Grade	9th	25%	22%	
	10th	26%	20%	
	11th	.	17%	Too few students
	12th	.	14%	Too few students
Sex	Female	20%	12%	SU/SD statistically higher
	Male	23%	24%	
Total		22%	18%	

**1.02 Percent of students who were in a physical fight on school property, past 12 months**

		Windham NE	Vermont	Notes
Grade	9th	.	10%	Too few students
	10th	8%	8%	
	11th	.	6%	Too few students
	12th	.	5%	Too few students
Sex	Female	7%	4%	SU/SD statistically higher
	Male	8%	10%	
Total		7%	7%	

**1.03 Percent of students who were threatened or injured with a weapon on school property, past 12 months**

		Windham NE	Vermont	Notes
Grade	9th	.	6%	Too few students
	10th	.	6%	Too few students
	11th	.	4%	Too few students
	12th	.	4%	Too few students
Sex	Female	.	4%	Too few students
	Male	6%	6%	
Total		5%	5%	

*1 Personal Safety***1.04 Percent of students who carried a weapon such as a gun, knife, or club on school property, past 30 days**

		Windham NE	Vermont	Notes
Grade	9th	.	6%	Too few students
	10th	12%	7%	SU/SD statistically higher
	11th	.	9%	Too few students
	12th	.	8%	Too few students
Sex	Female	5%	4%	
	Male	12%	11%	
Total		8%	8%	

**1.05 Percent of students who did not go to school because they felt unsafe, past 30 days**

		Windham NE	Vermont	Notes
Grade	9th	.	7%	Too few students
	10th	.	6%	Too few students
	11th	.	5%	Too few students
	12th	.	5%	Too few students
Sex	Female	7%	7%	
	Male	4%	4%	
Total		6%	6%	

*1 Personal Safety***1.06 Percent of students who reported being bullied, past 30 days**

		Windham NE	Vermont	Notes
Grade	9th	20%	23%	
	10th	12%	18%	SU/SD statistically lower
	11th	.	16%	Too few students
	12th	10%	14%	
Sex	Female	18%	23%	SU/SD statistically lower
	Male	10%	12%	
Total		14%	18%	SU/SD statistically lower

**1.07 Percent of students who reported being electronically bullied, past 12 months**

		Windham NE	Vermont	Notes
Grade	9th	20%	20%	
	10th	19%	17%	
	11th	.	16%	Too few students
	12th	.	13%	Too few students
Sex	Female	26%	23%	
	Male	8%	10%	
Total		17%	16%	

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight, or when teasing is done in a friendly way. Electronic bullying includes through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.08 Percent of students who bullied someone else, past 30 days**

		Windham NE	Vermont	Notes
Grade	9th	15%	13%	
	10th	10%	11%	
	11th	.	11%	Too few students
	12th	.	10%	Too few students
Sex	Female	8%	11%	
	Male	11%	12%	
Total		9%	11%	

**1.09 Percent of students who purposefully hurt themselves without wanting to die, past 12 months**

		Windham NE	Vermont	Notes
Grade	9th	28%	20%	SU/SD statistically higher
	10th	20%	19%	
	11th	.	17%	Too few students
	12th	12%	14%	
Sex	Female	42%	26%	SU/SD statistically higher
	Male	.	9%	Too few students
Total		22%	17%	SU/SD statistically higher

**1.10 Percent of students who felt sad or hopeless for two weeks in a row, past 12 months**

		Windham NE	Vermont	Notes
Grade	9th	27%	24%	
	10th	32%	26%	
	11th	.	24%	Too few students
	12th	24%	24%	
Sex	Female	45%	34%	SU/SD statistically higher
	Male	14%	15%	
Total		29%	24%	SU/SD statistically higher

*1 Personal Safety***1.11 Percent of students who made a suicide plan, past 12 months**

		Windham NE	Vermont	Notes
Grade	9th	18%	13%	
	10th	11%	13%	
	11th	.	12%	Too few students
	12th	10%	10%	
Sex	Female	26%	16%	SU/SD statistically higher
	Male	.	8%	Too few students
Total		14%	12%	

**1.12 Percent of students who attempted suicide, past 12 months**

		Windham NE	Vermont	Notes
Grade	9th	15%	7%	SU/SD statistically higher
	10th	.	6%	Too few students
	11th	.	5%	Too few students
	12th	.	5%	Too few students
Sex	Female	15%	8%	SU/SD statistically higher
	Male	.	4%	Too few students
Total		8%	6%	SU/SD statistically higher

**1.13 Percent of students who attempted suicide that resulted in an injury, poisoning, or overdose that required medical treatment, past 12 months**

		Windham NE	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	.	2%	Too few students
	12th	.	2%	Too few students
Sex	Female	7%	3%	SU/SD statistically higher
	Male	.	1%	Too few students
Total		3%	2%	SU/SD statistically higher

*1 Personal Safety***1.14 Percent of students who dated in the past 12 months and were physically hurt by someone they were dating or going out with**

		Windham NE	Vermont	Notes
Grade	9th	.	8%	Too few students
	10th	.	9%	Too few students
	11th	.	9%	Too few students
	12th	.	9%	Too few students
Sex	Female	12%	11%	
	Male	.	7%	Too few students
Total		7%	9%	

**1.15 Percent of students who have ever been physically forced to have sexual intercourse**

		Windham NE	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	6%	Too few students
	11th	.	7%	Too few students
	12th	.	8%	Too few students
Sex	Female	14%	10%	
	Male	.	3%	Too few students
Total		7%	7%	



*1 Personal Safety***1.16 Percent of students who rode with a drinking driver, past 30 days**

		Windham NE	Vermont	Notes
Grade	9th	18%	19%	
	10th	25%	20%	
	11th	.	20%	Too few students
	12th	.	19%	Too few students
Sex	Female	21%	20%	
	Male	17%	19%	
Total		19%	20%	

**1.17 Percent of students who rode with a driver who had been smoking marijuana, past 30 days**

		Windham NE	Vermont	Notes
Grade	9th	20%	13%	
	10th	14%	20%	
	11th	.	26%	Too few students
	12th	21%	29%	
Sex	Female	24%	22%	
	Male	19%	22%	
Total		21%	22%	

*1 Personal Safety***1.18 Percent of drivers who drove a car or other vehicle when they had been drinking alcohol, past 30 days**

		Windham NE	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	4%	Too few students
	11th	.	8%	Too few students
	12th	.	9%	Too few students
Sex	Female	.	5%	Too few students
	Male	.	9%	Too few students
Total		4%	7%	

**1.19 Percent of drivers who drove a car or other vehicle when they had been smoking marijuana, past 30 days**

		Windham NE	Vermont	Notes
Grade	9th	.	8%	Too few students
	10th	.	10%	Too few students
	11th	.	18%	Too few students
	12th	.	20%	Too few students
Sex	Female	22%	12%	SU/SD statistically higher
	Male	11%	18%	SU/SD statistically lower
Total		16%	15%	

**1.20 Percent of drivers who texted or e-mailed while driving a car or other vehicle, past 30 days**

		Windham NE	Vermont	Notes
Grade	9th	.	10%	Too few students
	10th	.	15%	Too few students
	11th	.	40%	Too few students
	12th	.	50%	Too few students
Sex	Female	28%	33%	
	Male	38%	33%	
Total		34%	33%	

*1 Personal Safety***1.21 Percent of students who rode a bicycle and reported never or rarely wearing a bicycle helmet, past 12 months**

		Windham NE	Vermont	Notes
Grade	9th	.	48%	Too few students
	10th	.	54%	Too few students
	11th	.	55%	Too few students
	12th	.	56%	Too few students
Sex	Female	69%	49%	SU/SD statistically higher
	Male	66%	56%	SU/SD statistically higher
Total		67%	53%	SU/SD statistically higher

**1.22 The percent of students who have had a sunburn in the past 12 months**

		Windham NE	Vermont	Notes
Grade	9th	62%	63%	
	10th	76%	65%	SU/SD statistically higher
	11th	.	65%	Too few students
	12th	61%	67%	
Sex	Female	66%	72%	
	Male	65%	59%	
Total		66%	65%	

**1.23 The percent of students who have used a tanning device such as a sunlamp, sunbed, or tanning booth in the last 12 months**

		Windham NE	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	3%	Too few students
	11th	.	4%	Too few students
	12th	.	6%	Too few students
Sex	Female	5%	5%	
	Male	.	3%	Too few students
Total		2%	4%	

*2 Alcohol, Tobacco and other Drug Use***2.01 Percent of students who ever drank alcohol other than a few sips**

		Windham NE	Vermont	Notes
Grade	9th	50%	37%	SU/SD statistically higher
	10th	58%	51%	
	11th	.	63%	Too few students
	12th	.	71%	Too few students
Sex	Female	67%	57%	SU/SD statistically higher
	Male	54%	54%	
Total		61%	56%	SU/SD statistically higher

**2.02 Percent of students who drank alcohol, other than a few sips, before age 13**

		Windham NE	Vermont	Notes
Grade	9th	27%	14%	SU/SD statistically higher
	10th	13%	13%	
	11th	.	12%	Too few students
	12th	.	10%	Too few students
Sex	Female	14%	10%	SU/SD statistically higher
	Male	20%	14%	
Total		17%	12%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.03 Percent of students who drank alcohol, past 30 days**

		Windham NE	Vermont	Notes
Grade	9th	21%	17%	
	10th	34%	26%	SU/SD statistically higher
	11th	.	34%	Too few students
	12th	.	42%	Too few students
Sex	Female	32%	30%	
	Male	27%	29%	
Total		30%	30%	

**2.04 Percent of students who had five or more drinks in a row (binged), past 30 days**

		Windham NE	Vermont	Notes
Grade	9th	16%	8%	SU/SD statistically higher
	10th	17%	13%	
	11th	.	19%	Too few students
	12th	.	24%	Too few students
Sex	Female	18%	15%	
	Male	16%	17%	
Total		17%	16%	

*2 Alcohol, Tobacco and other Drug Use***2.05 Among students who drank alcohol, the number of days students drank in the last 30 days**

			Windham NE	Vermont	Notes
Grade	9th	1 to 2 days	.	55%	Too few students
		3 to 9 days	.	33%	Too few students
		10+ days	.	11%	Too few students
-----					
	10th	1 to 2 days	.	57%	Too few students
		3 to 9 days	.	34%	Too few students
		10+ days	.	9%	Too few students
-----					
	11th	1 to 2 days	.	49%	Too few students
		3 to 9 days	.	40%	Too few students
		10+ days	.	11%	Too few students
-----					
	12th	1 to 2 days	.	47%	Too few students
		3 to 9 days	.	40%	Too few students
		10+ days	.	13%	Too few students
-----					
Sex	Female	1 to 2 days	.	55%	Too few students
		3 to 9 days	.	36%	Too few students
		10+ days	.	9%	Too few students
-----					
	Male	1 to 2 days	.	47%	Too few students
		3 to 9 days	.	38%	Too few students
		10+ days	.	15%	Too few students
-----					
Total	1 to 2 days		56%	51%	
	3 to 9 days		36%	37%	
	10+ days		8%	12%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

*2 Alcohol, Tobacco and other Drug Use***2.06 Among students who drank alcohol in the last 30 days, the greatest number of drinks consumed in one sitting**

			Windham NE	Vermont	Notes
Grade	9th	1 to 2 drinks	.	49%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	32%	Too few students
-----					
	10th	1 to 2 drinks	.	41%	Too few students
		3 to 4 drinks	.	20%	Too few students
		5 or more drinks	.	39%	Too few students
-----					
	11th	1 to 2 drinks	.	33%	Too few students
		3 to 4 drinks	.	18%	Too few students
		5 or more drinks	.	49%	Too few students
-----					
	12th	1 to 2 drinks	.	32%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	49%	Too few students
-----					
Sex	Female	1 to 2 drinks	.	40%	Too few students
		3 to 4 drinks	.	23%	Too few students
		5 or more drinks	.	38%	Too few students
-----					
	Male	1 to 2 drinks	.	33%	Too few students
		3 to 4 drinks	.	16%	Too few students
		5 or more drinks	.	52%	Too few students
-----					
Total	1 to 2 drinks		43%	36%	
	3 to 4 drinks		13%	19%	
	5 or more drinks		44%	45%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

## 2 Alcohol, Tobacco and other Drug Use

## 2.07 Among students who drank in the past 30 days, usual source of alcohol

		Windham NE	Vermont	Notes	
Grade	9th	Bought it	.	3%	Too few students
		Gave someone money	.	12%	Too few students
		Someone gave it to me	.	36%	Too few students
		Took it / some other way	.	49%	Too few students
-----					
	10th	Bought it	.	3%	Too few students
		Gave someone money	.	18%	Too few students
		Someone gave it to me	.	41%	Too few students
		Took it / some other way	.	37%	Too few students
-----					
	11th	Bought it	.	4%	Too few students
		Gave someone money	.	28%	Too few students
		Someone gave it to me	.	41%	Too few students
		Took it / some other way	.	27%	Too few students
-----					
	12th	Bought it	.	7%	Too few students
		Gave someone money	.	29%	Too few students
		Someone gave it to me	.	43%	Too few students
		Took it / some other way	.	22%	Too few students
-----					
Sex	Female	Bought it	.	2%	Too few students
		Gave someone money	.	24%	Too few students
		Someone gave it to me	.	46%	Too few students
		Took it / some other way	.	28%	Too few students
-----					
	Male	Bought it	.	7%	Too few students
		Gave someone money	.	24%	Too few students
		Someone gave it to me	.	35%	Too few students
		Took it / some other way	.	34%	Too few students
-----					
Total		Bought it	.	5%	Too few students
		Gave someone money	36%	24%	SU/SD statistically higher
		Someone gave it to me	33%	40%	
		Took it / some other way	28%	31%	



## 2 Alcohol, Tobacco and other Drug Use

## 2.08 Among students who drank in the past 30 days, the location where students typically consumed alcohol

			Windham NE	Vermont	Notes
Grade	9th	At my home	.	46%	Too few students
		At another person's home	.	43%	Too few students
		At a public place or event	.	12%	Too few students
-----					
	10th	At my home	.	37%	Too few students
		At another person's home	.	53%	Too few students
		At a public place or event	.	10%	Too few students
-----					
	11th	At my home	.	32%	Too few students
		At another person's home	.	58%	Too few students
		At a public place or event	.	9%	Too few students
-----					
	12th	At my home	.	30%	Too few students
		At another person's home	.	60%	Too few students
		At a public place or event	.	10%	Too few students
-----					
Sex	Female	At my home	.	34%	Too few students
		At another person's home	.	58%	Too few students
		At a public place or event	.	8%	Too few students
-----					
	Male	At my home	.	34%	Too few students
		At another person's home	.	53%	Too few students
		At a public place or event	.	13%	Too few students
-----					
Total	At my home		21%	34%	SU/SD statistically lower
	At another person's home		72%	55%	SU/SD statistically higher
	At a public place or event		7%	10%	

*2 Alcohol, Tobacco and other Drug Use***2.09 Percent of students who have ever smoked a whole cigarette**

		Windham NE	Vermont	Notes
Grade	9th	20%	14%	SU/SD statistically higher
	10th	23%	18%	
	11th	.	24%	Too few students
	12th	.	28%	Too few students
Sex	Female	28%	19%	SU/SD statistically higher
	Male	20%	23%	
Total		24%	21%	

**2.10 Percent of students who smoked a whole cigarette before age 13**

		Windham NE	Vermont	Notes
Grade	9th	.	6%	Too few students
	10th	9%	6%	
	11th	.	6%	Too few students
	12th	.	6%	Too few students
Sex	Female	10%	5%	SU/SD statistically higher
	Male	7%	7%	
Total		8%	6%	

**2.11 Percent of students who smoked cigarettes, past 30 days**

		Windham NE	Vermont	Notes
Grade	9th	13%	7%	SU/SD statistically higher
	10th	16%	9%	
	11th	.	12%	Too few students
	12th	.	14%	Too few students
Sex	Female	16%	10%	SU/SD statistically higher
	Male	13%	12%	
Total		14%	11%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.12 Among students who smoked cigarettes in the past month, number of days students smoked**

			Windham NE	Vermont	Notes
Grade	9th	1 to 2 days	.	35%	Too few students
		3 to 9 days	.	26%	Too few students
		10+ days	.	39%	Too few students
-----					
	10th	1 to 2 days	.	31%	Too few students
		3 to 9 days	.	25%	Too few students
		10+ days	.	44%	Too few students
-----					
	11th	1 to 2 days	.	29%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	48%	Too few students
-----					
	12th	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	19%	Too few students
		10+ days	.	55%	Too few students
-----					
Sex	Female	1 to 2 days	.	32%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	44%	Too few students
-----					
	Male	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	22%	Too few students
		10+ days	.	52%	Too few students
-----					
Total		1 to 2 days	.	29%	Too few students
		3 to 9 days	.	22%	Too few students
		10+ days	.	49%	Too few students

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

*2 Alcohol, Tobacco and other Drug Use***2.13 Among students who smoked cigarettes in the past month, the amount of cigarettes smoked on days smoked**

			Windham NE	Vermont	Notes
Grade	9th	1 cigarette or less	.	51%	Too few students
		2 to 10 cigarettes	.	39%	Too few students
		11 or more cigarettes	.	10%	Too few students
-----					
	10th	1 cigarette or less	.	45%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	10%	Too few students
-----					
	11th	1 cigarette or less	.	43%	Too few students
		2 to 10 cigarettes	.	48%	Too few students
		11 or more cigarettes	.	9%	Too few students
-----					
	12th	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students
-----					
Sex	Female	1 cigarette or less	.	47%	Too few students
		2 to 10 cigarettes	.	44%	Too few students
		11 or more cigarettes	.	9%	Too few students
-----					
	Male	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students
-----					
Total		1 cigarette or less	.	44%	Too few students
		2 to 10 cigarettes	.	44%	Too few students
		11 or more cigarettes	.	12%	Too few students

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

## 2 Alcohol, Tobacco and other Drug Use

**2.14 Among students who smoked cigarettes in the past month and were under age 18, how they obtained cigarettes**

			Windham NE	Vermont	Notes
Grade	9th	Bought them	.	5%	Too few students
		Someone else bought them	.	27%	Too few students
		Borrowed/bummed them	.	37%	Too few students
		Took them / some other way	.	31%	Too few students
-----					
	10th	Bought them	.	7%	Too few students
		Someone else bought them	.	26%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	26%	Too few students
-----					
	11th	Bought them	.	12%	Too few students
		Someone else bought them	.	31%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	17%	Too few students
-----					
	12th	Bought them	.	14%	Too few students
		Someone else bought them	.	32%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	14%	Too few students
-----					
Sex	Female	Bought them	.	6%	Too few students
		Someone else bought them	.	30%	Too few students
		Borrowed/bummed them	.	45%	Too few students
		Took them / some other way	.	19%	Too few students
-----					
	Male	Bought them	.	14%	Too few students
		Someone else bought them	.	28%	Too few students
		Borrowed/bummed them	.	34%	Too few students
		Took them / some other way	.	24%	Too few students
-----					
Total		Bought them	.	10%	Too few students
		Someone else bought them	.	29%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	22%	Too few students

*2 Alcohol, Tobacco and other Drug Use***2.15 Among current smokers, the percent of smokers who tried to quit smoking, past 12 months**

		Windham NE	Vermont	Notes
Grade	9th	.	45%	Too few students
	10th	.	46%	Too few students
	11th	.	44%	Too few students
	12th	.	39%	Too few students
Sex	Female	.	43%	Too few students
	Male	.	41%	Too few students
Total		.	42%	Too few students

**2.16 Percent of students who have ever used electronic vapor products such as e-cigarettes, vaping pens, e-hookahs, and hookah pens.**

		Windham NE	Vermont	Notes
Grade	9th	.	18%	Too few students
	10th	27%	28%	
	11th	.	35%	Too few students
	12th	.	39%	Too few students
Sex	Female	28%	27%	
	Male	29%	33%	
Total		28%	30%	

**2.17 Percent of students who have used electronic vapor products, past 30 days**

		Windham NE	Vermont	Notes
Grade	9th	13%	10%	
	10th	20%	14%	
	11th	.	17%	Too few students
	12th	.	19%	Too few students
Sex	Female	16%	13%	
	Male	17%	18%	
Total		17%	15%	

*2 Alcohol, Tobacco and other Drug Use***2.18 Percent of students who have ever tried a flavored tobacco product**

		Windham NE	Vermont	Notes
Grade	9th	24%	15%	SU/SD statistically higher
	10th	28%	21%	SU/SD statistically higher
	11th	.	29%	Too few students
	12th	.	32%	Too few students
Sex	Female	21%	20%	
	Male	36%	28%	SU/SD statistically higher
Total		28%	24%	

**2.19 Percent of students who tried a flavored tobacco product before age 13**

		Windham NE	Vermont	Notes
Grade	9th	9%	6%	
	10th	8%	5%	
	11th	.	6%	Too few students
	12th	.	5%	Too few students
Sex	Female	.	4%	Too few students
	Male	11%	7%	SU/SD statistically higher
Total		7%	6%	

NOTE: Flavored tobacco products include any tobacco product flavored to taste like menthol (mint), clove, spice, alcohol (wine or cognac), candy, fruit, chocolate, or other sweets.

*2 Alcohol, Tobacco and other Drug Use***2.20 Percent of students who used smokeless tobacco such as snuff or dip, past 30 days**

		Windham NE	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	13%	6%	SU/SD statistically higher
	11th	.	8%	Too few students
	12th	12%	8%	
Sex	Female	4%	3%	
	Male	16%	11%	SU/SD statistically higher
Total		10%	7%	SU/SD statistically higher

**2.21 Percent of students who smoked cigars or little cigars, past 30 days**

		Windham NE	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	12%	8%	
	11th	.	12%	Too few students
	12th	.	16%	Too few students
Sex	Female	5%	6%	
	Male	14%	14%	
Total		9%	10%	



*2 Alcohol, Tobacco and other Drug Use***2.22 Percent of students who smoked cigarettes, cigars or little cigars, or used smokeless tobacco, during the past 30 days**

		Windham NE	Vermont	Notes
Grade	9th	21%	11%	SU/SD statistically higher
	10th	25%	15%	SU/SD statistically higher
	11th	.	21%	Too few students
	12th	15%	25%	SU/SD statistically lower
Sex	Female	19%	13%	SU/SD statistically higher
	Male	26%	23%	
Total		22%	18%	SU/SD statistically higher

**2.23 Percent of students who smoked cigarettes, cigars or little cigars, used smokeless tobacco, or electronic vapor products during the past 30 days**

		Windham NE	Vermont	Notes
Grade	9th	25%	16%	SU/SD statistically higher
	10th	33%	22%	SU/SD statistically higher
	11th	.	28%	Too few students
	12th	.	32%	Too few students
Sex	Female	23%	20%	
	Male	33%	29%	
Total		28%	25%	

*2 Alcohol, Tobacco and other Drug Use***2.24 Percent of students who have ever tried marijuana**

		Windham NE	Vermont	Notes
Grade	9th	29%	22%	
	10th	45%	32%	SU/SD statistically higher
	11th	.	44%	Too few students
	12th	56%	49%	
Sex	Female	50%	36%	SU/SD statistically higher
	Male	38%	38%	
Total		44%	37%	SU/SD statistically higher

**2.25 Percent of students who used marijuana before age 13**

		Windham NE	Vermont	Notes
Grade	9th	12%	6%	SU/SD statistically higher
	10th	7%	6%	
	11th	.	7%	Too few students
	12th	.	6%	Too few students
Sex	Female	9%	5%	SU/SD statistically higher
	Male	11%	8%	
Total		10%	6%	SU/SD statistically higher

**2.26 Percent of students who used marijuana, past 30 days**

		Windham NE	Vermont	Notes
Grade	9th	16%	13%	
	10th	23%	20%	
	11th	.	27%	Too few students
	12th	36%	29%	
Sex	Female	33%	21%	SU/SD statistically higher
	Male	21%	24%	
Total		27%	22%	SU/SD statistically higher

## 2 Alcohol, Tobacco and other Drug Use

## 2.27 Among those who currently use marijuana, the number of times reported using marijuana, in the last month

			Windham NE	Vermont	Notes
Grade	9th	1 to 2 times	.	36%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	40%	Too few students
-----					
	10th	1 to 2 times	.	32%	Too few students
		3 to 9 times	.	26%	Too few students
		10+ times	.	42%	Too few students
-----					
	11th	1 to 2 times	.	30%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	46%	Too few students
-----					
	12th	1 to 2 times	.	29%	Too few students
		3 to 9 times	.	23%	Too few students
		10+ times	.	48%	Too few students
-----					
Sex	Female	1 to 2 times	.	37%	Too few students
		3 to 9 times	.	26%	Too few students
		10+ times	.	37%	Too few students
-----					
	Male	1 to 2 times	.	26%	Too few students
		3 to 9 times	.	23%	Too few students
		10+ times	.	52%	Too few students
-----					
Total	1 to 2 times		32%	31%	
	3 to 9 times		23%	24%	
	10+ times		45%	45%	

*2 Alcohol, Tobacco and other Drug Use***2.28 Percent of students who ever misused a stimulant or prescription pain reliever**

		Windham NE	Vermont	Notes
Grade	9th	9%	8%	
	10th	11%	10%	
	11th	.	13%	Too few students
	12th	16%	14%	
Sex	Female	17%	11%	SU/SD statistically higher
	Male	10%	12%	
Total		14%	11%	

**2.29 Percent of students who misused a stimulant or prescription pain reliever in the past 30 days**

		Windham NE	Vermont	Notes
Grade	9th	.	4%	Too few students
	10th	.	4%	Too few students
	11th	.	5%	Too few students
	12th	.	6%	Too few students
Sex	Female	6%	4%	
	Male	6%	5%	
Total		6%	5%	

**2.30 Percent of students who ever used cocaine**

		Windham NE	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	.	4%	Too few students
	11th	.	5%	Too few students
	12th	.	7%	Too few students
Sex	Female	7%	4%	SU/SD statistically higher
	Male	6%	6%	
Total		7%	5%	

*2 Alcohol, Tobacco and other Drug Use***2.31 Percent of students who ever used inhalants**

		Windham NE	Vermont	Notes
Grade	9th	14%	7%	SU/SD statistically higher
	10th	.	6%	Too few students
	11th	.	7%	Too few students
	12th	.	5%	Too few students
Sex	Female	10%	6%	SU/SD statistically higher
	Male	5%	7%	
Total		7%	7%	

**2.32 Percent of students who ever used methamphetamines**

		Windham NE	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	.	3%	Too few students
	12th	.	3%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	3%	Too few students
Total		2%	3%	

**2.33 Percent of students who ever used heroin**

		Windham NE	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	.	2%	Too few students
	12th	.	3%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	3%	Too few students
Total		.	2%	Too few students

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use* \_\_\_\_\_

**3.01 Percent of students who were in the same room as someone smoking, past 7 days**

		Windham NE	Vermont	Notes
Grade	9th	38%	34%	
	10th	51%	36%	SU/SD statistically higher
	11th	.	39%	Too few students
	12th	46%	38%	
Sex	Female	53%	37%	SU/SD statistically higher
	Male	42%	37%	
Total		47%	37%	SU/SD statistically higher

**3.02 Percent of students who were in the same car as someone smoking, past 7 days**

		Windham NE	Vermont	Notes
Grade	9th	30%	25%	
	10th	30%	27%	
	11th	.	28%	Too few students
	12th	34%	28%	
Sex	Female	41%	28%	SU/SD statistically higher
	Male	25%	27%	
Total		33%	27%	SU/SD statistically higher

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use***3.03 Frequency in which students see advertisements for tobacco when they are in a grocery store, gas station, or convenience store.**

			Windham NE	Vermont	Notes
Grade	9th	Never or rarely	19%	19%	
		Sometimes	19%	27%	
		At least most of the time	62%	54%	
-----					
	10th	Never or rarely	15%	19%	
		Sometimes	20%	27%	
		At least most of the time	64%	53%	SU/SD statistically higher
-----					
	11th	Never or rarely	.	21%	Too few students
		Sometimes	.	28%	Too few students
		At least most of the time	.	52%	Too few students
-----					
	12th	Never or rarely	23%	22%	
		Sometimes	26%	28%	
		At least most of the time	51%	50%	
-----					
Sex	Female	Never or rarely	16%	19%	
		Sometimes	16%	28%	SU/SD statistically lower
		At least most of the time	68%	53%	SU/SD statistically higher
-----					
	Male	Never or rarely	21%	22%	
		Sometimes	24%	26%	
		At least most of the time	56%	51%	
-----					
Total		Never or rarely	19%	21%	
		Sometimes	20%	27%	SU/SD statistically lower
		At least most of the time	61%	52%	SU/SD statistically higher

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use*

**In 2015, 11% of Vermont high school students reported smoking cigarettes in the last 30 days and 22% of students reported using marijuana during that same time period. Students were asked about their perceptions on how many students smoke and use marijuana.**

**3.04 Out of 100 high school students, the number thought to smoke cigarettes**

	Windham NE	Vermont	Notes
15 or less students	15%	19%	
16 to 25 students	34%	29%	SU/SD statistically higher
26 to 45 students	19%	24%	SU/SD statistically lower
46 to 55 students	15%	14%	
56 to 75 students	7%	8%	
76 or more students	8%	7%	

**3.05 Out of 100 high school students, the number thought to use marijuana**

	Windham NE	Vermont	Notes
15 or less students	6%	8%	
16 to 25 students	10%	13%	
26 to 45 students	16%	21%	SU/SD statistically lower
46 to 55 students	24%	21%	
56 to 75 students	26%	20%	SU/SD statistically higher
76 or more students	18%	16%	



### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.06 Percent of students who think their parents think it is wrong for them to smoke cigarettes

		Windham NE	Vermont	Notes
Grade	9th	98%	94%	
	10th	97%	93%	
	11th	.	92%	Too few students
	12th	93%	87%	
Sex	Female	92%	93%	
	Male	95%	90%	SU/SD statistically higher
Total		94%	91%	

#### 3.07 Percent of students who think their parents think it is wrong for them to drink alcohol

		Windham NE	Vermont	Notes
Grade	9th	82%	84%	
	10th	88%	78%	SU/SD statistically higher
	11th	.	70%	Too few students
	12th	68%	57%	SU/SD statistically higher
Sex	Female	74%	74%	
	Male	83%	70%	SU/SD statistically higher
Total		79%	72%	SU/SD statistically higher

#### 3.08 Percent of students who think their parents think it is wrong for them to smoke marijuana

		Windham NE	Vermont	Notes
Grade	9th	85%	87%	
	10th	86%	82%	
	11th	.	78%	Too few students
	12th	79%	74%	
Sex	Female	76%	82%	SU/SD statistically lower
	Male	87%	79%	SU/SD statistically higher
Total		82%	80%	

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.09 Percent of students who think it is wrong for someone their age to smoke cigarettes

		Windham NE	Vermont	Notes
Grade	9th	78%	87%	SU/SD statistically lower
	10th	83%	84%	
	11th	.	77%	Too few students
	12th	62%	67%	
Sex	Female	69%	80%	SU/SD statistically lower
	Male	79%	77%	
Total		74%	78%	SU/SD statistically lower

#### 3.10 Percent of students who think it is wrong for someone their age to drink alcohol

		Windham NE	Vermont	Notes
Grade	9th	59%	70%	SU/SD statistically lower
	10th	61%	58%	
	11th	.	47%	Too few students
	12th	.	38%	Too few students
Sex	Female	53%	54%	
	Male	50%	53%	
Total		51%	53%	

#### 3.11 Percent of students who think it is wrong for someone their age to smoke marijuana

		Windham NE	Vermont	Notes
Grade	9th	67%	70%	
	10th	59%	59%	
	11th	.	51%	Too few students
	12th	30%	44%	SU/SD statistically lower
Sex	Female	48%	57%	SU/SD statistically lower
	Male	58%	55%	
Total		53%	56%	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use \_\_\_\_\_

**3.12 Percent of students who think people their age risk harming themselves if they smoke a pack of cigarettes a day**

		Windham NE	Vermont	Notes
Grade	9th	58%	62%	
	10th	71%	66%	
	11th	.	66%	Too few students
	12th	55%	66%	SU/SD statistically lower
Sex	Female	67%	67%	
	Male	59%	63%	
Total		63%	65%	

**3.13 Percent of students who think people their age risk harming themselves if they binge drink on weekends**

		Windham NE	Vermont	Notes
Grade	9th	36%	42%	
	10th	36%	40%	
	11th	.	36%	Too few students
	12th	37%	35%	
Sex	Female	47%	43%	
	Male	29%	33%	
Total		38%	38%	

**3.14 Percent of students who think people their age risk harming themselves if they smoke marijuana regularly**

		Windham NE	Vermont	Notes
Grade	9th	21%	35%	SU/SD statistically lower
	10th	22%	29%	
	11th	.	22%	Too few students
	12th	20%	21%	
Sex	Female	25%	30%	
	Male	21%	24%	
Total		23%	27%	

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use***3.15 Percent of students who think it would be easy to get cigarettes**

		Windham NE	Vermont	Notes
Grade	9th	54%	44%	
	10th	65%	55%	SU/SD statistically higher
	11th	.	64%	Too few students
	12th	78%	80%	
Sex	Female	62%	57%	
	Male	68%	64%	
Total		65%	61%	

**3.16 Percent of students who think it would be easy to get alcohol**

		Windham NE	Vermont	Notes
Grade	9th	54%	60%	
	10th	73%	68%	
	11th	.	74%	Too few students
	12th	.	75%	Too few students
Sex	Female	67%	71%	
	Male	69%	68%	
Total		68%	69%	

**3.17 Percent of students who think it would be easy to get marijuana**

		Windham NE	Vermont	Notes
Grade	9th	50%	46%	
	10th	69%	60%	SU/SD statistically higher
	11th	.	69%	Too few students
	12th	78%	74%	
Sex	Female	65%	60%	
	Male	62%	65%	
Total		64%	62%	

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.18 Percent of students who were asked if they smoked by a health care provider, past 12 months

		Windham NE	Vermont	Notes
Grade	9th	.	44%	Too few students
	10th	55%	50%	
	11th	.	57%	Too few students
	12th	.	60%	Too few students
Sex	Female	64%	56%	SU/SD statistically higher
	Male	49%	50%	
Total		57%	53%	

#### 3.19 Percent of students who think it is likely or very likely that a party where students from their high school were drinking alcohol would be broken up by police

		Windham NE	Vermont	Notes
Grade	9th	24%	36%	SU/SD statistically lower
	10th	23%	30%	
	11th	.	27%	Too few students
	12th	28%	24%	
Sex	Female	23%	29%	
	Male	27%	29%	
Total		25%	29%	SU/SD statistically lower

#### 3.20 Percent of students who were offered, sold or given an illegal drug on school property, past 12 months

		Windham NE	Vermont	Notes
Grade	9th	12%	15%	
	10th	23%	19%	
	11th	.	20%	
	12th	16%	18%	
Sex	Female	17%	15%	
	Male	19%	21%	
Total		18%	18%	

## 4 Sexual Behavior and Orientation

## 4.01 Sexual orientation

		Windham NE	Vermont	Notes	
Grade	9th	Heterosexual (straight)	73%	88%	SU/SD statistically lower
		Gay or lesbian	.	2%	Too few students
		Bisexual	16%	6%	SU/SD statistically higher
		Not sure	11%	5%	SU/SD statistically higher
-----					
	10th	Heterosexual (straight)	89%	89%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	9%	6%	
		Not sure	.	4%	Too few students
-----					
	11th	Heterosexual (straight)	.	88%	Too few students
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	6%	Too few students
		Not sure	.	4%	Too few students
-----					
	12th	Heterosexual (straight)	94%	88%	SU/SD statistically higher
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	6%	Too few students
		Not sure	.	4%	Too few students
-----					
Sex	Female	Heterosexual (straight)	73%	84%	SU/SD statistically lower
		Gay or lesbian	.	2%	Too few students
		Bisexual	20%	10%	SU/SD statistically higher
		Not sure	5%	5%	
-----					
	Male	Heterosexual (straight)	96%	92%	SU/SD statistically higher
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	3%	Too few students
		Not sure	.	4%	Too few students
-----					
Total		Heterosexual (straight)	85%	88%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	10%	6%	SU/SD statistically higher
		Not sure	4%	4%	

*4 Sexual Behavior and Orientation***4.02 Percent of students who have ever had sexual intercourse**

		Windham NE	Vermont	Notes
Grade	9th	19%	18%	
	10th	48%	33%	SU/SD statistically higher
	11th	.	49%	Too few students
	12th	.	62%	Too few students
Sex	Female	54%	40%	SU/SD statistically higher
	Male	38%	41%	
Total		46%	41%	SU/SD statistically higher

**4.03 Percent of students who have ever had oral sex**

		Windham NE	Vermont	Notes
Grade	9th	24%	21%	
	10th	47%	37%	SU/SD statistically higher
	11th	.	50%	Too few students
	12th	.	60%	Too few students
Sex	Female	50%	41%	SU/SD statistically higher
	Male	38%	42%	
Total		44%	42%	

**4.04 Percent of students who had sexual intercourse before age 13**

		Windham NE	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	.	3%	Too few students
	11th	.	3%	Too few students
	12th	.	4%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	4%	Too few students
Total		4%	3%	

*4 Sexual Behavior and Orientation***4.05 Percent of students who have had sexual intercourse with four or more people**

		Windham NE	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	9%	6%	
	11th	.	11%	Too few students
	12th	.	19%	Too few students
Sex	Female	15%	9%	SU/SD statistically higher
	Male	8%	10%	
Total		11%	10%	

**4.06 Percent of students who have ever been tested for HIV**

		Windham NE	Vermont	Notes
Grade	9th	15%	7%	SU/SD statistically higher
	10th	8%	8%	
	11th	.	12%	Too few students
	12th	20%	14%	
Sex	Female	20%	11%	SU/SD statistically higher
	Male	7%	9%	
Total		13%	10%	SU/SD statistically higher



*4 Sexual Behavior and Orientation***4.07 Percent of students who had sex at least once in the past 3 months (currently sexually active)**

		Windham NE	Vermont	Notes
Grade	9th	15%	12%	
	10th	39%	24%	SU/SD statistically higher
	11th	.	38%	Too few students
	12th	.	49%	Too few students
Sex	Female	45%	33%	SU/SD statistically higher
	Male	30%	30%	
Total		37%	31%	SU/SD statistically higher

**4.08 Of sexually active students, percent who used alcohol or drugs the last time they had sex**

		Windham NE	Vermont	Notes
Grade	9th	.	18%	Too few students
	10th	.	19%	Too few students
	11th	.	18%	Too few students
	12th	.	18%	Too few students
Sex	Female	.	15%	Too few students
	Male	.	22%	Too few students
Total		9%	19%	SU/SD statistically lower

**4.09 Of sexually active students, percent who used condoms the last time they had sex**

		Windham NE	Vermont	Notes
Grade	9th	.	65%	Too few students
	10th	.	65%	Too few students
	11th	.	58%	Too few students
	12th	.	54%	Too few students
Sex	Female	.	55%	Too few students
	Male	.	62%	Too few students
Total		62%	58%	

*4 Sexual Behavior and Orientation***4.10 Of sexually active students, percent who used prescription birth control the last time they had sex.**

Birth control included using prescription birth control pills, shot, patch, ring, or IUD

		Windham NE	Vermont	Notes
Grade	9th	.	28%	Too few students
	10th	.	39%	Too few students
	11th	.	49%	Too few students
	12th	.	54%	Too few students
Sex	Female	.	55%	Too few students
	Male	.	38%	Too few students
Total		40%	47%	

**4.11 Of sexually active students, those who used either a condom or prescription birth control the last time they had sex**

		Windham NE	Vermont	Notes
Grade	9th	.	80%	Too few students
	10th	.	87%	Too few students
	11th	.	88%	Too few students
	12th	.	87%	Too few students
Sex	Female	.	88%	Too few students
	Male	.	86%	Too few students
Total		86%	87%	

## 4 Sexual Behavior and Orientation

## 4.12 Of sexually active students, methods used to prevent pregnancy used the last time they had sex

			Windham NE	Vermont	Notes
Grade	9th	No method was used	.	12%	Too few students
		Birth control pills	.	19%	Too few students
		Condoms	.	50%	Too few students
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	.	5%	Too few students
		Withdrawal/other method	.	8%	Too few students
		Not sure	.	3%	Too few students
-----					
	10th	No method was used	.	7%	Too few students
		Birth control pills	.	28%	Too few students
		Condoms	.	46%	Too few students
		IUD or implant	.	5%	Too few students
		Shot/patch/birth control ring	.	6%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	2%	Too few students
-----					
	11th	No method was used	.	6%	Too few students
		Birth control pills	.	37%	Too few students
		Condoms	.	37%	Too few students
		IUD or implant	.	7%	Too few students
		Shot/patch/birth control ring	.	6%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	1%	Too few students
-----					
	12th	No method was used	.	7%	Too few students
		Birth control pills	.	40%	Too few students
		Condoms	.	32%	Too few students
		IUD or implant	.	7%	Too few students
		Shot/patch/birth control ring	.	7%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	2%	Too few students
-----					

## 4 Sexual Behavior and Orientation

			Windham NE	Vermont	Notes
Sex	Female	No method was used	.	7%	Too few students
		Birth control pills	.	39%	Too few students
		Condoms	.	31%	Too few students
		IUD or implant	.	8%	Too few students
		Shot/patch/birth control ring	.	8%	Too few students
		Withdrawal/other method	.	5%	Too few students
		Not sure	.	1%	Too few students
-----					
	Male	No method was used	.	7%	Too few students
		Birth control pills	.	30%	Too few students
		Condoms	.	45%	Too few students
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	.	4%	Too few students
		Withdrawal/other method	.	7%	Too few students
		Not sure	.	3%	Too few students
-----					
Total	No method was used		8%	7%	
	Birth control pills		31%	35%	
	Condoms		46%	38%	SU/SD statistically higher
	IUD or implant		.	6%	Too few students
	Shot/patch/birth control ring		6%	6%	
	Withdrawal/other method		.	6%	Too few students
	Not sure		.	2%	Too few students

*Cont. Of sexually active students, methods used to prevent pregnancy used the last time they had sex*

*4 Sexual Behavior and Orientation***4.13 Sexual identity of sexual contacts**

			Windham NE	Vermont	Notes
Sex	Female	Have not had sex	36%	45%	SU/SD statistically lower
		Same sex	.	1%	Too few students
		Opposite sex	46%	46%	
		Both sexes	15%	7%	SU/SD statistically higher
-----					
	Male	Have not had sex	47%	43%	
		Same sex	.	1%	Too few students
		Opposite sex	53%	53%	
		Both sexes	.	2%	Too few students
-----					
Total	Have not had sex		41%	44%	
	Same sex		.	1%	Too few students
	Opposite sex		50%	50%	
	Both sexes		8%	5%	SU/SD statistically higher

## 5 Body Image

**5.01 The percent of students who are overweight (85th to <95th BMI percentile)**

		Windham NE	Vermont	Notes
Grade	9th	.	15%	Too few students
	10th	6%	14%	SU/SD statistically lower
	11th	.	14%	Too few students
	12th	.	13%	Too few students
Sex	Female	18%	14%	
	Male	16%	14%	
Total		17%	14%	

**5.02 The percent of students who are obese (=>95th BMI percentile)**

		Windham NE	Vermont	Notes
Grade	9th	.	12%	Too few students
	10th	21%	13%	SU/SD statistically higher
	11th	.	12%	Too few students
	12th	.	12%	Too few students
Sex	Female	14%	9%	SU/SD statistically higher
	Male	17%	16%	
Total		15%	12%	

NOTE: BMI = body mass index; For youth, BMI is age- and sex-specific. It is expressed by a percentile based on weight and height.

## 5 Body Image

## 5.03 Perceptions of weight

			Windham NE	Vermont	Notes
Grade	9th	Underweight	11%	15%	
		About the right weight	55%	56%	
		Overweight	34%	29%	
-----					
	10th	Underweight	15%	13%	
		About the right weight	56%	55%	
		Overweight	28%	32%	
-----					
	11th	Underweight	.	13%	Too few students
		About the right weight	.	55%	Too few students
		Overweight	.	31%	Too few students
-----					
	12th	Underweight	15%	13%	
		About the right weight	48%	55%	
		Overweight	37%	32%	
-----					
Sex	Female	Underweight	11%	10%	
		About the right weight	53%	54%	
		Overweight	36%	36%	
-----					
	Male	Underweight	12%	17%	
		About the right weight	61%	57%	
		Overweight	27%	26%	
-----					
Total		Underweight	12%	14%	
		About the right weight	57%	55%	
		Overweight	31%	31%	

## 5 Body Image

## 5.04 Students who are trying to do something about their weight

			Windham NE	Vermont	Notes
Grade	9th	Lose weight	47%	41%	
		Gain weight	9%	12%	
		Stay the same weight /do nothing	43%	47%	
-----					
	10th	Lose weight	46%	43%	
		Gain weight	15%	13%	
		Stay the same weight /do nothing	39%	44%	
-----					
	11th	Lose weight	.	42%	Too few students
		Gain weight	.	14%	Too few students
		Stay the same weight /do nothing	.	44%	Too few students
-----					
	12th	Lose weight	45%	42%	
		Gain weight	9%	15%	
		Stay the same weight /do nothing	47%	42%	
-----					
Sex	Female	Lose weight	65%	56%	SU/SD statistically higher
		Gain weight	5%	4%	
		Stay the same weight /do nothing	31%	40%	SU/SD statistically lower
-----					
	Male	Lose weight	31%	28%	
		Gain weight	17%	23%	SU/SD statistically lower
		Stay the same weight /do nothing	52%	49%	
-----					
Total		Lose weight	48%	42%	SU/SD statistically higher
		Gain weight	11%	14%	
		Stay the same weight /do nothing	41%	44%	
-----					



*6 Nutrition and Physical Activity***6.01 Hours spent per school day watching TV, playing video games or using the computer for fun.**

In 2015, the definition of screen time was expanded. Caution should be taken when making comparisons to previous years.

			Windham NE	Vermont	Notes
Grade	9th	Less than 1 hour	17%	14%	
		1 to 2 hours	43%	36%	
		3 to 4 hours	28%	33%	
		5+ hours	11%	18%	
-----					
	10th	Less than 1 hour	14%	14%	
		1 to 2 hours	40%	36%	
		3 to 4 hours	27%	32%	
		5+ hours	19%	18%	
-----					
	11th	Less than 1 hour	.	15%	Too few students
		1 to 2 hours	.	38%	Too few students
		3 to 4 hours	.	32%	Too few students
		5+ hours	.	16%	Too few students
-----					
	12th	Less than 1 hour	.	16%	Too few students
		1 to 2 hours	.	36%	Too few students
		3 to 4 hours	.	32%	Too few students
		5+ hours	.	17%	Too few students
-----					
Sex	Female	Less than 1 hour	7%	15%	SU/SD statistically lower
		1 to 2 hours	44%	37%	SU/SD statistically higher
		3 to 4 hours	28%	32%	
		5+ hours	21%	16%	
-----					
	Male	Less than 1 hour	16%	14%	
		1 to 2 hours	36%	36%	
		3 to 4 hours	32%	32%	
		5+ hours	15%	18%	
-----					
Total		Less than 1 hour	12%	15%	
		1 to 2 hours	40%	36%	
		3 to 4 hours	30%	32%	
		5+ hours	18%	17%	

## 6 Nutrition and Physical Activity

## 6.02 The number of days students participated in at least 60 minutes of physical activity during the past 7 days

			Windham NE	Vermont	Notes
Grade	9th	0 days	16%	11%	
		1 to 2 days	16%	16%	
		3 to 6 days	47%	47%	
		Everyday	22%	25%	
-----					
	10th	0 days	11%	13%	
		1 to 2 days	13%	15%	
		3 to 6 days	58%	47%	SU/SD statistically higher
		Everyday	19%	24%	
-----					
	11th	0 days	.	15%	Too few students
		1 to 2 days	.	17%	Too few students
		3 to 6 days	.	45%	Too few students
		Everyday	.	22%	Too few students
-----					
	12th	0 days	.	17%	Too few students
		1 to 2 days	.	18%	Too few students
		3 to 6 days	.	44%	Too few students
		Everyday	.	21%	Too few students
-----					
Sex	Female	0 days	21%	17%	
		1 to 2 days	21%	20%	
		3 to 6 days	50%	48%	
		Everyday	8%	16%	SU/SD statistically lower
-----					
	Male	0 days	12%	12%	
		1 to 2 days	11%	14%	
		3 to 6 days	46%	44%	
		Everyday	31%	30%	
-----					
Total	0 days		17%	14%	
	1 to 2 days		16%	17%	
	3 to 6 days		48%	46%	
	Everyday		19%	23%	

*6 Nutrition and Physical Activity***6.03 The percent of students who ate fruits and vegetables 5 or more times per day, past 7 days**

		Windham NE	Vermont	Notes
Grade	9th	9%	23%	SU/SD statistically lower
	10th	19%	23%	
	11th	.	23%	Too few students
	12th	.	24%	Too few students
Sex	Female	14%	22%	SU/SD statistically lower
	Male	18%	25%	SU/SD statistically lower
Total		16%	24%	SU/SD statistically lower

**6.04 The percent of students who ate fruits or fruit juice 2 or more times per day, past 7 days**

		Windham NE	Vermont	Notes
Grade	9th	20%	34%	SU/SD statistically lower
	10th	27%	34%	
	11th	.	34%	Too few students
	12th	.	35%	Too few students
Sex	Female	26%	33%	SU/SD statistically lower
	Male	24%	35%	SU/SD statistically lower
Total		25%	34%	SU/SD statistically lower

**6.05 The percent of students who ate vegetables 3 or more times per day, past 7 days**

		Windham NE	Vermont	Notes
Grade	9th	12%	17%	SU/SD statistically lower
	10th	7%	17%	
	11th	.	18%	Too few students
	12th	.	19%	Too few students
Sex	Female	6%	17%	SU/SD statistically lower
	Male	11%	19%	SU/SD statistically lower
Total		8%	18%	SU/SD statistically lower

*6 Nutrition and Physical Activity***6.06 The percent of students who did not eat any fruit or fruit juice, past 7 days**

		Windham NE	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	4%	Too few students
	11th	.	4%	Too few students
	12th	.	4%	Too few students
Sex	Female	4%	3%	
	Male	5%	5%	
Total		5%	4%	

**6.07 The percent of students who did not any eat vegetables, past 7 days**

		Windham NE	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	4%	Too few students
	11th	.	4%	Too few students
	12th	.	4%	Too few students
Sex	Female	.	3%	Too few students
	Male	4%	6%	
Total		3%	4%	

## 6 Nutrition and Physical Activity

## 6.08 The number of days students ate breakfast during the past 7 days

			Windham NE	Vermont	Notes
Grade	9th	Never	19%	11%	SU/SD statistically higher
		1 to 3 days	35%	25%	SU/SD statistically higher
		4 to 6 days	21%	22%	
		Everyday	25%	42%	SU/SD statistically lower
-----					
	10th	Never	14%	11%	
		1 to 3 days	24%	24%	
		4 to 6 days	28%	24%	
		Everyday	34%	41%	
-----					
	11th	Never	.	10%	Too few students
		1 to 3 days	.	25%	Too few students
		4 to 6 days	.	24%	Too few students
		Everyday	.	40%	Too few students
-----					
	12th	Never	.	11%	Too few students
		1 to 3 days	.	25%	Too few students
		4 to 6 days	.	25%	Too few students
		Everyday	.	39%	Too few students
-----					
Sex	Female	Never	16%	11%	SU/SD statistically higher
		1 to 3 days	30%	27%	
		4 to 6 days	24%	24%	
		Everyday	30%	38%	SU/SD statistically lower
-----					
	Male	Never	12%	11%	
		1 to 3 days	31%	23%	SU/SD statistically higher
		4 to 6 days	25%	23%	
		Everyday	31%	43%	SU/SD statistically lower
-----					
Total		Never	14%	11%	SU/SD statistically higher
		1 to 3 days	30%	25%	SU/SD statistically higher
		4 to 6 days	25%	24%	
		Everyday	31%	40%	SU/SD statistically lower

## 6 Nutrition and Physical Activity

## 6.09 The number of glasses of water students drank yesterday

			Windham NE	Vermont	Notes
Grade	9th	None	19%	9%	SU/SD statistically higher
		1 to 3 glasses	66%	60%	
		4+ glasses	15%	32%	SU/SD statistically lower
-----					
	10th	None	16%	8%	SU/SD statistically higher
		1 to 3 glasses	65%	58%	
		4+ glasses	19%	34%	SU/SD statistically lower
-----					
	11th	None	.	8%	Too few students
		1 to 3 glasses	.	60%	Too few students
		4+ glasses	.	32%	Too few students
-----					
	12th	None	.	9%	Too few students
		1 to 3 glasses	.	57%	Too few students
		4+ glasses	.	34%	Too few students
-----					
Sex	Female	None	16%	8%	SU/SD statistically higher
		1 to 3 glasses	65%	62%	
		4+ glasses	19%	31%	SU/SD statistically lower
-----					
	Male	None	15%	9%	SU/SD statistically higher
		1 to 3 glasses	57%	56%	
		4+ glasses	28%	35%	SU/SD statistically lower
-----					
Total		None	15%	9%	SU/SD statistically higher
		1 to 3 glasses	61%	59%	
		4+ glasses	24%	33%	SU/SD statistically lower

## 6 Nutrition and Physical Activity

## 6.10 Amount of soda students drank during the past 7 days

			Windham NE	Vermont	Notes
Grade	9th	None	22%	32%	SU/SD statistically lower
		At least once during the past week	54%	54%	
		At least once per day	24%	14%	SU/SD statistically higher
-----					
	10th	None	13%	33%	SU/SD statistically lower
		At least once during the past week	68%	53%	SU/SD statistically higher
		At least once per day	19%	14%	
-----					
	11th	None	.	33%	Too few students
		At least once during the past week	.	51%	Too few students
		At least once per day	.	15%	Too few students
-----					
	12th	None	.	36%	Too few students
		At least once during the past week	.	49%	Too few students
		At least once per day	.	15%	Too few students
-----					
Sex	Female	None	26%	42%	SU/SD statistically lower
		At least once during the past week	60%	48%	SU/SD statistically higher
		At least once per day	14%	9%	SU/SD statistically higher
-----					
	Male	None	13%	25%	SU/SD statistically lower
		At least once during the past week	60%	55%	
		At least once per day	27%	20%	SU/SD statistically higher
-----					
Total		None	19%	33%	SU/SD statistically lower
		At least once during the past week	60%	52%	SU/SD statistically higher
		At least once per day	20%	15%	SU/SD statistically higher

## 6 Nutrition and Physical Activity

**6.11 The amount of sugar-sweetened beverages (not including soda) students drank during past 7 days**

			Windham NE	Vermont	Notes
Grade	9th	None	20%	25%	
		At least once during the past week	72%	61%	SU/SD statistically higher
		At least once per day	8%	14%	
<hr/>					
	10th	None	15%	25%	SU/SD statistically lower
		At least once during the past week	62%	59%	
		At least once per day	23%	15%	SU/SD statistically higher
<hr/>					
	11th	None	.	26%	Too few students
		At least once during the past week	.	59%	Too few students
		At least once per day	.	16%	Too few students
<hr/>					
	12th	None	.	29%	Too few students
		At least once during the past week	.	57%	Too few students
		At least once per day	.	15%	Too few students
<hr/>					
Sex	Female	None	22%	30%	SU/SD statistically lower
		At least once during the past week	69%	59%	SU/SD statistically higher
		At least once per day	8%	11%	
<hr/>					
	Male	None	15%	22%	SU/SD statistically lower
		At least once during the past week	60%	58%	
		At least once per day	25%	19%	
<hr/>					
Total		None	19%	26%	SU/SD statistically lower
		At least once during the past week	64%	59%	SU/SD statistically higher
		At least once per day	16%	15%	



## 7 Youth Assets

## 7.01 Typical grades in the past 12 months, as reported by students

			Windham NE	Vermont	Notes
Grade	9th	Mostly As or Bs	72%	76%	
		Mostly Cs	14%	13%	
		Mostly Ds or Fs	.	4%	Too few students
		Other / Not sure	12%	7%	
-----					
	10th	Mostly As or Bs	80%	77%	
		Mostly Cs	8%	14%	
		Mostly Ds or Fs	.	4%	Too few students
		Other / Not sure	9%	5%	
-----					
	11th	Mostly As or Bs	.	80%	Too few students
		Mostly Cs	.	13%	Too few students
		Mostly Ds or Fs	.	3%	Too few students
		Other / Not sure	.	4%	Too few students
-----					
	12th	Mostly As or Bs	79%	83%	
		Mostly Cs	11%	11%	
		Mostly Ds or Fs	.	2%	Too few students
		Other / Not sure	.	4%	Too few students
-----					
Sex	Female	Mostly As or Bs	83%	84%	
		Mostly Cs	7%	9%	
		Mostly Ds or Fs	.	3%	Too few students
		Other / Not sure	7%	4%	SU/SD statistically higher
-----					
	Male	Mostly As or Bs	75%	74%	
		Mostly Cs	11%	16%	SU/SD statistically lower
		Mostly Ds or Fs	.	4%	Too few students
		Other / Not sure	13%	6%	SU/SD statistically higher
-----					
Total		Mostly As or Bs	79%	79%	
		Mostly Cs	9%	13%	SU/SD statistically lower
		Mostly Ds or Fs	2%	3%	
		Other / Not sure	10%	5%	SU/SD statistically higher

## 7 Youth Assets

## 7.02 The percent of students participating in extracurricular activities, hours per week

			Windham NE	Vermont	Notes
Grade	9th	0 hours	38%	32%	
		1 to 4 hours	37%	30%	
		5 to 9 hours	11%	17%	
		10 or more hours	14%	21%	
10th	0 hours	32%	32%		
	1 to 4 hours	24%	28%		
	5 to 9 hours	13%	16%		
	10 or more hours	31%	24%	SU/SD statistically higher	
11th	0 hours	.	32%	Too few students	
	1 to 4 hours	.	27%	Too few students	
	5 to 9 hours	.	16%	Too few students	
	10 or more hours	.	25%	Too few students	
12th	0 hours	37%	32%		
	1 to 4 hours	16%	26%	SU/SD statistically lower	
	5 to 9 hours	20%	16%		
	10 or more hours	26%	27%		
Sex	Female	0 hours	38%	31%	SU/SD statistically higher
		1 to 4 hours	26%	29%	
		5 to 9 hours	17%	16%	
		10 or more hours	19%	24%	
Male	0 hours	38%	33%		
	1 to 4 hours	22%	27%		
	5 to 9 hours	10%	16%	SU/SD statistically lower	
	10 or more hours	30%	24%		
Total	0 hours	38%	32%	SU/SD statistically higher	
	1 to 4 hours	24%	28%		
	5 to 9 hours	14%	16%		
	10 or more hours	24%	24%		

*7 Youth Assets***7.03 The percent of students who spoke with their parents at least weekly about school**

		Windham NE	Vermont	Notes
Grade	9th	72%	78%	
	10th	78%	77%	
	11th	.	77%	Too few students
	12th	70%	75%	
Sex	Female	73%	77%	
	Male	75%	76%	
Total		73%	76%	

**7.04 The percent of students who agree that in their community they feel like they matter to people**

		Windham NE	Vermont	Notes
Grade	9th	34%	49%	SU/SD statistically lower
	10th	47%	48%	
	11th	.	50%	Too few students
	12th	49%	54%	
Sex	Female	35%	47%	SU/SD statistically lower
	Male	55%	54%	
Total		45%	50%	SU/SD statistically lower

**7.05 The percent of students who agree that teachers really care about them and give them lots of encouragement**

		Windham NE	Vermont	Notes
Grade	9th	51%	59%	
	10th	65%	57%	
	11th	.	64%	Too few students
	12th	78%	69%	SU/SD statistically higher
Sex	Female	66%	60%	
	Male	65%	64%	
Total		65%	62%	

*7 Youth Assets***7.06 The percent of students who agree that students help decide what goes on in school**

		Windham NE	Vermont	Notes
Grade	9th	54%	50%	
	10th	52%	46%	
	11th	.	46%	Too few students
	12th	47%	49%	
Sex	Female	48%	48%	
	Male	57%	48%	SU/SD statistically higher
Total		53%	48%	SU/SD statistically higher

**7.07 The percent of students who report that they will probably or definitely complete a post high school program**

		Windham NE	Vermont	Notes
Grade	9th	66%	75%	SU/SD statistically lower
	10th	79%	80%	
	11th	.	83%	Too few students
	12th	75%	84%	SU/SD statistically lower
Sex	Female	76%	83%	SU/SD statistically lower
	Male	70%	78%	SU/SD statistically lower
Total		73%	80%	SU/SD statistically lower

## **2015 Vermont Youth Risk Behavior Survey Report**

### **Middle School Report for Windham Northeast SU**

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

*Demographics*


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**Windham NE**  
**Number of Middle School Students in Windham Northeast SU**

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**Windham Northeast SU Total**

152

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<b>Sex</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	1	0%
Female	77	50%
Male	74	48%

<b>Grade</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	1	0%
6th grade	33	21%
7th grade	55	36%
8th grade	63	41%

<b>Age</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	1	0%
11 years or younger	19	12%
12 years	43	28%
13 years	54	35%
14 years or older	35	23%

<b>Race / Ethnicity</b>	<b>Total</b>	<b>%</b>
Not indicated /Missing	21	13%
Ethnic or racial minority	23	15%
White non-Hispanic	108	71%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Windham Northeast SU. Not all students indicated their sex or grade, therefore the totals in these tables may not add up to the total number of students in the county or state who participated. All other numbers represented in this report are weighted to reflect the enrolled student population.

*Demographics*


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**Vermont**  
**Number of Middle School Students in Vermont**

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<b>Vermont Total</b>
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13648
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Sex	Total	%
Not indicated / Missing	96	0%
Female	6713	49%
Male	6839	50%

Grade	Total	%
Not indicated / Missing	86	0%
6th grade	2899	21%
7th grade	5337	39%
8th grade	5326	39%

Age	Total	%
Not indicated / Missing	63	.
11 years or younger	1445	10%
12 years	3983	29%
13 years	5240	38%
14 years or older	2917	21%

Race / Ethnicity	Total	%
Not indicated /Missing	926	6%
Ethnic or racial minority	2357	17%
White non-Hispanic	10365	75%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who have ever been in a physical fight**

		Windham NE	Vermont	Notes
Grade	6th	.	42%	Too few students
	7th	46%	41%	
	8th	41%	44%	
Sex	Female	22%	28%	SU/SD statistically lower
	Male	66%	57%	SU/SD statistically higher
Total		43%	43%	

**1.02 Percent of students who were bullied at least once, past 30 days**

		Windham NE	Vermont	Notes
Grade	6th	.	24%	Too few students
	7th	42%	25%	SU/SD statistically higher
	8th	22%	22%	
Sex	Female	33%	30%	
	Male	23%	18%	
Total		28%	24%	SU/SD statistically higher

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight or when teasing is done in a friendly way. Electronic bullying occurs through e-mail, chat rooms, instant messaging, Web sites, or texting.



*1 Personal Safety***1.03 Percent of students who reported they had ever been electronically bullied**

		Windham NE	Vermont	Notes
Grade	6th	.	21%	Too few students
	7th	33%	26%	SU/SD statistically higher
	8th	32%	28%	
Sex	Female	42%	36%	SU/SD statistically higher
	Male	18%	16%	
Total		30%	26%	SU/SD statistically higher

**1.04 Percent of students who were ever bullied at school**

		Windham NE	Vermont	Notes
Grade	6th	.	46%	Too few students
	7th	51%	48%	
	8th	52%	45%	SU/SD statistically higher
Sex	Female	54%	53%	
	Male	44%	40%	
Total		49%	46%	

**1.05 Percent of students who bullied someone at least once, past 30 days**

		Windham NE	Vermont	Notes
Grade	6th	.	8%	Too few students
	7th	14%	9%	
	8th	10%	11%	
Sex	Female	7%	10%	
	Male	13%	9%	
Total		10%	10%	

*1 Personal Safety***1.06 Percent of students who did not go to school because they felt unsafe, past 30 days**

		Windham NE	Vermont	Notes
Grade	6th	.	8%	Too few students
	7th	11%	7%	
	8th	8%	7%	
Sex	Female	9%	9%	SU/SD statistically higher
	Male	14%	6%	
Total		11%	7%	SU/SD statistically higher

**1.07 Percent of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, past 12 months**

		Windham NE	Vermont	Notes
Grade	6th	.	17%	Too few students
	7th	21%	19%	
	8th	22%	22%	
Sex	Female	26%	27%	
	Male	17%	13%	
Total		21%	20%	

**1.08 Percent of students who ever seriously thought about suicide**

		Windham NE	Vermont	Notes
Grade	6th	.	14%	Too few students
	7th	18%	16%	
	8th	25%	22%	
Sex	Female	21%	23%	
	Male	15%	12%	
Total		18%	18%	

*1 Personal Safety***1.09 Percent of students who ever made a suicide plan**

		Windham NE	Vermont	Notes
Grade	6th	.	9%	Too few students
	7th	15%	11%	
	8th	22%	15%	
Sex	Female	20%	16%	SU/SD statistically higher
	Male	12%	8%	
Total		16%	12%	SU/SD statistically higher

**1.10 Percent of students who ever attempted suicide**

		Windham NE	Vermont	Notes
Grade	6th	.	5%	Too few students
	7th	.	5%	
	8th	16%	8%	
Sex	Female	11%	8%	SU/SD statistically higher
	Male	10%	3%	
Total		10%	6%	SU/SD statistically higher

**1.11 Percent of students who had at least one sunburn in the past 12 months**

		Windham NE	Vermont	Notes
Grade	6th	.	51%	Too few students
	7th	52%	55%	
	8th	57%	56%	
Sex	Female	51%	58%	
	Male	55%	51%	
Total		53%	54%	

*1 Personal Safety***1.12 Bicycle helmet use among those who rode a bicycle in the past 12 months**

			Windham NE	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	.	26%	Too few students
		Sometimes wear a helmet	.	15%	Too few students
		Most of the time / always wear a helmet	.	59%	Too few students
<hr/>					
	7th	Never / rarely wear a helmet	43%	31%	SU/SD statistically higher
		Sometimes wear a helmet	20%	16%	
		Most of the time / always wear a helmet	37%	52%	SU/SD statistically lower
<hr/>					
	8th	Never / rarely wear a helmet	63%	41%	SU/SD statistically higher
		Sometimes wear a helmet	11%	15%	
		Most of the time / always wear a helmet	26%	43%	SU/SD statistically lower
<hr/>					
Sex	Female	Never / rarely wear a helmet	43%	31%	SU/SD statistically higher
		Sometimes wear a helmet	14%	17%	
		Most of the time / always wear a helmet	43%	52%	SU/SD statistically lower
<hr/>					
	Male	Never / rarely wear a helmet	47%	36%	SU/SD statistically higher
		Sometimes wear a helmet	15%	14%	
		Most of the time / always wear a helmet	38%	49%	SU/SD statistically lower
<hr/>					
Total		Never / rarely wear a helmet	45%	34%	SU/SD statistically higher
		Sometimes wear a helmet	14%	16%	
		Most of the time / always wear a helmet	40%	51%	SU/SD statistically lower

*1 Personal Safety***1.13 Helmet use while rollerblading or skateboarding (of those students who rollerbladed or skateboarded)**

			Windham NE	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	.	31%	Too few students
		Sometimes wear a helmet	.	11%	Too few students
		Most of the time / always wear a helmet	.	58%	Too few students
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	7th	Never / rarely wear a helmet	.	42%	Too few students
		Sometimes wear a helmet	.	13%	Too few students
		Most of the time / always wear a helmet	.	45%	Too few students
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	8th	Never / rarely wear a helmet	.	52%	Too few students
		Sometimes wear a helmet	.	12%	Too few students
		Most of the time / always wear a helmet	.	36%	Too few students
-----					
Sex	Female	Never / rarely wear a helmet	.	45%	Too few students
		Sometimes wear a helmet	.	13%	Too few students
		Most of the time / always wear a helmet	.	43%	Too few students
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	Male	Never / rarely wear a helmet	.	41%	Too few students
		Sometimes wear a helmet	.	12%	Too few students
		Most of the time / always wear a helmet	.	47%	Too few students
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Total		Never / rarely wear a helmet	45%	43%	
		Sometimes wear a helmet	9%	12%	
		Most of the time / always wear a helmet	46%	45%	

*1 Personal Safety***1.14 Percent of students who reported never or rarely wearing a seatbelt while riding in a car**

		Windham NE	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	12%	3%	SU/SD statistically higher
	8th	.	4%	Too few students
Sex	Female	6%	2%	SU/SD statistically higher
	Male	8%	3%	SU/SD statistically higher
Total		7%	3%	SU/SD statistically higher

**1.15 Percent of students who ever rode in a car driven by someone who had been drinking**

		Windham NE	Vermont	Notes
Grade	6th	.	15%	Too few students
	7th	16%	19%	
	8th	28%	25%	
Sex	Female	16%	21%	SU/SD statistically lower
	Male	24%	19%	
Total		20%	20%	

*2 Alcohol, Tobacco, and Other Drug Use***2.01 Percent of students who ever drank alcohol other than a few sips**

		Windham NE	Vermont	Notes
Grade	6th	.	10%	Too few students
	7th	.	15%	Too few students
	8th	29%	24%	
Sex	Female	18%	16%	
	Male	21%	18%	
Total		19%	17%	

**2.02 Percent of students who drank alcohol other than a few sips before age 11**

		Windham NE	Vermont	Notes
Grade	6th	.	7%	Too few students
	7th	.	6%	Too few students
	8th	10%	6%	SU/SD statistically higher
Sex	Female	.	5%	Too few students
	Male	11%	8%	
Total		8%	6%	

**2.03 Percent of students who drank any alcohol, past 30 days**

		Windham NE	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	5%	Too few students
	8th	8%	10%	
Sex	Female	.	6%	Too few students
	Male	.	7%	Too few students
Total		5%	6%	

*2 Alcohol, Tobacco, and Other Drug Use***2.04 Percent of students who binge drank (5 or more alcoholic drinks in a row), past 30 days**

		Windham NE	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	4%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	2%	Too few students
Total		.	2%	Too few students

**2.05 Percent of students who ever tried cigarette smoking, even one or two puffs**

		Windham NE	Vermont	Notes
Grade	6th	.	4%	Too few students
	7th	15%	7%	SU/SD statistically higher
	8th	16%	13%	
Sex	Female	11%	9%	
	Male	13%	9%	SU/SD statistically higher
Total		12%	9%	SU/SD statistically higher

**2.06 Percent of students who ever smoked a whole cigarette**

		Windham NE	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	9%	4%	SU/SD statistically higher
	8th	8%	8%	
Sex	Female	.	5%	Too few students
	Male	7%	5%	
Total		6%	5%	



*2 Alcohol, Tobacco, and Other Drug Use***2.07 Percent of students who smoked a whole cigarette by age 11**

		Windham NE	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		.	1%	Too few students

**2.08 Percent of students who smoked cigarettes, past 30 days**

		Windham NE	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	.	3%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	2%	Too few students
Total		4%	2%	SU/SD statistically higher

*2 Alcohol, Tobacco, and Other Drug Use***2.09 Percent of students who ever used electronic vapor products such as e-cigarettes**

		Windham NE	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	6%	Too few students
	8th	12%	11%	
Sex	Female	8%	7%	
	Male	12%	7%	SU/SD statistically higher
Total		10%	7%	

**2.10 Percent of students who used electronic vapor products such as e-cigarettes during the past 30 days**

		Windham NE	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	9%	5%	SU/SD statistically higher
Sex	Female	.	3%	Too few students
	Male	7%	3%	SU/SD statistically higher
Total		6%	3%	SU/SD statistically higher

**2.11 Percent of students who used chewing tobacco, snuff, or dip, past 30 days**

		Windham NE	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	3%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	3%	Too few students
Total		.	2%	Too few students

*2 Alcohol, Tobacco, and Other Drug Use***2.12 Percent of students who smoked cigars, cigarillos, or little cigars, past 30 days**

		Windham NE	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		.	2%	Too few students

**2.13 Percent of students who used a tobacco product such as cigarettes, smokeless tobacco, or cigars, in the past 30 days**

		Windham NE	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	.	6%	Too few students
Sex	Female	.	3%	Too few students
	Male	6%	4%	
Total		5%	4%	

**2.14 Percent of students who used any tobacco products including e-cigarettes in the past 30 days**

		Windham NE	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	9%	4%	SU/SD statistically higher
	8th	10%	8%	
Sex	Female	6%	5%	
	Male	8%	6%	
Total		7%	5%	

*2 Alcohol, Tobacco, and Other Drug Use***2.15 Percent of smokers who attempted to quit smoking, past 12 months**

		Windham NE	Vermont	Notes
Grade	6th	.	.	Too few students
	7th	.	58%	Too few students
	8th	.	45%	Too few students
Sex	Female	.	48%	Too few students
	Male	.	47%	Too few students
Total		.	48%	Too few students

**2.16 Percent of students who have ever used marijuana**

		Windham NE	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	9%	5%	SU/SD statistically higher
	8th	12%	11%	
Sex	Female	7%	6%	
	Male	10%	7%	
Total		9%	7%	

**2.17 Percent of students who used marijuana by age 11**

		Windham NE	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		.	1%	Too few students

*2 Alcohol, Tobacco, and Other Drug Use***2.18 Percent of students who used marijuana, past 30 days**

		Windham NE	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	3%	Too few students
	8th	9%	6%	
Sex	Female	.	3%	Too few students
	Male	7%	4%	SU/SD statistically higher
Total		5%	4%	SU/SD statistically higher

**2.19 Percent of students who have ever used inhalants**

		Windham NE	Vermont	Notes
Grade	6th	.	5%	Too few students
	7th	.	4%	Too few students
	8th	7%	6%	
Sex	Female	.	5%	Too few students
	Male	8%	5%	SU/SD statistically higher
Total		6%	5%	

**2.20 Percent of students who ever took a prescription drug without a doctor's prescription**

		Windham NE	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	9%	4%	SU/SD statistically higher
Sex	Female	.	3%	Too few students
	Male	.	3%	Too few students
Total		4%	3%	

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.01 Percent of students who were in the same room with someone who was smoking cigarettes, past 7 days

		Windham NE	Vermont	Notes
Grade	6th	.	24%	Too few students
	7th	30%	28%	
	8th	34%	31%	
Sex	Female	32%	29%	
	Male	27%	27%	
Total		30%	28%	

#### 3.02 Percent of students who were in the same car with someone who was smoking cigarettes, past 7 days

		Windham NE	Vermont	Notes
Grade	6th	.	17%	Too few students
	7th	31%	20%	SU/SD statistically higher
	8th	37%	23%	SU/SD statistically higher
Sex	Female	33%	22%	SU/SD statistically higher
	Male	24%	19%	
Total		29%	21%	SU/SD statistically higher

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.03 Percent of students who, always or most of the time saw advertisements for tobacco products at supermarkets or gas stations

		Windham NE	Vermont	Notes
Grade	6th	.	47%	Too few students
	7th	45%	52%	
	8th	74%	55%	SU/SD statistically higher
Sex	Female	63%	52%	SU/SD statistically higher
	Male	59%	52%	
Total		60%	52%	SU/SD statistically higher

#### 3.04 Percent of students who, in the past 12 months, were asked if they smoke by a health professional

		Windham NE	Vermont	Notes
Grade	6th	.	15%	Too few students
	7th	.	26%	Too few students
	8th	41%	35%	
Sex	Female	35%	28%	
	Male	32%	26%	
Total		34%	27%	SU/SD statistically higher

#### 3.05 Students perceptions about out of 100 Vermont high school students the number who smoke cigarettes

	Windham NE	Vermont	Notes
15 or less students	19%	16%	
16 to 25 students	23%	25%	
26 to 45 students	23%	24%	
46 to 55 students	13%	16%	
56 to 75 students	12%	9%	
76 or more students	10%	10%	

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.06 Percent of students who think their parents would think it is wrong or very wrong for them to smoke cigarettes

		Windham NE	Vermont	Notes
Grade	6th	.	96%	Too few students
	7th	96%	96%	
	8th	97%	96%	
Sex	Female	97%	97%	
	Male	98%	96%	
Total		97%	96%	

#### 3.07 Percent of students who think their parents would think it is wrong or very wrong for them to drink alcohol

		Windham NE	Vermont	Notes
Grade	6th	.	92%	Too few students
	7th	96%	92%	
	8th	93%	90%	
Sex	Female	95%	93%	
	Male	91%	90%	
Total		93%	91%	

#### 3.08 Percent of students who think their parents would think it is wrong or very wrong for them to smoke marijuana

		Windham NE	Vermont	Notes
Grade	6th	.	96%	Too few students
	7th	97%	95%	
	8th	92%	92%	
Sex	Female	96%	94%	
	Male	93%	94%	
Total		94%	94%	



### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.09 Percent of students who think it would be wrong or very wrong for someone their age to smoke cigarettes

		Windham NE	Vermont	Notes
Grade	6th	.	97%	Too few students
	7th	96%	95%	
	8th	91%	92%	
Sex	Female	95%	95%	
	Male	94%	94%	
Total		94%	94%	

#### 3.10 Percent of students who think it would be wrong or very wrong for someone their age to drink alcohol

		Windham NE	Vermont	Notes
Grade	6th	.	94%	Too few students
	7th	94%	90%	
	8th	91%	83%	
Sex	Female	92%	90%	
	Male	91%	87%	SU/SD statistically higher
Total		92%	88%	SU/SD statistically higher

#### 3.11 Percent of students who think it would be wrong or very wrong for someone their age to smoke marijuana

		Windham NE	Vermont	Notes	
Grade	6th	.	97%	Too few students	
	7th	87%	92%		SU/SD statistically lower
	8th	86%	83%		
Sex	Female	88%	91%		
	Male	87%	89%		
Total		88%	90%		

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use

#### 3.12 Percent of students who think people their age greatly risk harming themselves if they smoke one or more packs of cigarettes a day

		Windham NE	Vermont	Notes
Grade	6th	.	70%	Too few students
	7th	73%	72%	
	8th	73%	72%	
Sex	Female	81%	71%	SU/SD statistically higher
	Male	69%	72%	
Total		75%	71%	

#### 3.13 Percent of students who think that people their age greatly risk harming themselves if they have five or more drinks of alcohol once or twice each weekend

		Windham NE	Vermont	Notes
Grade	6th	.	49%	Too few students
	7th	61%	49%	
	8th	46%	46%	
Sex	Female	56%	49%	SU/SD statistically higher
	Male	54%	46%	
Total		55%	48%	SU/SD statistically higher

#### 3.14 Percent of students who think that people their age greatly risk harming themselves if they smoke marijuana regularly

		Windham NE	Vermont	Notes
Grade	6th	.	67%	Too few students
	7th	57%	61%	
	8th	44%	51%	
Sex	Female	56%	60%	
	Male	55%	58%	
Total		56%	59%	

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use

#### 3.15 Percent of students who report that it would be easy or very easy to get cigarettes

		Windham NE	Vermont	Notes
Grade	6th	.	18%	Too few students
	7th	13%	24%	SU/SD statistically lower
	8th	35%	34%	
Sex	Female	16%	25%	SU/SD statistically lower
	Male	30%	29%	
Total		23%	27%	

#### 3.16 Percent of students who report that it would be easy or very easy to get alcohol

		Windham NE	Vermont	Notes
Grade	6th	.	24%	Too few students
	7th	19%	33%	SU/SD statistically lower
	8th	42%	46%	
Sex	Female	28%	35%	SU/SD statistically lower
	Male	28%	37%	SU/SD statistically lower
Total		28%	36%	SU/SD statistically lower

#### 3.17 Percent of students who report that it would be easy or very easy to get marijuana

		Windham NE	Vermont	Notes
Grade	6th	.	6%	Too few students
	7th	20%	12%	SU/SD statistically higher
	8th	21%	22%	
Sex	Female	16%	13%	
	Male	17%	16%	
Total		17%	14%	

*4 Sexual Behavior***4.01 Percent of students who have ever had sexual intercourse**

		Windham NE	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	4%	Too few students
	8th	9%	8%	
Sex	Female	.	4%	Too few students
	Male	5%	7%	
Total		4%	6%	

**4.02 Percent of students who have ever had oral sex**

		Windham NE	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	.	9%	Too few students
Sex	Female	.	5%	Too few students
	Male	.	6%	Too few students
Total		3%	5%	SU/SD statistically lower

## 5 Nutrition and Physical Activity

## 5.01 Number of times during the past 7 days students ate breakfast

			Windham NE	Vermont	Notes
Grade	6th	Never	.	4%	Too few students
		1 to 3 times	.	13%	Too few students
		4 to 6 times	.	22%	Too few students
		Everyday	.	61%	Too few students
-----					
	7th	Never	.	7%	Too few students
		1 to 3 times	13%	16%	
		4 to 6 times	28%	25%	
		Everyday	51%	51%	
-----					
	8th	Never	11%	8%	
		1 to 3 times	26%	20%	SU/SD statistically higher
		4 to 6 times	23%	25%	
		Everyday	40%	48%	SU/SD statistically lower
-----					
Sex	Female	Never	7%	8%	
		1 to 3 times	27%	21%	SU/SD statistically higher
		4 to 6 times	26%	26%	
		Everyday	40%	45%	
-----					
	Male	Never	8%	6%	
		1 to 3 times	17%	13%	
		4 to 6 times	16%	23%	SU/SD statistically lower
		Everyday	58%	59%	
-----					
Total		Never	8%	7%	
		1 to 3 times	22%	17%	SU/SD statistically higher
		4 to 6 times	21%	24%	
		Everyday	49%	52%	

*5 Nutrition and Physical Activity***5.02 Percent of students who reported drinking at least four bottles or glasses of water a day**

		Windham NE	Vermont	Notes
Grade	6th	.	45%	Too few students
	7th	46%	41%	
	8th	27%	39%	SU/SD statistically lower
Sex	Female	45%	38%	SU/SD statistically higher
	Male	45%	44%	
Total		45%	41%	

## 5 Nutrition and Physical Activity

## 5.03 Number of days students participated in at least 60 minutes of physical activity in the past 7 days

			Windham NE	Vermont	Notes
Grade	6th	Never	.	8%	Too few students
		1 to 4 days	.	32%	Too few students
		5 to 6 days	.	27%	Too few students
		Everyday	.	33%	Too few students
-----					
	7th	Never	.	7%	Too few students
		1 to 4 days	37%	34%	
		5 to 6 days	16%	28%	SU/SD statistically lower
		Everyday	41%	31%	SU/SD statistically higher
-----					
	8th	Never	.	8%	Too few students
		1 to 4 days	40%	36%	
		5 to 6 days	34%	27%	SU/SD statistically higher
		Everyday	25%	29%	
-----					
Sex	Female	Never	.	8%	Too few students
		1 to 4 days	37%	39%	
		5 to 6 days	33%	30%	
		Everyday	27%	23%	
-----					
	Male	Never	7%	8%	
		1 to 4 days	34%	29%	
		5 to 6 days	23%	25%	
		Everyday	36%	38%	
-----					
Total		Never	5%	8%	SU/SD statistically lower
		1 to 4 days	35%	34%	
		5 to 6 days	28%	27%	
		Everyday	31%	31%	

## 5 Nutrition and Physical Activity

**5.04 Number of times students participated in physical activity breaks outside of physical education courses in an average school week**

			Windham NE	Vermont	Notes
Grade	6th	0 days	.	18%	Too few students
		1 to 2 days	.	15%	Too few students
		3 to 4 days	.	19%	Too few students
		Everyday	.	48%	Too few students
-----					
	7th	0 days	23%	30%	
		1 to 2 days	44%	17%	SU/SD statistically higher
		3 to 4 days	17%	17%	
		Everyday	16%	36%	SU/SD statistically lower
-----					
	8th	0 days	19%	33%	SU/SD statistically lower
		1 to 2 days	55%	16%	SU/SD statistically higher
		3 to 4 days	17%	16%	
		Everyday	9%	35%	SU/SD statistically lower
-----					
Sex	Female	0 days	21%	28%	SU/SD statistically lower
		1 to 2 days	46%	18%	SU/SD statistically higher
		3 to 4 days	22%	17%	SU/SD statistically higher
		Everyday	11%	38%	SU/SD statistically lower
-----					
	Male	0 days	12%	28%	SU/SD statistically lower
		1 to 2 days	37%	15%	SU/SD statistically higher
		3 to 4 days	22%	17%	
		Everyday	28%	40%	SU/SD statistically lower
-----					
Total		0 days	16%	28%	SU/SD statistically lower
		1 to 2 days	41%	16%	SU/SD statistically higher
		3 to 4 days	22%	17%	SU/SD statistically higher
		Everyday	20%	39%	SU/SD statistically lower



## 5 Nutrition and Physical Activity

## 5.05 Number of hours spent watching TV on an average school day

			Windham NE	Vermont	Notes
Grade	6th	1 hour or less per day	.	60%	Too few students
		2 to 4 hours per day	.	34%	Too few students
		5 or more hours per day	.	6%	Too few students
-----					
	7th	1 hour or less per day	52%	57%	
		2 to 4 hours per day	34%	37%	
		5 or more hours per day	14%	6%	SU/SD statistically higher
-----					
	8th	1 hour or less per day	55%	57%	
		2 to 4 hours per day	33%	37%	
		5 or more hours per day	12%	7%	SU/SD statistically higher
-----					
Sex	Female	1 hour or less per day	51%	57%	
		2 to 4 hours per day	40%	37%	
		5 or more hours per day	9%	6%	SU/SD statistically higher
-----					
	Male	1 hour or less per day	53%	58%	
		2 to 4 hours per day	32%	35%	
		5 or more hours per day	15%	7%	SU/SD statistically higher
-----					
Total		1 hour or less per day	52%	58%	SU/SD statistically lower
		2 to 4 hours per day	36%	36%	
		5 or more hours per day	12%	6%	SU/SD statistically higher

## 5 Nutrition and Physical Activity

**5.06 Number of hours spent playing video games or going online for something not related to school, on an average school day**

			Windham NE	Vermont	Notes
Grade	6th	1 hour or less per day	.	55%	Too few students
		2 to 4 hours per day	.	33%	Too few students
		5 or more hours per day	.	12%	Too few students
-----					
	7th	1 hour or less per day	47%	46%	
		2 to 4 hours per day	33%	40%	
		5 or more hours per day	20%	14%	SU/SD statistically higher
-----					
	8th	1 hour or less per day	30%	40%	SU/SD statistically lower
		2 to 4 hours per day	49%	41%	SU/SD statistically higher
		5 or more hours per day	21%	19%	
-----					
Sex	Female	1 hour or less per day	41%	48%	SU/SD statistically lower
		2 to 4 hours per day	45%	37%	SU/SD statistically higher
		5 or more hours per day	14%	15%	
-----					
	Male	1 hour or less per day	38%	44%	
		2 to 4 hours per day	36%	41%	
		5 or more hours per day	26%	15%	SU/SD statistically higher
-----					
Total		1 hour or less per day	39%	46%	SU/SD statistically lower
		2 to 4 hours per day	40%	39%	
		5 or more hours per day	20%	15%	SU/SD statistically higher

## 5 Nutrition and Physical Activity

## 5.07 Number of days in the average week students went online for something not school-related

			Windham NE	Vermont	Notes
Grade	6th	Never	.	22%	Too few students
		1 to 5 days	.	45%	Too few students
		At least six days	.	33%	Too few students
<hr/>					
	7th	Never	9%	16%	SU/SD statistically lower
		1 to 5 days	38%	41%	
		At least six days	53%	42%	SU/SD statistically higher
<hr/>					
	8th	Never	7%	11%	
		1 to 5 days	26%	34%	SU/SD statistically lower
		At least six days	67%	55%	SU/SD statistically higher
<hr/>					
Sex	Female	Never	8%	13%	SU/SD statistically lower
		1 to 5 days	33%	41%	SU/SD statistically lower
		At least six days	59%	46%	SU/SD statistically higher
<hr/>					
	Male	Never	14%	18%	
		1 to 5 days	33%	38%	
		At least six days	53%	44%	SU/SD statistically higher
<hr/>					
Total	Never		11%	15%	SU/SD statistically lower
	1 to 5 days		33%	39%	SU/SD statistically lower
	At least six days		56%	45%	SU/SD statistically higher

*6 Youth Assets***6.01 Percent of students who talk to their parents about school at least weekly**

		Windham NE	Vermont	Notes
Grade	6th	.	81%	Too few students
	7th	74%	80%	
	8th	78%	78%	
Sex	Female	75%	80%	SU/SD statistically lower
	Male	72%	79%	
Total		73%	79%	SU/SD statistically lower

**6.02 Percent of students who agree or strongly agree that 'in your community you feel like you matter to people'**

		Windham NE	Vermont	Notes
Grade	6th	.	60%	Too few students
	7th	36%	56%	SU/SD statistically lower
	8th	37%	51%	SU/SD statistically lower
Sex	Female	38%	50%	SU/SD statistically lower
	Male	51%	59%	SU/SD statistically lower
Total		44%	55%	SU/SD statistically lower

*6 Youth Assets***6.03 Percent of students who agree or strongly agree that their teachers really care about them and give them a lot of encouragement**

		Windham NE	Vermont	Notes
Grade	6th	.	69%	Too few students
	7th	50%	62%	SU/SD statistically lower
	8th	51%	59%	SU/SD statistically lower
Sex	Female	55%	62%	SU/SD statistically lower
	Male	59%	64%	
Total		57%	63%	SU/SD statistically lower

**6.04 Percent of students who agree or strongly agree that students help decide what goes on in school**

		Windham NE	Vermont	Notes
Grade	6th	.	45%	Too few students
	7th	45%	44%	
	8th	34%	39%	
Sex	Female	33%	42%	SU/SD statistically lower
	Male	56%	43%	SU/SD statistically higher
Total		44%	43%	