

2015 Vermont Youth Risk Behavior Survey Report

Report for Orleans Southwest SU

Survey Format in 2015

In 2015, we conducted two surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8.

Results in this report include high school and middle school results for Vermont and for Orleans Southwest SU. All results in the 2015 high school section are for grades 9 through 12 only, and the middle school section are for grades 6 through 8 only.

The middle school and high school surveys differed slightly. The shorter middle school survey included questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, body image, physical activity, and youth assets. The high school survey included questions on these topics as well as self-reported height and weight, driving behaviors, other drug use, sexual behavior and orientation, and nutrition.

Copies of both surveys can be found online at: <http://healthvermont.gov/research/yrbs.aspx>. Copies of the full state reports, highlights, and additional sub state reports can also be found here.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

We would especially like to thank the following schools from Orleans SW who participated in the 2015 YRBS:

High School- Grades 9-12

Hazen UHSD #26

Craftsbury Schools

Middle School- Grades 6-8

Hazen UHSD #26

Table of Contents

How to Use the YRBS _____	3
How to Read this YRBS Report _____	4
A Word of Caution _____	5
Background _____	6
References _____	12

High School

Participation Rates _____	17
Chapter 1: Personal Safety _____	19
Chapter 2: Alcohol, Tobacco and Other Drugs _____	28
Chapter 3: Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use _____	46
Chapter 4: Sexual Behavior and Orientation _____	54
Chapter 5: Body Image _____	62
Chapter 6: Nutrition and Physical Activity _____	65
Chapter 7: Youth Assets _____	73

Middle School

Participation Rates _____	77
Chapter 1: Personal Safety _____	80
Chapter 2: Alcohol, Tobacco and Other Drugs _____	87
Chapter 3: Attitudes and Perceptions about Alcohol, Cigarette, and Other Drugs _____	94
Chapter 4: Sexual Behavior _____	100
Chapter 5: Nutrition and Physical Activity _____	101
Chapter 6: Youth Assets _____	108

How to Use the YRBS

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, we can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

- **Start the Conversation:** Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?
- **Increase Awareness:** The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.
- **Plan and Evaluate Programs:** The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities, and can inform strategies to address those weaknesses.
- **Remember to Look at the Positive Side:** In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Note: “Getting to ‘Y’”, a program originally funded by the Agency of Education, provides a manual for student groups looking to analyze and leverage their own YRBS data – it can be found here: <http://www.upforlearning.com/index.php/yatst> .

How to Read this YRBS Report

Format: The results appear in data tables, with an overall average, by grade and by gender. The percentages in some charts may not total 100% due to rounding.

Weighting: The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of public students in grades six through eight (middle school survey) and grades nine through twelve (high school survey). This permits us to draw inferences about the school-based student population in Vermont.

From 1993 through 2011, statewide reports included numbers based on a weighted sample of schools, and local-level reports included unweighted numbers. Beginning 2013, due to the high participation from Vermont schools, the switch was made to use all of the student responses in the statewide report, instead of a sample. This allows for direct comparison between county estimates and the statewide estimates, as well as ensure that the estimates are more accurate. You can still compare the local-level report numbers to previous local-level years.

Statistical Comparisons: We note significant differences in the far right column on each table labeled “Notes.” For the 2015 results, we compared the 95 percent confidence intervals separately by grade, gender and year to determine if the percentages for each county were statistically different from the state. If the confidence intervals overlapped, the percentages were not different. In every table it is noted whether this county is statistically different from the state average. However, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

In some cases there were not enough students responding to report an estimate. In those cases, there is a dot (.) and the “Notes” column will read “Too few students.” We limit reportable estimates to a total numerator of 5 students and denominator of 50 students.

A Word of Caution

The YRBS represents the most complete and most recent information available about risk behaviors among Vermont students. However, the YRBS has some limitations that you should keep in mind when interpreting the results.

- **Data Quality:** We take numerous precautions to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) carefully designed and thoroughly tested the questionnaire. The anonymous survey encourages students to be honest and forthright. The CDC runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. We statistically adjust, or weight, the results so that the responses accurately represent all Vermont public school students based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.
- **Who's Not Included:** Administrators make every effort to have all students complete the YRBS. However, students who are not at school the day of the survey are not included in the results. Additionally, students who are home schooled, attend independent schools that chose not to participate, or dropped out of school are not included.
- **Comparing Supervisory Unions/School Districts to Each Other and to the State:** Participating supervisory unions and school districts receive reports of their results comparing them directly to the state. It is natural to also want to know how individual supervisory unions or school districts compare to each other, but we urge caution in making such comparisons because the reasons for the differences may not be simple or easy to identify.
- **What, not Why:** The YRBS can indicate what students are doing. It can also suggest which groups of students are more likely to engage in these behaviors. However, the survey does not answer why they are doing it. We encourage students to analyze their own data and offer insight into the results.

Personal Safety

Feeling safe – whether at school, in a car, or in a relationship – fosters positive adolescent development. The high school and middle school surveys included questions on fighting, bullying, seat belt use, safety at school, helmet use, and suicidality. The high school survey included additional questions on driving behaviors, dating violence, and self-harm.

- Physical fighting is a marker for problem behaviors¹ and is associated with serious injury.^{2,3} Abuse by an intimate partner and forced sex are associated with negative psychosocial outcomes, poor mental health outcomes, and other risk behaviors among both males and females.^{4,5,6}
- Both being a bully and being victimized by bullies have been increasingly recognized as health problems for children because of their association with a range of problems, including poor psychological adjustment,^{7,8} poor academic achievement,⁸ and violent behavior.⁹
- Motor vehicle crash injuries are the leading cause of death among youth ages 15 to 19 in the U.S.¹⁰ Proper use of safety belts reduces the risk of fatal injury to front seat passengers by 45% and risk of moderate to critical injury by 50%.¹¹
- Bicycle helmets are 85% to 88% effective at reducing the impact of head and brain injuries due to bicycle crashes.¹² Despite this, less than one quarter of bicyclists wear helmets.¹²
- In 2011, alcohol use was associated with nearly four in ten motor vehicle-related fatalities nationwide and in Vermont.¹³ Additionally, research examining drugs other than alcohol indicates that marijuana is the most prevalent drug detected in impaired drivers, fatally injured drivers, and motor vehicle crash victims nationwide.¹⁴

Alcohol, Tobacco and Other Drugs

Early use of alcohol, tobacco, and other drugs is associated with myriad problems later in life. The high school and middle school surveys asked about tobacco, alcohol, marijuana, inhalant, and prescription drug use. Both surveys also asked the age at which students first used alcohol, cigarettes, and marijuana. The high school survey asked additional questions on other drug use, such as heroin. Both surveys asked about ease of availability of alcohol, cigarettes, and marijuana, peer disapproval of use of these substances, perceived parental disapproval of use, and the risk of harm associated with use of these substances.

- Alcohol use is a major contributing factor in about half of all homicides and sexual assaults,¹⁵ and about one-third of all motor vehicle crash fatalities.¹⁶ Heavy drinking among youth has been linked to violence, academic and job problems, suicidal behavior, trouble with law enforcement authorities, risky sexual behavior, and use of cigarettes, marijuana, and other illegal drugs.^{17,18}
- Tobacco use is the single most preventable cause of death in the United States,¹⁹ contributing to more than one in five deaths.²⁰ Cigarette smoking increases the risk of heart disease, chronic obstructive pulmonary disease, acute respiratory illness, stroke, and cancers of the lung, larynx, oral cavity, pharynx, pancreas, and cervix.¹⁹
- Marijuana use is associated with smoking-related respiratory damage, temporary short-term memory loss, decreased motivation, and psychological dependence.²¹ Other reactions include feelings of distrust, anxiety, or depression.²¹ In Vermont, more teens enter treatment with a primary diagnosis for marijuana dependence than all other illicit drugs combined.²²
- Other drug use is related to suicide, early unwanted pregnancy, school failure, delinquency, and transmission of sexually transmitted diseases (STDs), including HIV infection.²³
- Multi-year results from the Monitoring the Future survey indicate that the prevalence of marijuana use among youth declines as the percentage of youth expressing disapproval of marijuana increases.²⁴ As perception of harm of using alcohol and other drugs decreases, there is a tendency for use to increase.²⁴ Increased use is also associated with the perception that substances are readily available, regardless of whether the perception is accurate.²⁴

Sexual Behavior and Orientation

Experimentation with sexual behaviors and orientation often starts during adolescence. The high school survey asked about age of first sexual intercourse, frequency, sexual partners, sexual orientation, alcohol and drug use related to sexual intercourse, contraceptive use, and HIV testing.

- Early sexual activity and having multiple sexual partners are associated with an increased risk of unwanted pregnancy, sexually transmitted diseases (STDs) including HIV infection,²⁵ and negative effects on social and psychological development.²⁶ Alcohol and drug use may serve as predisposing factors for initiation of sexual activity.²⁷
- Of the nearly 19 million new cases of STDs per year in the United States, almost half are among youth ages 15-24.²⁸ STDs may result in infertility and facilitation of HIV transmission and may have an adverse effect on pregnancy outcomes and maternal and child health.²⁶ Besides abstinence, condom use is currently the most effective means of preventing sexual transmission of HIV and other STDs.²⁹
- Although many lesbian, gay, bisexual, and transgender adolescents lead happy and healthy lives, others face tremendous challenges to growing up physically and mentally healthy. Compared to heterosexual youth, lesbian, gay, bisexual, and transgender youth are at higher risk for depression, tobacco, alcohol and other drug use, suicide, and unhealthy sexual behaviors.³⁰

Body Image

Negative feelings about weight and body image often develop in adolescence. The high school and middle school surveys included questions about weight perception and weight control. The high school survey asked for students' height and weight to calculate body mass index.

- There are more than three times as many overweight children and adolescents in the U.S. than there were in 1980.³¹ Obesity during childhood and adolescence is associated with negative psychological and social consequences and adverse health outcomes, including type 2 diabetes, obstructive sleep apnea, hypertension, dyslipidemia, and metabolic syndrome.³² Overweight and obesity acquired during childhood or adolescence may persist into adulthood.³³ Approximately 400,000 deaths a year in the United States are currently associated with overweight and obesity.²⁰

Nutrition and Physical Activity

Nutritious eating and physical activity are two cornerstones of healthy adolescent development. The high school and middle school surveys asked about breakfast consumption, physical activity, physical education classes, and television, computer, and video game use. The high school survey also asked about consumption of fruits, vegetables, soda, and sugar-sweetened beverages.

- Fruits and vegetables are good sources of complex carbohydrates, vitamins, minerals, and other substances that are important for good health. Dietary patterns with higher intakes of fruits and vegetables are associated with a variety of health benefits, including a decreased risk for some types of cancer.³⁹⁻⁴³
- In recent years, soft drink consumption has significantly increased among children and adolescents. Consumption of sugar-sweetened drinks, including soft drinks, appears to be associated with an increased risk for being overweight in children.⁴⁴⁻⁴⁵
- Regular physical activity builds and maintains healthy bones and muscles, controls weight, builds lean muscle, reduces fat, reduces feelings of depression and anxiety. It also decreases the risk of dying prematurely, dying of heart disease, and developing diabetes, colon cancer, and high blood pressure.⁴⁶ The U.S. Department of Health and Human Services recommends that young people ages 6–17 participate in at least 60 minutes of physical activity every day.⁴⁶
- By 12th grade, more than half of female students in the U.S. do not participate in vigorous physical activity regularly. School physical education classes can increase adolescent participation in physical activity and help adolescents develop the knowledge, attitudes, and skills they need to engage in lifelong physical activity.⁴⁷⁻⁵⁰
- Television viewing is the principal sedentary leisure time behavior in the U.S. Studies have shown that television viewing in young people is related to obesity⁵¹ and violent or aggressive behavior.⁵²⁻⁵⁴ Using the computer for fun and playing video games have become increasingly common sedentary leisure time activities among young people as well.

Measures of Youth Assets

Adolescent achievement requires sources of positive influence. The high school and middle school surveys asked about school and community connectivity as well as parental conversations about school. The high school survey asked additional questions about volunteerism and grades earned in school.

- Above-average school performance is one of many developmental assets, or factors promoting positive development. Studies have shown that students who get higher grades in school are less likely to use cigarettes, alcohol, or marijuana, and are more likely to postpone sexual intercourse.⁵⁵
- One of the strongest predictors of students' success in school is the extent to which their parents stay involved with their schoolwork.⁵⁶ A national study of adolescent health found that youth who reported a "connectedness" to their parents/family and school were the least likely to engage in risky behaviors.⁵⁷ Parental expectations regarding school achievement were also associated with lower levels of risk behaviors.⁵⁷
- Research shows that involvement in constructive, supervised extracurricular activities is associated with reduced likelihood of involvement in risky behaviors such as school failure, drug use, and delinquency.⁵⁸ In addition, evidence is emerging that students who participate in such activities are also more likely to engage in other "thriving" behaviors.⁵⁹
- Youth are not simply objects of adult efforts to modify their behaviors. Rather, if given the opportunities, they can make significant contributions to their families, schools, and communities. Adolescents, especially, need to exercise decision-making power in as many settings as is practical, so that they can develop into competent adults. Schools are a natural setting for youth to share in decisions that affect their lives.

References

1. Sosin, D.M., Koepsell, T.D., Rivara, F.P., Mercy, J.A. Fighting as a marker for multiple problem behaviors in adolescents. *Journal of Adolescent Health* 16(3):209-215, 1995.
2. Pickett, W., Craig, W., Harel, Y., et al. Cross-national study of fighting and weapon carrying as determinants of adolescent injury. *Pediatrics* 116(6):e855-863, 2005.
3. Borowsky, I.W., Ireland, M. Predictors of future fight-related injury among adolescents. *Pediatrics* 113(3 pt 1):530-536, 2005.
4. Roberts, T.A., Klein, J.D., Fisher, S. Longitudinal effect of intimate partner abuse and high-risk behavior among adolescents. *Archives of Pediatrics and Adolescent Medicine* 157(9):875-881, 2003.
5. Ackard, D.M., Neumark-Sztainer, D. Date violence and date rape among adolescents: Association with disordered eating behaviors and psychological health. *Child Abuse and Neglect* 26(5):455-473, 2002.
6. Howard, D.E., Wang, M.Q. Psychosocial correlates of U.S. adolescents who report a history of forced sexual intercourse. *Journal of Adolescent Health* 36(5):372-379, 2005.
7. Juvonen, J., Graham, S., Schuster, M.A. Bullying among young adolescents: the strong, the weak, and the troubled. *Pediatrics* 112(6 pt 1): 1231-1237, 2003.
8. Spivak, H., Prothrow-Stith, D. The need to address bullying-an important component of violence prevention. *JAMA* 285(16):2131-2132, 2001.
9. Nansel, T.R., Overpeck, M., Pilla, R.S., et al. Bullying behaviors among U.S. youth: prevalence and association with psychological adjustment. *JAMA* 285(16):2094-2100, 2001.
10. Centers for Disease Control and Prevention. Web-based Injury Statistics Query and Reporting System (WISQARS). National Center for Injury Prevention and Control, Centers for Disease Control and Prevention. Online: www.cdc.gov/injury/wisqars/index.html
11. National Highway Traffic Safety Administration. Traffic safety facts: occupant protection, 2007. Online: www-nrd.nhtsa.dot.gov/Pubs/811729.PDF
12. National Highway Traffic Safety Administration. Traffic safety facts: bicycle helmet use laws, 2008. Online: www.nhtsa.dot.gov/people/injury/TSFLaws/PDFs/810886.pdf
13. National Highway Traffic Safety Administration. Traffic safety facts: state alcohol-impaired driving estimates, 2009. Online: www-nrd.nhtsa.dot.gov/Pubs/81162.pdf
14. Jones, R.K., Shinar, D., Walsh, J.M. State of Knowledge of Drug-Impaired Driving. National Highway Traffic Safety Administration Technical Report DOT HS 809 642. Washington, DC: U.S. Department of Transportation, 2003.
15. Abbey, A., Zawacki, T., Buck, P.O., et al. Alcohol and sexual assault. *Alcohol Research and Health* 25(1):43-51, 2001.
16. Miller, J.W., Naimi, T.S., Brewer, R.D., Jones, S.E. Binge drinking and associated health risk behaviors among high school students. *Pediatrics* 119(1):76-85, 2007.

References

17. National Research Council and Institute of Medicine (2004). *Reducing Underage Drinking: A Collective Responsibility*. Committee on Developing a Strategy to Reduce and Prevent Underage Drinking, Richard J. Bonnie and Mary Ellen O'Connell, Editors. Board on Children, Youth, and Families, Division of Behavioral and Social Sciences and Education. Washington, DC: The National Academies Press.
18. U.S. Department of Health and Human Services. *The Surgeon General's Call to Action to Prevent and Reduce Underage Drinking*. U.S. Department of Health and Human Services, Office of the Surgeon General, 2007.
19. U.S. Department of Health and Human Services. *The Health Consequences of Smoking: A Report of the Surgeon General*. U.S. Department of Health and Human Services; Centers for Disease Control and Prevention; National Center for Chronic Disease Prevention and Health Promotion: Office on Smoking and Health, 2004.
20. Mokdad, A.H., Marks, J.S., Stroup, D.F., Gerberding, J.L. Actual causes of death in the United States, 2000. *JAMA* 291(10):1238-1245, 2004.
21. National Institute on Drug Abuse. *Research Report Series: Marijuana Abuse* (NIH Publication 05-3859). Bethesda, MD: National Institute on Drug Abuse, 2002.
22. Vermont Substance Abuse Treatment Information System. Data online at: www.healthvermont.gov/adap/clearinghouse/documents/AdolescentsbySAandFY.pdf
23. Newcomb, M.D., Locke T. Health, social, and psychological consequences of drug use and abuse. In: *Epidemiology of Drug Abuse* (Z. Sloboda, ed.). Springer U.S., 2006.
24. Johnston, L., O'Malley, P., Bachman, J. G., Shulenberg, J.E. *National Survey Results on Drug Use From the Monitoring the Future Study, 1975-2007, Volume I: Secondary School Students* (NIH Publication No. 08-6418A). Bethesda, MD: National Institute of Drug Abuse, 2008.
25. Abma JC, Martinez GM, Copen CE. Teenagers in the United States: Sexual activity, contraceptive use, and childbearing, National Survey of Family Growth 2006-2008. *National Center for Health Statistics. Vital Health Stat* 23 (30). 2010.
26. Centers for Disease Control and Prevention. *Fact sheet on STDs and pregnancy*. Online: www.cdc.gov/std/pregnancy/STDs-and-pregnancy-fact-sheet.pdf
27. Cavazos-Rehg, P.A., Krauss, M.J., Spitznagel, E.L., et al. Substance use and the risk for sexual intercourse with and without a history of teenage pregnancy among adolescent females. *Journal of Studies on Alcohol and Drugs* 72(2): 194-198, 2011.
28. Gavin, L., MacKay, A.P., Brown, K., et al. Sexual and reproductive health of persons aged 10-24 years – United States, 2002-2007. *MMWR Surveillance Summaries* 58(6): 1-58, 2009.
29. Joint United Nations Programme on HIV/AIDS (UNAIDS). *Fast Facts about HIV Prevention*. Online at: www.unaids.org/en/media/unaids/contentassets/dataimport/pub/basedocument/2008/20080501_fastfacts_prevention_en.pdf
30. Kann, L., Olsen, E.O., McManus, T., et al. *Sexual Identity, Sex of Sexual Contacts, and Health-Risk Behaviors Among Students in Grades 9-12 — Youth Risk Behavior Surveillance, Selected Sites, United States, 2001-2009*. *MMWR Early Release* 60(7): 1-133, 2011.

References

31. Ogden, C.L., Carroll, M.D. Prevalence of obesity among children and adolescents: United States, trends 1963-1965 through 2007-2008. National Center for Health Statistics Health E-Stats, June 2010.
32. Daniels, S.R., Arnett, D.K., Eckel, R.H., et al. Overweight in children and adolescents: pathophysiology, consequences, prevention, and treatment. *Circulation* 111(15):1999-2012, 2005.
33. Wright, C.M., Parker, L., Lamont, D., Craft, A.W. Implications of childhood obesity for adult health: findings from thousand families cohort study. *British Medical Journal* 323(7324):1280-1284, 2001.
34. Tremblay, L., Lariviere, M. The influence of puberty onset, body mass index, and pressure to be thin on disordered eating behaviors in children and adolescents. *Eating Behaviors* 10(2):75-83, 2009.
35. Mitchell, J.E., Eckert, E.D. Scope and significance of eating disorders. *Journal of Consulting Clinical Psychology* 55:628-634, 1987.
36. Neumark-Sztainer, D., Hannan, P.J. Weight-related behaviors among adolescent girls and boys: results from a national survey. *Archives of Pediatric and Adolescent Medicine* 154(6):569-577, 2000.
37. Neumark-Sztainer, D., Story, M., Hannan, P.J., et al. Weight-related concerns and behaviors among overweight and nonoverweight adolescents: implications for preventing weight-related disorders. *Archives of Pediatric and Adolescent Medicine* 156(2):171-178, 2002.
38. Fisher, D.E. and James, W.D. Indoor tanning — science, behavior, and policy. *New England Journal of Medicine* 363:901-903, 2010.
39. Key, T.J., Schatzkin, A., Willet, W.C., et al. Diet, nutrition, and the prevention of cancer. *Public Health Nutrition* 7(1A):187-200, 2004.
40. National Cancer Institute. 5 A Day for Better Health Program (NIH Publication 01-5019). Bethesda, MD, 2001.
41. Kavey, R.E., Daniels, S.R., Lauer, R.M., et al. American Heart Association guidelines for primary prevention of atherosclerotic cardiovascular disease beginning in childhood. *Journal of Pediatrics* 142(4):368-372, 2003.
42. Terry, P., Terry, J.B., Wolk, A. Fruit and vegetable consumption in the prevention of cancer: an update. *Journal of Internal Medicine* 250(4):280-290, 2001.
43. Van Duyn, M.A., Pivonka, E. Overview of the health benefits of fruit and vegetable consumption for the dietetics professional: selected literature. *Journal of the American Dieticians Association* 100(12):1511-1521, 2000.
44. Malik, V.S., Schulze, M.B., Hu, F.B. Intake of sugar-sweetened beverages and weight gain: a systematic review. *American Journal of Clinical Nutrition* 84(2):274-288, 2006.
45. Ludwig, D.S., Peterson, K.E., Gortmaker, S.L. Relation between consumption of sugar-sweetened drinks and childhood obesity: a prospective, observational analysis. *Lancet* 357(9255):505-508, 2001.
46. Physical Activity Guidelines Advisory Committee. Physical Activity Guidelines Advisory Committee Report, 2008. Washington, D.C.: U.S. Department of Health and Human Services, 2008.

References

47. Durant, N., Harris, S.K., Doyle, S., et al. Relation of school environment and policy to adolescent physical activity. *Journal of School Health* 79(4):153-159, 2009.
48. McKenzie, K.L., Li, D., Derby, C.A., et al. Maintenance of effects of the CATCH Physical Education Program: results from the CATCH-ON Study. *Health Education & Behavior* 30(4):447-462, 2003.
49. U.S. Department of Health and Human Services and U.S. Department of Education. Promoting better health for young people through physical activity and sports. 2000. Online: www.cdc.gov/HealthyYouth/physicalactivity/promoting_health/pdfs/ppar.pdf
50. Center for Disease Control and Prevention. Guidelines for school and community programs to promote lifelong physical activity among young people. *Morbidity and Mortality Weekly Report* 46 (No. RR-6):1-36, 1997.
51. Zabinski, M.F., Norman, G.J., Sallis, J.F., et al. Patterns of sedentary behavior among adolescents. *Health Psychology* 26(1):113-120, 2007.
52. Crespo, C.J., Smit, E., Troiano, R.P., et al. Television watching, energy intake, and obesity in U.S. children: results from the third National Health and Nutrition Examination Survey, 1988-1994. *Archives of Pediatric and Adolescent Medicine* 155(3):360-365, 2001.
53. Kaur, H., Choi, W.S., Mayo, M.S., Harris, K.J. Duration of television watching is associated with increased body mass index. *Journal of Pediatrics* 143(4):506-511, 2003.
54. Kuntsche, E., Pickett, W., Overpeck, M., et al. Television viewing and forms of bullying among adolescents from eight countries. *Journal of Adolescent Health* 39(6):908-915, 2006.
55. Resnick, M.D., Bearman, P.S., Blum, R.W., et al. Protecting adolescents from harm. Findings from the National Longitudinal Study on Adolescent Health. *JAMA* 278(10):823-832, 1997.
56. Fan, X., Chen, M. Parental involvement and students' academic achievement: a meta-analysis. *Educational Psychology Review* 13(1):1-22, 2001.
57. U.S. Council of Economic Advisors. Teens and their parents in the 21st century: An examination of trends in teen behavior and the role of parental involvement. 2000. Online: http://clinton3.nara.gov/WH/EOP/CEA/html/Teens_Paper_Final.pdf
58. Fredricks, J.A., Eccles, J.S. Is extracurricular participation associated with beneficial outcomes? *Developmental Psychology* 42(4):698-713, 2006.
59. Scales, P.C., Benson, P.L., Leffert, N., Blyth, D.A. Contribution of developmental assets to prediction of thriving among adolescents. *Applied Developmental Science* 4(1):27-46, 2000.

2015 Vermont Youth Risk Behavior Survey Report

High School Report for Orleans Southwest SU

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

Demographics

Orleans SW
Number of High School Students in Orleans Southwest SU

Orleans Southwest SU Total

232

Sex	Total	%
Not indicated / Missing	7	3%
Female	114	49%
Male	111	47%

Grade	Total	%
Not indicated / Ungraded	5	2%
9th grade	66	28%
10th grade	63	27%
11th grade	54	23%
12th grade	44	18%

Race / Ethnicity	Total	%
Not indicated /Missing	9	3%
Ethnic or racial minority	34	14%
White non-Hispanic	189	81%

Mother's Level of Education	Total	%
Not indicated / Missing	4	1%
High school or less	89	38%
Some college	35	15%
College graduate	64	27%
Graduate or professional degree after college	21	9%
Not sure	19	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Orleans Southwest SU.

Demographics

Vermont
Number of High School Students in Vermont

Vermont Total

21013

Sex	Total	%
Not indicated / Missing	294	1%
Female	10243	48%
Male	10476	49%

Grade	Total	%
Not indicated / Ungraded	297	1%
9th grade	5627	26%
10th grade	5586	26%
11th grade	5171	24%
12th grade	4332	20%

Race / Ethnicity	Total	%
Not indicated /Missing	611	2%
Ethnic or racial minority	3197	15%
White non-Hispanic	17205	81%

Mother's Level of Education	Total	%
Not indicated / Missing	176	0%
High school or less	5495	26%
Some college	2746	13%
College graduate	6905	32%
Graduate or professional degree after college	3825	18%
Not sure	1866	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who were in a physical fight, past 12 months**

		Orleans SW	Vermont	Notes
Grade	9th	32%	22%	SU/SD statistically higher
	10th	20%	20%	
	11th	15%	17%	
	12th	.	14%	Too few students
Sex	Female	12%	12%	
	Male	27%	24%	
Total		21%	18%	

1.02 Percent of students who were in a physical fight on school property, past 12 months

		Orleans SW	Vermont	Notes
Grade	9th	15%	10%	SU/SD statistically higher
	10th	9%	8%	
	11th	.	6%	Too few students
	12th	.	5%	Too few students
Sex	Female	.	4%	Too few students
	Male	12%	10%	
Total		9%	7%	

1.03 Percent of students who were threatened or injured with a weapon on school property, past 12 months

		Orleans SW	Vermont	Notes
Grade	9th	.	6%	Too few students
	10th	.	6%	Too few students
	11th	.	4%	Too few students
	12th	.	4%	Too few students
Sex	Female	.	4%	Too few students
	Male	6%	6%	
Total		4%	5%	

*1 Personal Safety***1.04 Percent of students who carried a weapon such as a gun, knife, or club on school property, past 30 days**

		Orleans SW	Vermont	Notes
Grade	9th	.	6%	Too few students
	10th	15%	7%	SU/SD statistically higher
	11th	16%	9%	SU/SD statistically higher
	12th	.	8%	Too few students
Sex	Female	6%	4%	
	Male	19%	11%	SU/SD statistically higher
Total		13%	8%	SU/SD statistically higher

1.05 Percent of students who did not go to school because they felt unsafe, past 30 days

		Orleans SW	Vermont	Notes
Grade	9th	8%	7%	
	10th	.	6%	Too few students
	11th	.	5%	Too few students
	12th	.	5%	Too few students
Sex	Female	6%	7%	
	Male	5%	4%	
Total		5%	6%	

*1 Personal Safety***1.06 Percent of students who reported being bullied, past 30 days**

		Orleans SW	Vermont	Notes
Grade	9th	30%	23%	SU/SD statistically higher
	10th	16%	18%	
	11th	16%	16%	
	12th	.	14%	Too few students
Sex	Female	29%	23%	SU/SD statistically higher
	Male	10%	12%	
Total		18%	18%	

1.07 Percent of students who reported being electronically bullied, past 12 months

		Orleans SW	Vermont	Notes
Grade	9th	25%	20%	
	10th	19%	17%	
	11th	18%	16%	
	12th	.	13%	Too few students
Sex	Female	29%	23%	SU/SD statistically higher
	Male	9%	10%	
Total		18%	16%	

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight, or when teasing is done in a friendly way. Electronic bullying includes through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.08 Percent of students who bullied someone else, past 30 days**

		Orleans SW	Vermont	Notes
Grade	9th	13%	13%	
	10th	.	11%	Too few students
	11th	13%	11%	
	12th	.	10%	Too few students
Sex	Female	10%	11%	
	Male	15%	12%	
Total		13%	11%	

1.09 Percent of students who purposefully hurt themselves without wanting to die, past 12 months

		Orleans SW	Vermont	Notes
Grade	9th	26%	20%	SU/SD statistically higher
	10th	14%	19%	
	11th	20%	17%	
	12th	.	14%	Too few students
Sex	Female	27%	26%	
	Male	14%	9%	SU/SD statistically higher
Total		19%	17%	

1.10 Percent of students who felt sad or hopeless for two weeks in a row, past 12 months

		Orleans SW	Vermont	Notes
Grade	9th	25%	24%	
	10th	26%	26%	
	11th	32%	24%	SU/SD statistically higher
	12th	.	24%	Too few students
Sex	Female	32%	34%	
	Male	20%	15%	
Total		26%	24%	

*1 Personal Safety***1.11 Percent of students who made a suicide plan, past 12 months**

		Orleans SW	Vermont	Notes
Grade	9th	17%	13%	
	10th	8%	13%	SU/SD statistically lower
	11th	18%	12%	SU/SD statistically higher
	12th	.	10%	Too few students
Sex	Female	22%	16%	SU/SD statistically higher
	Male	.	8%	Too few students
Total		12%	12%	

1.12 Percent of students who attempted suicide, past 12 months

		Orleans SW	Vermont	Notes
Grade	9th	11%	7%	SU/SD statistically higher
	10th	.	6%	Too few students
	11th	.	5%	Too few students
	12th	.	5%	Too few students
Sex	Female	7%	8%	
	Male	.	4%	Too few students
Total		5%	6%	

1.13 Percent of students who attempted suicide that resulted in an injury, poisoning, or overdose that required medical treatment, past 12 months

		Orleans SW	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	.	2%	Too few students
	12th	.	2%	Too few students
Sex	Female	.	3%	Too few students
	Male	.	1%	Too few students
Total		.	2%	Too few students

*1 Personal Safety***1.14 Percent of students who dated in the past 12 months and were physically hurt by someone they were dating or going out with**

		Orleans SW	Vermont	Notes
Grade	9th	.	8%	Too few students
	10th	.	9%	Too few students
	11th	.	9%	Too few students
	12th	.	9%	Too few students
Sex	Female	9%	11%	
	Male	13%	7%	SU/SD statistically higher
Total		11%	9%	

1.15 Percent of students who have ever been physically forced to have sexual intercourse

		Orleans SW	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	6%	Too few students
	11th	9%	7%	
	12th	.	8%	Too few students
Sex	Female	9%	10%	
	Male	.	3%	Too few students
Total		7%	7%	

*1 Personal Safety***1.16 Percent of students who rode with a drinking driver, past 30 days**

		Orleans SW	Vermont	Notes
Grade	9th	30%	19%	SU/SD statistically higher
	10th	12%	20%	SU/SD statistically lower
	11th	24%	20%	
	12th	.	19%	Too few students
Sex	Female	25%	20%	SU/SD statistically higher
	Male	20%	19%	
Total		23%	20%	

1.17 Percent of students who rode with a driver who had been smoking marijuana, past 30 days

		Orleans SW	Vermont	Notes
Grade	9th	28%	13%	SU/SD statistically higher
	10th	23%	20%	
	11th	25%	26%	
	12th	.	29%	Too few students
Sex	Female	27%	22%	SU/SD statistically higher
	Male	23%	22%	
Total		25%	22%	

*1 Personal Safety***1.18 Percent of drivers who drove a car or other vehicle when they had been drinking alcohol, past 30 days**

		Orleans SW	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	4%	Too few students
	11th	.	8%	Too few students
	12th	.	9%	Too few students
Sex	Female	.	5%	Too few students
	Male	8%	9%	
Total		6%	7%	

1.19 Percent of drivers who drove a car or other vehicle when they had been smoking marijuana, past 30 days

		Orleans SW	Vermont	Notes
Grade	9th	.	8%	Too few students
	10th	.	10%	Too few students
	11th	.	18%	Too few students
	12th	.	20%	Too few students
Sex	Female	.	12%	Too few students
	Male	13%	18%	
Total		10%	15%	SU/SD statistically lower

1.20 Percent of drivers who texted or e-mailed while driving a car or other vehicle, past 30 days

		Orleans SW	Vermont	Notes
Grade	9th	.	10%	Too few students
	10th	.	15%	Too few students
	11th	.	40%	Too few students
	12th	.	50%	Too few students
Sex	Female	25%	33%	SU/SD statistically lower
	Male	31%	33%	
Total		29%	33%	

*1 Personal Safety***1.21 Percent of students who rode a bicycle and reported never or rarely wearing a bicycle helmet, past 12 months**

		Orleans SW	Vermont	Notes
Grade	9th	.	48%	Too few students
	10th	.	54%	Too few students
	11th	.	55%	Too few students
	12th	.	56%	Too few students
Sex	Female	50%	49%	
	Male	72%	56%	SU/SD statistically higher
Total		63%	53%	SU/SD statistically higher

1.22 The percent of students who have had a sunburn in the past 12 months

		Orleans SW	Vermont	Notes
Grade	9th	65%	63%	
	10th	67%	65%	
	11th	70%	65%	
	12th	.	67%	Too few students
Sex	Female	75%	72%	
	Male	64%	59%	
Total		69%	65%	SU/SD statistically higher

1.23 The percent of students who have used a tanning device such as a sunlamp, sunbed, or tanning booth in the last 12 months

		Orleans SW	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	3%	Too few students
	11th	9%	4%	SU/SD statistically higher
	12th	.	6%	Too few students
Sex	Female	10%	5%	SU/SD statistically higher
	Male	4%	3%	
Total		7%	4%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.01 Percent of students who ever drank alcohol other than a few sips**

		Orleans SW	Vermont	Notes
Grade	9th	40%	37%	
	10th	42%	51%	SU/SD statistically lower
	11th	59%	63%	
	12th	.	71%	Too few students
Sex	Female	55%	57%	
	Male	47%	54%	SU/SD statistically lower
Total		51%	56%	SU/SD statistically lower

2.02 Percent of students who drank alcohol, other than a few sips, before age 13

		Orleans SW	Vermont	Notes
Grade	9th	17%	14%	
	10th	15%	13%	
	11th	19%	12%	SU/SD statistically higher
	12th	.	10%	Too few students
Sex	Female	14%	10%	SU/SD statistically higher
	Male	16%	14%	
Total		15%	12%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.03 Percent of students who drank alcohol, past 30 days**

		Orleans SW	Vermont	Notes
Grade	9th	24%	17%	SU/SD statistically higher
	10th	26%	26%	
	11th	35%	34%	
	12th	.	42%	Too few students
Sex	Female	33%	30%	
	Male	30%	29%	
Total		31%	30%	

2.04 Percent of students who had five or more drinks in a row (binged), past 30 days

		Orleans SW	Vermont	Notes
Grade	9th	10%	8%	Too few students
	10th	14%	13%	
	11th	15%	19%	
	12th	.	24%	
Sex	Female	18%	15%	
	Male	13%	17%	
Total		15%	16%	

*2 Alcohol, Tobacco and other Drug Use***2.05 Among students who drank alcohol, the number of days students drank in the last 30 days**

			Orleans SW	Vermont	Notes
Grade	9th	1 to 2 days	.	55%	Too few students
		3 to 9 days	.	33%	Too few students
		10+ days	.	11%	Too few students

	10th	1 to 2 days	.	57%	Too few students
		3 to 9 days	.	34%	Too few students
		10+ days	.	9%	Too few students

	11th	1 to 2 days	.	49%	Too few students
		3 to 9 days	.	40%	Too few students
		10+ days	.	11%	Too few students

	12th	1 to 2 days	.	47%	Too few students
		3 to 9 days	.	40%	Too few students
		10+ days	.	13%	Too few students

Sex	Female	1 to 2 days	.	55%	Too few students
		3 to 9 days	.	36%	Too few students
		10+ days	.	9%	Too few students

	Male	1 to 2 days	.	47%	Too few students
		3 to 9 days	.	38%	Too few students
		10+ days	.	15%	Too few students

Total	1 to 2 days		48%	51%	
	3 to 9 days		39%	37%	
	10+ days		13%	12%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

*2 Alcohol, Tobacco and other Drug Use***2.06 Among students who drank alcohol in the last 30 days, the greatest number of drinks consumed in one sitting**

			Orleans SW	Vermont	Notes
Grade	9th	1 to 2 drinks	.	49%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	32%	Too few students

	10th	1 to 2 drinks	.	41%	Too few students
		3 to 4 drinks	.	20%	Too few students
		5 or more drinks	.	39%	Too few students

	11th	1 to 2 drinks	.	33%	Too few students
		3 to 4 drinks	.	18%	Too few students
		5 or more drinks	.	49%	Too few students

	12th	1 to 2 drinks	.	32%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	49%	Too few students

Sex	Female	1 to 2 drinks	.	40%	Too few students
		3 to 4 drinks	.	23%	Too few students
		5 or more drinks	.	38%	Too few students

	Male	1 to 2 drinks	.	33%	Too few students
		3 to 4 drinks	.	16%	Too few students
		5 or more drinks	.	52%	Too few students

Total	1 to 2 drinks		37%	36%	
	3 to 4 drinks		18%	19%	
	5 or more drinks		45%	45%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

2.07 Among students who drank in the past 30 days, usual source of alcohol

		Orleans SW	Vermont	Notes	
Grade	9th	Bought it	.	3%	Too few students
		Gave someone money	.	12%	Too few students
		Someone gave it to me	.	36%	Too few students
		Took it / some other way	.	49%	Too few students

	10th	Bought it	.	3%	Too few students
		Gave someone money	.	18%	Too few students
		Someone gave it to me	.	41%	Too few students
		Took it / some other way	.	37%	Too few students

	11th	Bought it	.	4%	Too few students
		Gave someone money	.	28%	Too few students
		Someone gave it to me	.	41%	Too few students
		Took it / some other way	.	27%	Too few students

	12th	Bought it	.	7%	Too few students
		Gave someone money	.	29%	Too few students
		Someone gave it to me	.	43%	Too few students
		Took it / some other way	.	22%	Too few students

Sex	Female	Bought it	.	2%	Too few students
		Gave someone money	.	24%	Too few students
		Someone gave it to me	.	46%	Too few students
		Took it / some other way	.	28%	Too few students

	Male	Bought it	.	7%	Too few students
		Gave someone money	.	24%	Too few students
		Someone gave it to me	.	35%	Too few students
		Took it / some other way	.	34%	Too few students

Total		Bought it	29%	5%	SU/SD statistically higher
		Gave someone money	53%	24%	SU/SD statistically higher
		Someone gave it to me	17%	40%	SU/SD statistically lower
		Took it / some other way	17%	31%	SU/SD statistically lower

2 Alcohol, Tobacco and other Drug Use

2.08 Among students who drank in the past 30 days, the location where students typically consumed alcohol

			Orleans SW	Vermont	Notes
Grade	9th	At my home	.	46%	Too few students
		At another person's home	.	43%	Too few students
		At a public place or event	.	12%	Too few students

	10th	At my home	.	37%	Too few students
		At another person's home	.	53%	Too few students
		At a public place or event	.	10%	Too few students

	11th	At my home	.	32%	Too few students
		At another person's home	.	58%	Too few students
		At a public place or event	.	9%	Too few students

	12th	At my home	.	30%	Too few students
		At another person's home	.	60%	Too few students
		At a public place or event	.	10%	Too few students

Sex	Female	At my home	.	34%	Too few students
		At another person's home	.	58%	Too few students
		At a public place or event	.	8%	Too few students

	Male	At my home	.	34%	Too few students
		At another person's home	.	53%	Too few students
		At a public place or event	.	13%	Too few students

Total	At my home		34%	34%	
	At another person's home		62%	55%	
	At a public place or event		.	10%	Too few students

*2 Alcohol, Tobacco and other Drug Use***2.09 Percent of students who have ever smoked a whole cigarette**

		Orleans SW	Vermont	Notes
Grade	9th	19%	14%	
	10th	17%	18%	
	11th	31%	24%	
	12th	.	28%	Too few students
Sex	Female	25%	19%	SU/SD statistically higher
	Male	27%	23%	
Total		26%	21%	SU/SD statistically higher

2.10 Percent of students who smoked a whole cigarette before age 13

		Orleans SW	Vermont	Notes
Grade	9th	10%	6%	
	10th	.	6%	Too few students
	11th	.	6%	Too few students
	12th	.	6%	Too few students
Sex	Female	9%	5%	SU/SD statistically higher
	Male	6%	7%	
Total		7%	6%	

2.11 Percent of students who smoked cigarettes, past 30 days

		Orleans SW	Vermont	Notes
Grade	9th	10%	7%	
	10th	7%	9%	
	11th	21%	12%	SU/SD statistically higher
	12th	.	14%	Too few students
Sex	Female	15%	10%	SU/SD statistically higher
	Male	14%	12%	
Total		14%	11%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.12 Among students who smoked cigarettes in the past month, number of days students smoked**

			Orleans SW	Vermont	Notes
Grade	9th	1 to 2 days	.	35%	Too few students
		3 to 9 days	.	26%	Too few students
		10+ days	.	39%	Too few students

	10th	1 to 2 days	.	31%	Too few students
		3 to 9 days	.	25%	Too few students
		10+ days	.	44%	Too few students

	11th	1 to 2 days	.	29%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	48%	Too few students

	12th	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	19%	Too few students
		10+ days	.	55%	Too few students

Sex	Female	1 to 2 days	.	32%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	44%	Too few students

	Male	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	22%	Too few students
		10+ days	.	52%	Too few students

Total		1 to 2 days	.	29%	Too few students
		3 to 9 days	.	22%	Too few students
		10+ days	.	49%	Too few students

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

*2 Alcohol, Tobacco and other Drug Use***2.13 Among students who smoked cigarettes in the past month, the amount of cigarettes smoked on days smoked**

			Orleans SW	Vermont	Notes
Grade	9th	1 cigarette or less	.	51%	Too few students
		2 to 10 cigarettes	.	39%	Too few students
		11 or more cigarettes	.	10%	Too few students

	10th	1 cigarette or less	.	45%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	10%	Too few students

	11th	1 cigarette or less	.	43%	Too few students
		2 to 10 cigarettes	.	48%	Too few students
		11 or more cigarettes	.	9%	Too few students

	12th	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students

Sex	Female	1 cigarette or less	.	47%	Too few students
		2 to 10 cigarettes	.	44%	Too few students
		11 or more cigarettes	.	9%	Too few students

	Male	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students

Total		1 cigarette or less	.	44%	Too few students
		2 to 10 cigarettes	.	44%	Too few students
		11 or more cigarettes	.	12%	Too few students

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

2.14 Among students who smoked cigarettes in the past month and were under age 18, how they obtained cigarettes

			Orleans SW	Vermont	Notes
Grade	9th	Bought them	.	5%	Too few students
		Someone else bought them	.	27%	Too few students
		Borrowed/bummed them	.	37%	Too few students
		Took them / some other way	.	31%	Too few students

	10th	Bought them	.	7%	Too few students
		Someone else bought them	.	26%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	26%	Too few students

	11th	Bought them	.	12%	Too few students
		Someone else bought them	.	31%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	17%	Too few students

	12th	Bought them	.	14%	Too few students
		Someone else bought them	.	32%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	14%	Too few students

Sex	Female	Bought them	.	6%	Too few students
		Someone else bought them	.	30%	Too few students
		Borrowed/bummed them	.	45%	Too few students
		Took them / some other way	.	19%	Too few students

	Male	Bought them	.	14%	Too few students
		Someone else bought them	.	28%	Too few students
		Borrowed/bummed them	.	34%	Too few students
		Took them / some other way	.	24%	Too few students

Total		Bought them	.	10%	Too few students
		Someone else bought them	.	29%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	22%	Too few students

*2 Alcohol, Tobacco and other Drug Use***2.15 Among current smokers, the percent of smokers who tried to quit smoking, past 12 months**

		Orleans SW	Vermont	Notes
Grade	9th	.	45%	Too few students
	10th	.	46%	Too few students
	11th	.	44%	Too few students
	12th	.	39%	Too few students
Sex	Female	.	43%	Too few students
	Male	.	41%	Too few students
Total		.	42%	Too few students

2.16 Percent of students who have ever used electronic vapor products such as e-cigarettes, vaping pens, e-hookahs, and hookah pens.

		Orleans SW	Vermont	Notes
Grade	9th	17%	18%	
	10th	13%	28%	SU/SD statistically lower
	11th	.	35%	Too few students
	12th	.	39%	Too few students
Sex	Female	29%	27%	
	Male	19%	33%	SU/SD statistically lower
Total		25%	30%	SU/SD statistically lower

2.17 Percent of students who have used electronic vapor products, past 30 days

		Orleans SW	Vermont	Notes
Grade	9th	10%	10%	
	10th	.	14%	Too few students
	11th	18%	17%	
	12th	.	19%	Too few students
Sex	Female	15%	13%	
	Male	8%	18%	SU/SD statistically lower
Total		11%	15%	SU/SD statistically lower

2 Alcohol, Tobacco and other Drug Use

2.18 Percent of students who have ever tried a flavored tobacco product

		Orleans SW	Vermont	Notes
Grade	9th	19%	15%	
	10th	17%	21%	
	11th	32%	29%	
	12th	.	32%	Too few students
Sex	Female	27%	20%	SU/SD statistically higher
	Male	25%	28%	
Total		26%	24%	

2.19 Percent of students who tried a flavored tobacco product before age 13

		Orleans SW	Vermont	Notes
Grade	9th	12%	6%	SU/SD statistically higher
	10th	.	5%	Too few students
	11th	.	6%	Too few students
	12th	.	5%	Too few students
Sex	Female	9%	4%	SU/SD statistically higher
	Male	6%	7%	
Total		7%	6%	

NOTE: Flavored tobacco products include any tobacco product flavored to taste like menthol (mint), clove, spice, alcohol (wine or cognac), candy, fruit, chocolate, or other sweets.

*2 Alcohol, Tobacco and other Drug Use***2.20 Percent of students who used smokeless tobacco such as snuff or dip, past 30 days**

		Orleans SW	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	6%	Too few students
	11th	.	8%	Too few students
	12th	.	8%	Too few students
Sex	Female	.	3%	Too few students
	Male	14%	11%	
Total		9%	7%	

2.21 Percent of students who smoked cigars or little cigars, past 30 days

		Orleans SW	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	8%	8%	
	11th	11%	12%	
	12th	.	16%	Too few students
Sex	Female	8%	6%	
	Male	12%	14%	
Total		11%	10%	

*2 Alcohol, Tobacco and other Drug Use***2.22 Percent of students who smoked cigarettes, cigars or little cigars, or used smokeless tobacco, during the past 30 days**

		Orleans SW	Vermont	Notes
Grade	9th	13%	11%	
	10th	9%	15%	SU/SD statistically lower
	11th	26%	21%	
	12th	.	25%	Too few students
Sex	Female	18%	13%	SU/SD statistically higher
	Male	23%	23%	
Total		21%	18%	

2.23 Percent of students who smoked cigarettes, cigars or little cigars, used smokeless tobacco, or electronic vapor products during the past 30 days

		Orleans SW	Vermont	Notes
Grade	9th	17%	16%	
	10th	11%	22%	SU/SD statistically lower
	11th	33%	28%	
	12th	.	32%	Too few students
Sex	Female	26%	20%	SU/SD statistically higher
	Male	23%	29%	SU/SD statistically lower
Total		24%	25%	

*2 Alcohol, Tobacco and other Drug Use***2.24 Percent of students who have ever tried marijuana**

		Orleans SW	Vermont	Notes
Grade	9th	28%	22%	
	10th	27%	32%	
	11th	41%	44%	
	12th	.	49%	Too few students
Sex	Female	34%	36%	
	Male	35%	38%	
Total		34%	37%	

2.25 Percent of students who used marijuana before age 13

		Orleans SW	Vermont	Notes
Grade	9th	7%	6%	
	10th	8%	6%	
	11th	.	7%	Too few students
	12th	.	6%	Too few students
Sex	Female	5%	5%	
	Male	5%	8%	SU/SD statistically lower
Total		5%	6%	

2.26 Percent of students who used marijuana, past 30 days

		Orleans SW	Vermont	Notes
Grade	9th	15%	13%	
	10th	16%	20%	
	11th	23%	27%	
	12th	.	29%	Too few students
Sex	Female	16%	21%	SU/SD statistically lower
	Male	22%	24%	
Total		19%	22%	SU/SD statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.27 Among those who currently use marijuana, the number of times reported using marijuana, in the last month**

			Orleans SW	Vermont	Notes
Grade	9th	1 to 2 times	.	36%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	40%	Too few students

	10th	1 to 2 times	.	32%	Too few students
		3 to 9 times	.	26%	Too few students
		10+ times	.	42%	Too few students

	11th	1 to 2 times	.	30%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	46%	Too few students

	12th	1 to 2 times	.	29%	Too few students
		3 to 9 times	.	23%	Too few students
		10+ times	.	48%	Too few students

Sex	Female	1 to 2 times	.	37%	Too few students
		3 to 9 times	.	26%	Too few students
		10+ times	.	37%	Too few students

	Male	1 to 2 times	.	26%	Too few students
		3 to 9 times	.	23%	Too few students
		10+ times	.	52%	Too few students

Total		1 to 2 times	.	31%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	45%	Too few students

*2 Alcohol, Tobacco and other Drug Use***2.28 Percent of students who ever misused a stimulant or prescription pain reliever**

		Orleans SW	Vermont	Notes
Grade	9th	11%	8%	
	10th	10%	10%	
	11th	15%	13%	
	12th	.	14%	Too few students
Sex	Female	11%	11%	
	Male	10%	12%	
Total		10%	11%	

2.29 Percent of students who misused a stimulant or prescription pain reliever in the past 30 days

		Orleans SW	Vermont	Notes
Grade	9th	.	4%	Too few students
	10th	.	4%	Too few students
	11th	.	5%	Too few students
	12th	.	6%	Too few students
Sex	Female	4%	4%	
	Male	.	5%	Too few students
Total		3%	5%	SU/SD statistically lower

2.30 Percent of students who ever used cocaine

		Orleans SW	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	.	4%	Too few students
	11th	.	5%	Too few students
	12th	.	7%	Too few students
Sex	Female	.	4%	Too few students
	Male	.	6%	Too few students
Total		2%	5%	SU/SD statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.31 Percent of students who ever used inhalants**

		Orleans SW	Vermont	Notes
Grade	9th	.	7%	Too few students
	10th	.	6%	Too few students
	11th	.	7%	Too few students
	12th	.	5%	Too few students
Sex	Female	6%	6%	
	Male	.	7%	Too few students
Total		3%	7%	SU/SD statistically lower

2.32 Percent of students who ever used methamphetamines

		Orleans SW	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	.	3%	Too few students
	12th	.	3%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	3%	Too few students
Total		.	3%	Too few students

2.33 Percent of students who ever used heroin

		Orleans SW	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	.	2%	Too few students
	12th	.	3%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	3%	Too few students
Total		.	2%	Too few students

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use _____

3.01 Percent of students who were in the same room as someone smoking, past 7 days

		Orleans SW	Vermont	Notes
Grade	9th	49%	34%	SU/SD statistically higher
	10th	43%	36%	
	11th	54%	39%	SU/SD statistically higher
	12th	.	38%	Too few students
Sex	Female	50%	37%	SU/SD statistically higher
	Male	50%	37%	SU/SD statistically higher
Total		50%	37%	SU/SD statistically higher

3.02 Percent of students who were in the same car as someone smoking, past 7 days

		Orleans SW	Vermont	Notes
Grade	9th	38%	25%	SU/SD statistically higher
	10th	42%	27%	
	11th	43%	28%	SU/SD statistically higher
	12th	.	28%	Too few students
Sex	Female	41%	28%	SU/SD statistically higher
	Male	40%	27%	SU/SD statistically higher
Total		40%	27%	SU/SD statistically higher

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use***3.03 Frequency in which students see advertisements for tobacco when they are in a grocery store, gas station, or convenience store.**

			Orleans SW	Vermont	Notes
Grade	9th	Never or rarely	17%	19%	
		Sometimes	21%	27%	
		At least most of the time	62%	54%	SU/SD statistically higher

	10th	Never or rarely	28%	19%	SU/SD statistically higher
		Sometimes	30%	27%	
		At least most of the time	43%	53%	SU/SD statistically lower

	11th	Never or rarely	21%	21%	
		Sometimes	29%	28%	
		At least most of the time	50%	52%	

	12th	Never or rarely	.	22%	Too few students
		Sometimes	.	28%	Too few students
		At least most of the time	.	50%	Too few students

Sex	Female	Never or rarely	18%	19%	
		Sometimes	29%	28%	
		At least most of the time	53%	53%	

	Male	Never or rarely	23%	22%	
		Sometimes	27%	26%	
		At least most of the time	50%	51%	

Total		Never or rarely	21%	21%	
		Sometimes	28%	27%	
		At least most of the time	52%	52%	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use _____

In 2015, 11% of Vermont high school students reported smoking cigarettes in the last 30 days and 22% of students reported using marijuana during that same time period. Students were asked about their perceptions on how many students smoke and use marijuana.

3.04 Out of 100 high school students, the number thought to smoke cigarettes

	Orleans SW	Vermont	Notes
15 or less students	15%	19%	SU/SD statistically lower
16 to 25 students	26%	29%	
26 to 45 students	24%	24%	
46 to 55 students	19%	14%	SU/SD statistically higher
56 to 75 students	12%	8%	SU/SD statistically higher
76 or more students	5%	7%	SU/SD statistically lower

3.05 Out of 100 high school students, the number thought to use marijuana

	Orleans SW	Vermont	Notes
15 or less students	8%	8%	
16 to 25 students	13%	13%	
26 to 45 students	25%	21%	SU/SD statistically higher
46 to 55 students	23%	21%	
56 to 75 students	19%	20%	
76 or more students	12%	16%	SU/SD statistically lower

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.06 Percent of students who think their parents think it is wrong for them to smoke cigarettes

		Orleans SW	Vermont	Notes
Grade	9th	90%	94%	SU/SD statistically lower
	10th	93%	93%	
	11th	87%	92%	
	12th	.	87%	Too few students
Sex	Female	93%	93%	SU/SD statistically lower
	Male	85%	90%	
Total		89%	91%	SU/SD statistically lower

3.07 Percent of students who think their parents think it is wrong for them to drink alcohol

		Orleans SW	Vermont	Notes
Grade	9th	80%	84%	Too few students
	10th	76%	78%	
	11th	69%	70%	
	12th	.	57%	
Sex	Female	76%	74%	Too few students
	Male	65%	70%	
Total		70%	72%	

3.08 Percent of students who think their parents think it is wrong for them to smoke marijuana

		Orleans SW	Vermont	Notes
Grade	9th	86%	87%	Too few students
	10th	82%	82%	
	11th	72%	78%	
	12th	.	74%	
Sex	Female	84%	82%	SU/SD statistically lower
	Male	70%	79%	
Total		76%	80%	SU/SD statistically lower

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.09 Percent of students who think it is wrong for someone their age to smoke cigarettes

		Orleans SW	Vermont	Notes
Grade	9th	80%	87%	SU/SD statistically lower
	10th	83%	84%	
	11th	72%	77%	
	12th	.	67%	Too few students
Sex	Female	76%	80%	SU/SD statistically lower
	Male	69%	77%	
Total		72%	78%	SU/SD statistically lower

3.10 Percent of students who think it is wrong for someone their age to drink alcohol

		Orleans SW	Vermont	Notes
Grade	9th	69%	70%	
	10th	63%	58%	
	11th	52%	47%	
	12th	.	38%	
Sex	Female	61%	54%	SU/SD statistically higher
	Male	52%	53%	
Total		56%	53%	

3.11 Percent of students who think it is wrong for someone their age to smoke marijuana

		Orleans SW	Vermont	Notes	
Grade	9th	69%	70%		
	10th	72%	59%		SU/SD statistically higher
	11th	51%	51%		
	12th	.	44%		Too few students
Sex	Female	58%	57%		
	Male	57%	55%		
Total		57%	56%		

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.12 Percent of students who think people their age risk harming themselves if they smoke a pack of cigarettes a day

		Orleans SW	Vermont	Notes
Grade	9th	45%	62%	SU/SD statistically lower
	10th	65%	66%	
	11th	68%	66%	
	12th	.	66%	Too few students
Sex	Female	58%	67%	SU/SD statistically lower
	Male	57%	63%	SU/SD statistically lower
Total		58%	65%	SU/SD statistically lower

3.13 Percent of students who think people their age risk harming themselves if they binge drink on weekends

		Orleans SW	Vermont	Notes
Grade	9th	28%	42%	SU/SD statistically lower
	10th	30%	40%	
	11th	38%	36%	
	12th	.	35%	Too few students
Sex	Female	38%	43%	SU/SD statistically lower
	Male	23%	33%	
Total		30%	38%	SU/SD statistically lower

3.14 Percent of students who think people their age risk harming themselves if they smoke marijuana regularly

		Orleans SW	Vermont	Notes
Grade	9th	23%	35%	SU/SD statistically lower
	10th	27%	29%	
	11th	28%	22%	
	12th	.	21%	Too few students
Sex	Female	22%	30%	SU/SD statistically lower
	Male	24%	24%	
Total		23%	27%	SU/SD statistically lower

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.15 Percent of students who think it would be easy to get cigarettes

		Orleans SW	Vermont	Notes
Grade	9th	47%	44%	
	10th	54%	55%	
	11th	69%	64%	
	12th	.	80%	Too few students
Sex	Female	61%	57%	
	Male	67%	64%	
Total		65%	61%	

3.16 Percent of students who think it would be easy to get alcohol

		Orleans SW	Vermont	Notes
Grade	9th	58%	60%	
	10th	60%	68%	SU/SD statistically lower
	11th	65%	74%	SU/SD statistically lower
	12th	.	75%	Too few students
Sex	Female	60%	71%	SU/SD statistically lower
	Male	63%	68%	
Total		62%	69%	SU/SD statistically lower

3.17 Percent of students who think it would be easy to get marijuana

		Orleans SW	Vermont	Notes
Grade	9th	48%	46%	
	10th	50%	60%	SU/SD statistically lower
	11th	62%	69%	
	12th	.	74%	Too few students
Sex	Female	53%	60%	SU/SD statistically lower
	Male	61%	65%	
Total		58%	62%	SU/SD statistically lower

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use _____

3.18 Percent of students who were asked if they smoked by a health care provider, past 12 months

		Orleans SW	Vermont	Notes
Grade	9th	43%	44%	
	10th	51%	50%	
	11th	.	57%	Too few students
	12th	.	60%	Too few students
Sex	Female	59%	56%	
	Male	46%	50%	
Total		52%	53%	

3.19 Percent of students who think it is likely or very likely that a party where students from their high school were drinking alcohol would be broken up by police

		Orleans SW	Vermont	Notes
Grade	9th	33%	36%	
	10th	19%	30%	SU/SD statistically lower
	11th	12%	27%	SU/SD statistically lower
	12th	.	24%	Too few students
Sex	Female	21%	29%	SU/SD statistically lower
	Male	16%	29%	SU/SD statistically lower
Total		18%	29%	SU/SD statistically lower

3.20 Percent of students who were offered, sold or given an illegal drug on school property, past 12 months

		Orleans SW	Vermont	Notes
Grade	9th	15%	15%	
	10th	8%	19%	SU/SD statistically lower
	11th	19%	20%	
	12th	.	18%	Too few students
Sex	Female	14%	15%	
	Male	14%	21%	SU/SD statistically lower
Total		14%	18%	SU/SD statistically lower

*4 Sexual Behavior and Orientation***4.01 Sexual orientation**

			Orleans SW	Vermont	Notes
Grade	9th	Heterosexual (straight)	95%	88%	SU/SD statistically higher
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	6%	Too few students
		Not sure	.	5%	Too few students

	10th	Heterosexual (straight)	88%	89%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	6%	Too few students
		Not sure	7%	4%	SU/SD statistically higher

	11th	Heterosexual (straight)	81%	88%	SU/SD statistically lower
		Gay or lesbian	.	2%	Too few students
		Bisexual	9%	6%	
		Not sure	.	4%	Too few students

	12th	Heterosexual (straight)	.	88%	Too few students
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	6%	Too few students
		Not sure	.	4%	Too few students

Sex	Female	Heterosexual (straight)	85%	84%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	10%	10%	
		Not sure	5%	5%	

	Male	Heterosexual (straight)	91%	92%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	3%	Too few students
		Not sure	7%	4%	SU/SD statistically higher

Total		Heterosexual (straight)	88%	88%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	5%	6%	
		Not sure	6%	4%	

*4 Sexual Behavior and Orientation***4.02 Percent of students who have ever had sexual intercourse**

		Orleans SW	Vermont	Notes
Grade	9th	21%	18%	
	10th	30%	33%	
	11th	56%	49%	
	12th	.	62%	Too few students
Sex	Female	49%	40%	SU/SD statistically higher
	Male	38%	41%	
Total		44%	41%	

4.03 Percent of students who have ever had oral sex

		Orleans SW	Vermont	Notes
Grade	9th	26%	21%	
	10th	28%	37%	SU/SD statistically lower
	11th	47%	50%	
	12th	.	60%	Too few students
Sex	Female	43%	41%	
	Male	40%	42%	
Total		42%	42%	

4.04 Percent of students who had sexual intercourse before age 13

		Orleans SW	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	.	3%	Too few students
	11th	.	3%	Too few students
	12th	.	4%	Too few students
Sex	Female	.	2%	Too few students
	Male	5%	4%	
Total		4%	3%	

*4 Sexual Behavior and Orientation***4.05 Percent of students who have had sexual intercourse with four or more people**

		Orleans SW	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	11%	6%	SU/SD statistically higher
	11th	16%	11%	
	12th	.	19%	Too few students
Sex	Female	14%	9%	SU/SD statistically higher
	Male	11%	10%	
Total		12%	10%	

4.06 Percent of students who have ever been tested for HIV

		Orleans SW	Vermont	Notes
Grade	9th	.	7%	Too few students
	10th	.	8%	Too few students
	11th	8%	12%	
	12th	.	14%	Too few students
Sex	Female	11%	11%	
	Male	7%	9%	
Total		9%	10%	

*4 Sexual Behavior and Orientation***4.07 Percent of students who had sex at least once in the past 3 months (currently sexually active)**

		Orleans SW	Vermont	Notes
Grade	9th	15%	12%	
	10th	27%	24%	
	11th	47%	38%	SU/SD statistically higher
	12th	.	49%	Too few students
Sex	Female	41%	33%	SU/SD statistically higher
	Male	30%	30%	
Total		36%	31%	SU/SD statistically higher

4.08 Of sexually active students, percent who used alcohol or drugs the last time they had sex

		Orleans SW	Vermont	Notes
Grade	9th	.	18%	Too few students
	10th	.	19%	Too few students
	11th	.	18%	Too few students
	12th	.	18%	Too few students
Sex	Female	.	15%	Too few students
	Male	.	22%	Too few students
Total		19%	19%	

4.09 Of sexually active students, percent who used condoms the last time they had sex

		Orleans SW	Vermont	Notes
Grade	9th	.	65%	Too few students
	10th	.	65%	Too few students
	11th	.	58%	Too few students
	12th	.	54%	Too few students
Sex	Female	.	55%	Too few students
	Male	.	62%	Too few students
Total		52%	58%	

*4 Sexual Behavior and Orientation***4.10 Of sexually active students, percent who used prescription birth control the last time they had sex.**

Birth control included using prescription birth control pills, shot, patch, ring, or IUD

		Orleans SW	Vermont	Notes
Grade	9th	.	28%	Too few students
	10th	.	39%	Too few students
	11th	.	49%	Too few students
	12th	.	54%	Too few students
Sex	Female	.	55%	Too few students
	Male	.	38%	Too few students
Total		57%	47%	SU/SD statistically higher

4.11 Of sexually active students, those who used either a condom or prescription birth control the last time they had sex

		Orleans SW	Vermont	Notes
Grade	9th	.	80%	Too few students
	10th	.	87%	Too few students
	11th	.	88%	Too few students
	12th	.	87%	Too few students
Sex	Female	.	88%	Too few students
	Male	.	86%	Too few students
Total		90%	87%	

4 Sexual Behavior and Orientation

4.12 Of sexually active students, methods used to prevent pregnancy used the last time they had sex

			Orleans SW	Vermont	Notes
Grade	9th	No method was used	.	12%	Too few students
		Birth control pills	.	19%	Too few students
		Condoms	.	50%	Too few students
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	.	5%	Too few students
		Withdrawal/other method	.	8%	Too few students
		Not sure	.	3%	Too few students

	10th	No method was used	.	7%	Too few students
		Birth control pills	.	28%	Too few students
		Condoms	.	46%	Too few students
		IUD or implant	.	5%	Too few students
		Shot/patch/birth control ring	.	6%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	2%	Too few students

	11th	No method was used	.	6%	Too few students
		Birth control pills	.	37%	Too few students
		Condoms	.	37%	Too few students
		IUD or implant	.	7%	Too few students
		Shot/patch/birth control ring	.	6%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	1%	Too few students

	12th	No method was used	.	7%	Too few students
		Birth control pills	.	40%	Too few students
		Condoms	.	32%	Too few students
		IUD or implant	.	7%	Too few students
		Shot/patch/birth control ring	.	7%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	2%	Too few students

4 Sexual Behavior and Orientation

		Orleans SW	Vermont	Notes	
Sex	Female	No method was used	.	7%	Too few students
		Birth control pills	.	39%	Too few students
		Condoms	.	31%	Too few students
		IUD or implant	.	8%	Too few students
		Shot/patch/birth control ring	.	8%	Too few students
		Withdrawal/other method	.	5%	Too few students
		Not sure	.	1%	Too few students
<hr/>					
	Male	No method was used	.	7%	Too few students
		Birth control pills	.	30%	Too few students
		Condoms	.	45%	Too few students
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	.	4%	Too few students
		Withdrawal/other method	.	7%	Too few students
		Not sure	.	3%	Too few students
<hr/>					
Total		No method was used	.	7%	Too few students
		Birth control pills	45%	35%	SU/SD statistically higher
		Condoms	33%	38%	
		IUD or implant	6%	6%	
		Shot/patch/birth control ring	.	6%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	2%	Too few students

Cont. Of sexually active students, methods used to prevent pregnancy used the last time they had sex

*4 Sexual Behavior and Orientation***4.13 Sexual identity of sexual contacts**

			Orleans SW	Vermont	Notes
Sex	Female	Have not had sex	43%	45%	
		Same sex	.	1%	Too few students
		Opposite sex	51%	46%	
		Both sexes	6%	7%	

	Male	Have not had sex	45%	43%	
		Same sex	.	1%	Too few students
		Opposite sex	53%	53%	
		Both sexes	.	2%	Too few students

Total	Have not had sex		44%	44%	
	Same sex		.	1%	Too few students
	Opposite sex		52%	50%	
	Both sexes		4%	5%	

5 Body Image

5.01 The percent of students who are overweight (85th to <95th BMI percentile)

		Orleans SW	Vermont	Notes
Grade	9th	14%	15%	
	10th	.	14%	Too few students
	11th	.	14%	Too few students
	12th	.	13%	Too few students
Sex	Female	7%	14%	SU/SD statistically lower
	Male	14%	14%	
Total		11%	14%	SU/SD statistically lower

5.02 The percent of students who are obese (=>95th BMI percentile)

		Orleans SW	Vermont	Notes
Grade	9th	15%	12%	
	10th	19%	13%	SU/SD statistically higher
	11th	.	12%	Too few students
	12th	.	12%	Too few students
Sex	Female	17%	9%	SU/SD statistically higher
	Male	12%	16%	
Total		14%	12%	

NOTE: BMI = body mass index; For youth, BMI is age- and sex-specific. It is expressed by a percentile based on weight and height.

5 Body Image

5.03 Perceptions of weight

			Orleans SW	Vermont	Notes
Grade	9th	Underweight	10%	15%	
		About the right weight	59%	56%	
		Overweight	30%	29%	

	10th	Underweight	11%	13%	
		About the right weight	60%	55%	
		Overweight	29%	32%	

	11th	Underweight	12%	13%	
		About the right weight	57%	55%	
		Overweight	30%	31%	

	12th	Underweight	.	13%	Too few students
		About the right weight	.	55%	Too few students
		Overweight	.	32%	Too few students

Sex	Female	Underweight	11%	10%	
		About the right weight	55%	54%	
		Overweight	34%	36%	

	Male	Underweight	16%	17%	
		About the right weight	58%	57%	
		Overweight	25%	26%	

Total		Underweight	14%	14%	
		About the right weight	57%	55%	
		Overweight	30%	31%	

5 Body Image

5.04 Students who are trying to do something about their weight

			Orleans SW	Vermont	Notes
Grade	9th	Lose weight	48%	41%	
		Gain weight	9%	12%	
		Stay the same weight /do nothing	43%	47%	
10th	Lose weight	35%	43%	SU/SD statistically lower	
	Gain weight	12%	13%		
	Stay the same weight /do nothing	54%	44%	SU/SD statistically higher	
11th	Lose weight	47%	42%		
	Gain weight	.	14%	Too few students	
	Stay the same weight /do nothing	44%	44%		
12th	Lose weight	.	42%	Too few students	
	Gain weight	.	15%	Too few students	
	Stay the same weight /do nothing	.	42%	Too few students	
Sex	Female	Lose weight	56%	56%	
		Gain weight	.	4%	Too few students
		Stay the same weight /do nothing	41%	40%	
Male	Lose weight	29%	28%		
	Gain weight	19%	23%		
	Stay the same weight /do nothing	53%	49%		
Total	Lose weight	41%	42%		
	Gain weight	12%	14%		
	Stay the same weight /do nothing	47%	44%		

*6 Nutrition and Physical Activity***6.01 Hours spent per school day watching TV, playing video games or using the computer for fun.**

In 2015, the definition of screen time was expanded. Caution should be taken when making comparisons to previous years.

			Orleans SW	Vermont	Notes
Grade	9th	Less than 1 hour	15%	14%	
		1 to 2 hours	36%	36%	
		3 to 4 hours	23%	33%	SU/SD statistically lower
		5+ hours	25%	18%	SU/SD statistically higher

	10th	Less than 1 hour	22%	14%	SU/SD statistically higher
		1 to 2 hours	27%	36%	SU/SD statistically lower
		3 to 4 hours	28%	32%	
		5+ hours	22%	18%	

	11th	Less than 1 hour	12%	15%	
		1 to 2 hours	43%	38%	
		3 to 4 hours	36%	32%	
		5+ hours	9%	16%	SU/SD statistically lower

	12th	Less than 1 hour	.	16%	Too few students
		1 to 2 hours	.	36%	Too few students
		3 to 4 hours	.	32%	Too few students
		5+ hours	.	17%	Too few students

Sex	Female	Less than 1 hour	14%	15%	
		1 to 2 hours	40%	37%	
		3 to 4 hours	28%	32%	
		5+ hours	18%	16%	

	Male	Less than 1 hour	23%	14%	SU/SD statistically higher
		1 to 2 hours	29%	36%	SU/SD statistically lower
		3 to 4 hours	28%	32%	
		5+ hours	19%	18%	

Total		Less than 1 hour	19%	15%	SU/SD statistically higher
		1 to 2 hours	34%	36%	
		3 to 4 hours	28%	32%	
		5+ hours	19%	17%	

6 Nutrition and Physical Activity

6.02 The number of days students participated in at least 60 minutes of physical activity during the past 7 days

			Orleans SW	Vermont	Notes
Grade	9th	0 days	14%	11%	
		1 to 2 days	24%	16%	SU/SD statistically higher
		3 to 6 days	44%	47%	
		Everyday	18%	25%	SU/SD statistically lower

	10th	0 days	10%	13%	
		1 to 2 days	24%	15%	SU/SD statistically higher
		3 to 6 days	47%	47%	
		Everyday	19%	24%	

	11th	0 days	23%	15%	SU/SD statistically higher
		1 to 2 days	18%	17%	
		3 to 6 days	45%	45%	
		Everyday	14%	22%	SU/SD statistically lower

	12th	0 days	.	17%	Too few students
		1 to 2 days	.	18%	Too few students
		3 to 6 days	.	44%	Too few students
		Everyday	.	21%	Too few students

Sex	Female	0 days	20%	17%	
		1 to 2 days	28%	20%	SU/SD statistically higher
		3 to 6 days	46%	48%	
		Everyday	6%	16%	SU/SD statistically lower

	Male	0 days	11%	12%	
		1 to 2 days	17%	14%	
		3 to 6 days	48%	44%	
		Everyday	25%	30%	SU/SD statistically lower

Total		0 days	15%	14%	
		1 to 2 days	21%	17%	SU/SD statistically higher
		3 to 6 days	46%	46%	
		Everyday	17%	23%	SU/SD statistically lower

*6 Nutrition and Physical Activity***6.03 The percent of students who ate fruits and vegetables 5 or more times per day, past 7 days**

		Orleans SW	Vermont	Notes
Grade	9th	22%	23%	
	10th	22%	23%	
	11th	16%	23%	SU/SD statistically lower
	12th	.	24%	Too few students
Sex	Female	18%	22%	
	Male	19%	25%	SU/SD statistically lower
Total		20%	24%	SU/SD statistically lower

6.04 The percent of students who ate fruits or fruit juice 2 or more times per day, past 7 days

		Orleans SW	Vermont	Notes
Grade	9th	34%	34%	
	10th	35%	34%	
	11th	26%	34%	
	12th	.	35%	Too few students
Sex	Female	24%	33%	SU/SD statistically lower
	Male	33%	35%	
Total		29%	34%	SU/SD statistically lower

6.05 The percent of students who ate vegetables 3 or more times per day, past 7 days

		Orleans SW	Vermont	Notes
Grade	9th	14%	17%	
	10th	18%	17%	
	11th	19%	18%	
	12th	.	19%	Too few students
Sex	Female	15%	17%	
	Male	17%	19%	
Total		17%	18%	

*6 Nutrition and Physical Activity***6.06 The percent of students who did not eat any fruit or fruit juice, past 7 days**

		Orleans SW	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	8%	4%	SU/SD statistically higher
	11th	.	4%	Too few students
	12th	.	4%	Too few students
Sex	Female	4%	3%	
	Male	6%	5%	
Total		5%	4%	

6.07 The percent of students who did not any eat vegetables, past 7 days

		Orleans SW	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	4%	Too few students
	11th	.	4%	Too few students
	12th	.	4%	Too few students
Sex	Female	.	3%	Too few students
	Male	6%	6%	
Total		4%	4%	

6 Nutrition and Physical Activity

6.08 The number of days students ate breakfast during the past 7 days

			Orleans SW	Vermont	Notes
Grade	9th	Never	13%	11%	
		1 to 3 days	33%	25%	SU/SD statistically higher
		4 to 6 days	20%	22%	
		Everyday	35%	42%	

	10th	Never	9%	11%	
		1 to 3 days	31%	24%	SU/SD statistically higher
		4 to 6 days	23%	24%	
		Everyday	37%	41%	

	11th	Never	17%	10%	SU/SD statistically higher
		1 to 3 days	26%	25%	
		4 to 6 days	25%	24%	
		Everyday	33%	40%	

	12th	Never	.	11%	Too few students
		1 to 3 days	.	25%	Too few students
		4 to 6 days	.	25%	Too few students
		Everyday	.	39%	Too few students

Sex	Female	Never	10%	11%	
		1 to 3 days	28%	27%	
		4 to 6 days	27%	24%	
		Everyday	35%	38%	

	Male	Never	15%	11%	SU/SD statistically higher
		1 to 3 days	32%	23%	SU/SD statistically higher
		4 to 6 days	20%	23%	
		Everyday	33%	43%	SU/SD statistically lower

Total		Never	13%	11%	
		1 to 3 days	30%	25%	SU/SD statistically higher
		4 to 6 days	23%	24%	
		Everyday	34%	40%	SU/SD statistically lower

6 Nutrition and Physical Activity

6.09 The number of glasses of water students drank yesterday

			Orleans SW	Vermont	Notes
Grade	9th	None	11%	9%	
		1 to 3 glasses	60%	60%	
		4+ glasses	29%	32%	

	10th	None	15%	8%	SU/SD statistically higher
		1 to 3 glasses	64%	58%	
		4+ glasses	21%	34%	SU/SD statistically lower

	11th	None	12%	8%	
		1 to 3 glasses	62%	60%	
		4+ glasses	27%	32%	

	12th	None	.	9%	Too few students
		1 to 3 glasses	.	57%	Too few students
		4+ glasses	.	34%	Too few students

Sex	Female	None	11%	8%	SU/SD statistically higher
		1 to 3 glasses	62%	62%	
		4+ glasses	27%	31%	

	Male	None	12%	9%	
		1 to 3 glasses	61%	56%	
		4+ glasses	27%	35%	SU/SD statistically lower

Total		None	12%	9%	SU/SD statistically higher
		1 to 3 glasses	62%	59%	
		4+ glasses	26%	33%	SU/SD statistically lower

6 Nutrition and Physical Activity

6.10 Amount of soda students drank during the past 7 days

			Orleans SW	Vermont	Notes
Grade	9th	None	31%	32%	
		At least once during the past week	44%	54%	SU/SD statistically lower
		At least once per day	25%	14%	SU/SD statistically higher

	10th	None	23%	33%	SU/SD statistically lower
		At least once during the past week	58%	53%	
		At least once per day	19%	14%	

	11th	None	35%	33%	
		At least once during the past week	47%	51%	
		At least once per day	18%	15%	

	12th	None	.	36%	Too few students
		At least once during the past week	.	49%	Too few students
		At least once per day	.	15%	Too few students

Sex	Female	None	32%	42%	SU/SD statistically lower
		At least once during the past week	58%	48%	SU/SD statistically higher
		At least once per day	10%	9%	

	Male	None	27%	25%	
		At least once during the past week	45%	55%	SU/SD statistically lower
		At least once per day	28%	20%	SU/SD statistically higher

Total		None	30%	33%	
		At least once during the past week	50%	52%	
		At least once per day	20%	15%	SU/SD statistically higher

6 Nutrition and Physical Activity

6.11 The amount of sugar-sweetened beverages (not including soda) students drank during past 7 days

			Orleans SW	Vermont	Notes
Grade	9th	None	16%	25%	SU/SD statistically lower
		At least once during the past week	69%	61%	SU/SD statistically higher
		At least once per day	15%	14%	

	10th	None	16%	25%	SU/SD statistically lower
		At least once during the past week	69%	59%	SU/SD statistically higher
		At least once per day	15%	15%	

	11th	None	22%	26%	
		At least once during the past week	62%	59%	
		At least once per day	16%	16%	

	12th	None	.	29%	Too few students
		At least once during the past week	.	57%	Too few students
		At least once per day	.	15%	Too few students

Sex	Female	None	20%	30%	SU/SD statistically lower
		At least once during the past week	69%	59%	SU/SD statistically higher
		At least once per day	11%	11%	

	Male	None	18%	22%	
		At least once during the past week	64%	58%	
		At least once per day	18%	19%	

Total		None	18%	26%	SU/SD statistically lower
		At least once during the past week	67%	59%	SU/SD statistically higher
		At least once per day	15%	15%	

7 Youth Assets

7.01 Typical grades in the past 12 months, as reported by students

			Orleans SW	Vermont	Notes
Grade	9th	Mostly As or Bs	56%	76%	SU/SD statistically lower
		Mostly Cs	28%	13%	SU/SD statistically higher
		Mostly Ds or Fs	.	4%	Too few students
		Other / Not sure	10%	7%	

	10th	Mostly As or Bs	70%	77%	SU/SD statistically lower
		Mostly Cs	23%	14%	SU/SD statistically higher
		Mostly Ds or Fs	.	4%	Too few students
		Other / Not sure	.	5%	Too few students

	11th	Mostly As or Bs	72%	80%	SU/SD statistically lower
		Mostly Cs	17%	13%	
		Mostly Ds or Fs	.	3%	Too few students
		Other / Not sure	.	4%	Too few students

	12th	Mostly As or Bs	.	83%	Too few students
		Mostly Cs	.	11%	Too few students
		Mostly Ds or Fs	.	2%	Too few students
		Other / Not sure	.	4%	Too few students

Sex	Female	Mostly As or Bs	74%	84%	SU/SD statistically lower
		Mostly Cs	18%	9%	SU/SD statistically higher
		Mostly Ds or Fs	5%	3%	SU/SD statistically higher
		Other / Not sure	.	4%	Too few students

	Male	Mostly As or Bs	63%	74%	SU/SD statistically lower
		Mostly Cs	21%	16%	SU/SD statistically higher
		Mostly Ds or Fs	6%	4%	
		Other / Not sure	10%	6%	SU/SD statistically higher

Total		Mostly As or Bs	68%	79%	SU/SD statistically lower
		Mostly Cs	20%	13%	SU/SD statistically higher
		Mostly Ds or Fs	5%	3%	SU/SD statistically higher
		Other / Not sure	7%	5%	

7 Youth Assets

7.02 The percent of students participating in extracurricular activities, hours per week

			Orleans SW	Vermont	Notes
Grade	9th	0 hours	40%	32%	SU/SD statistically higher
		1 to 4 hours	31%	30%	
		5 to 9 hours	11%	17%	SU/SD statistically lower
		10 or more hours	19%	21%	
10th	0 hours	31%	32%		
	1 to 4 hours	31%	28%		
	5 to 9 hours	16%	16%		
	10 or more hours	23%	24%		
11th	0 hours	30%	32%		
	1 to 4 hours	41%	27%	SU/SD statistically higher	
	5 to 9 hours	17%	16%		
	10 or more hours	12%	25%	SU/SD statistically lower	
12th	0 hours	.	32%	Too few students	
	1 to 4 hours	.	26%	Too few students	
	5 to 9 hours	.	16%	Too few students	
	10 or more hours	.	27%	Too few students	
Sex	Female	0 hours	34%	31%	
		1 to 4 hours	34%	29%	
		5 to 9 hours	16%	16%	
		10 or more hours	16%	24%	SU/SD statistically lower
Male	0 hours	34%	33%		
	1 to 4 hours	30%	27%		
	5 to 9 hours	15%	16%		
	10 or more hours	22%	24%		
Total	0 hours	34%	32%		
	1 to 4 hours	32%	28%	SU/SD statistically higher	
	5 to 9 hours	15%	16%		
	10 or more hours	20%	24%	SU/SD statistically lower	

*7 Youth Assets***7.03 The percent of students who spoke with their parents at least weekly about school**

		Orleans SW	Vermont	Notes
Grade	9th	78%	78%	
	10th	73%	77%	
	11th	81%	77%	
	12th	.	75%	Too few students
Sex	Female	75%	77%	
	Male	76%	76%	
Total		75%	76%	

7.04 The percent of students who agree that in their community they feel like they matter to people

		Orleans SW	Vermont	Notes
Grade	9th	35%	49%	SU/SD statistically lower
	10th	53%	48%	
	11th	58%	50%	
	12th	.	54%	Too few students
Sex	Female	50%	47%	
	Male	46%	54%	SU/SD statistically lower
Total		48%	50%	

7.05 The percent of students who agree that teachers really care about them and give them lots of encouragement

		Orleans SW	Vermont	Notes
Grade	9th	54%	59%	
	10th	54%	57%	
	11th	57%	64%	
	12th	.	69%	Too few students
Sex	Female	51%	60%	SU/SD statistically lower
	Male	55%	64%	SU/SD statistically lower
Total		54%	62%	SU/SD statistically lower

*7 Youth Assets***7.06 The percent of students who agree that students help decide what goes on in school**

		Orleans SW	Vermont	Notes
Grade	9th	28%	50%	SU/SD statistically lower
	10th	44%	46%	
	11th	40%	46%	
	12th	.	49%	Too few students
Sex	Female	35%	48%	SU/SD statistically lower
	Male	36%	48%	SU/SD statistically lower
Total		36%	48%	SU/SD statistically lower

7.07 The percent of students who report that they will probably or definitely complete a post high school program

		Orleans SW	Vermont	Notes
Grade	9th	73%	75%	
	10th	82%	80%	
	11th	82%	83%	
	12th	.	84%	
Sex	Female	83%	83%	
	Male	78%	78%	
Total		80%	80%	

2015 Vermont Youth Risk Behavior Survey Report

Middle School Report for Orleans Southwest SU

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

Demographics

Orleans SW
Number of Middle School Students in Orleans Southwest SU

Orleans Southwest SU Total

138

Sex	Total	%
Not indicated / Missing	2	1%
Female	54	39%
Male	82	59%

Grade	Total	%
6th grade	8	5%
7th grade	59	42%
8th grade	71	51%

Age	Total	%
11 years or younger	6	4%
12 years	33	23%
13 years	62	44%
14 years or older	37	26%

Race / Ethnicity	Total	%
Not indicated /Missing	6	4%
Ethnic or racial minority	22	15%
White non-Hispanic	110	79%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Orleans Southwest SU. Not all students indicated their sex or grade, therefore the totals in these tables may not add up to the total number of students in the county or state who participated. All other numbers represented in this report are weighted to reflect the enrolled student population.

Demographics

Vermont
Number of Middle School Students in Vermont

Vermont Total

13648

Sex	Total	%
Not indicated / Missing	96	0%
Female	6713	49%
Male	6839	50%

Grade	Total	%
Not indicated / Missing	86	0%
6th grade	2899	21%
7th grade	5337	39%
8th grade	5326	39%

Age	Total	%
Not indicated / Missing	63	.
11 years or younger	1445	10%
12 years	3983	29%
13 years	5240	38%
14 years or older	2917	21%

Race / Ethnicity	Total	%
Not indicated /Missing	926	6%
Ethnic or racial minority	2357	17%
White non-Hispanic	10365	75%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who have ever been in a physical fight**

		Orleans SW	Vermont	Notes
Grade	6th	.	42%	Too few students
	7th	45%	41%	
	8th	41%	44%	
Sex	Female	31%	28%	
	Male	53%	57%	
Total		44%	43%	

1.02 Percent of students who were bullied at least once, past 30 days

		Orleans SW	Vermont	Notes
Grade	6th	.	24%	Too few students
	7th	28%	25%	
	8th	18%	22%	
Sex	Female	26%	30%	
	Male	17%	18%	
Total		22%	24%	

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight or when teasing is done in a friendly way. Electronic bullying occurs through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.03 Percent of students who reported they had ever been electronically bullied**

		Orleans SW	Vermont	Notes
Grade	6th	.	21%	Too few students
	7th	31%	26%	SU/SD statistically higher
	8th	19%	28%	SU/SD statistically lower
Sex	Female	35%	36%	
	Male	15%	16%	
Total		24%	26%	

1.04 Percent of students who were ever bullied at school

		Orleans SW	Vermont	Notes
Grade	6th	.	46%	Too few students
	7th	55%	48%	SU/SD statistically higher
	8th	37%	45%	SU/SD statistically lower
Sex	Female	58%	53%	
	Male	36%	40%	SU/SD statistically lower
Total		46%	46%	

1.05 Percent of students who bullied someone at least once, past 30 days

		Orleans SW	Vermont	Notes
Grade	6th	.	8%	Too few students
	7th	12%	9%	
	8th	8%	11%	
Sex	Female	.	10%	Too few students
	Male	12%	9%	SU/SD statistically higher
Total		10%	10%	

*1 Personal Safety***1.06 Percent of students who did not go to school because they felt unsafe, past 30 days**

		Orleans SW	Vermont	Notes
Grade	6th	.	8%	Too few students
	7th	.	7%	Too few students
	8th	15%	7%	SU/SD statistically higher
Sex	Female	20%	9%	SU/SD statistically higher
	Male	.	6%	Too few students
Total		11%	7%	SU/SD statistically higher

1.07 Percent of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, past 12 months

		Orleans SW	Vermont	Notes
Grade	6th	.	17%	Too few students
	7th	22%	19%	
	8th	31%	22%	SU/SD statistically higher
Sex	Female	41%	27%	SU/SD statistically higher
	Male	12%	13%	
Total		25%	20%	SU/SD statistically higher

1.08 Percent of students who ever seriously thought about suicide

		Orleans SW	Vermont	Notes
Grade	6th	.	14%	Too few students
	7th	12%	16%	
	8th	24%	22%	
Sex	Female	28%	23%	
	Male	9%	12%	SU/SD statistically lower
Total		17%	18%	

*1 Personal Safety***1.09 Percent of students who ever made a suicide plan**

		Orleans SW	Vermont	Notes
Grade	6th	.	9%	Too few students
	7th	.	11%	Too few students
	8th	25%	15%	SU/SD statistically higher
Sex	Female	23%	16%	SU/SD statistically higher
	Male	7%	8%	
Total		15%	12%	SU/SD statistically higher

1.10 Percent of students who ever attempted suicide

		Orleans SW	Vermont	Notes
Grade	6th	.	5%	Too few students
	7th	.	5%	Too few students
	8th	10%	8%	
Sex	Female	9%	8%	
	Male	.	3%	Too few students
Total		6%	6%	

1.11 Percent of students who had at least one sunburn in the past 12 months

		Orleans SW	Vermont	Notes
Grade	6th	.	51%	Too few students
	7th	52%	55%	
	8th	50%	56%	SU/SD statistically lower
Sex	Female	57%	58%	
	Male	46%	51%	SU/SD statistically lower
Total		50%	54%	SU/SD statistically lower

*1 Personal Safety***1.12 Bicycle helmet use among those who rode a bicycle in the past 12 months**

			Orleans SW	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	.	26%	Too few students
		Sometimes wear a helmet	.	15%	Too few students
		Most of the time / always wear a helmet	.	59%	Too few students
<hr/>					
	7th	Never / rarely wear a helmet	48%	31%	SU/SD statistically higher
		Sometimes wear a helmet	15%	16%	
		Most of the time / always wear a helmet	38%	52%	SU/SD statistically lower
<hr/>					
	8th	Never / rarely wear a helmet	56%	41%	SU/SD statistically higher
		Sometimes wear a helmet	9%	15%	SU/SD statistically lower
		Most of the time / always wear a helmet	35%	43%	SU/SD statistically lower
<hr/>					
Sex	Female	Never / rarely wear a helmet	.	31%	Too few students
		Sometimes wear a helmet	.	17%	Too few students
		Most of the time / always wear a helmet	.	52%	Too few students
<hr/>					
	Male	Never / rarely wear a helmet	53%	36%	SU/SD statistically higher
		Sometimes wear a helmet	11%	14%	
		Most of the time / always wear a helmet	35%	49%	SU/SD statistically lower
<hr/>					
Total		Never / rarely wear a helmet	52%	34%	SU/SD statistically higher
		Sometimes wear a helmet	11%	16%	SU/SD statistically lower
		Most of the time / always wear a helmet	37%	51%	SU/SD statistically lower

*1 Personal Safety***1.13 Helmet use while rollerblading or skateboarding (of those students who rollerbladed or skateboarded)**

			Orleans SW	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	.	31%	Too few students
		Sometimes wear a helmet	.	11%	Too few students
		Most of the time / always wear a helmet	.	58%	Too few students

	7th	Never / rarely wear a helmet	.	42%	Too few students
		Sometimes wear a helmet	.	13%	Too few students
		Most of the time / always wear a helmet	.	45%	Too few students

	8th	Never / rarely wear a helmet	.	52%	Too few students
		Sometimes wear a helmet	.	12%	Too few students
		Most of the time / always wear a helmet	.	36%	Too few students

Sex	Female	Never / rarely wear a helmet	.	45%	Too few students
		Sometimes wear a helmet	.	13%	Too few students
		Most of the time / always wear a helmet	.	43%	Too few students

	Male	Never / rarely wear a helmet	.	41%	Too few students
		Sometimes wear a helmet	.	12%	Too few students
		Most of the time / always wear a helmet	.	47%	Too few students

Total		Never / rarely wear a helmet	.	43%	Too few students
		Sometimes wear a helmet	.	12%	Too few students
		Most of the time / always wear a helmet	.	45%	Too few students

*1 Personal Safety***1.14 Percent of students who reported never or rarely wearing a seatbelt while riding in a car**

		Orleans SW	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	7%	4%	SU/SD statistically higher
Sex	Female	.	2%	Too few students
	Male	9%	3%	SU/SD statistically higher
Total		6%	3%	SU/SD statistically higher

1.15 Percent of students who ever rode in a car driven by someone who had been drinking

		Orleans SW	Vermont	Notes
Grade	6th	.	15%	Too few students
	7th	26%	19%	SU/SD statistically higher
	8th	30%	25%	SU/SD statistically higher
Sex	Female	30%	21%	SU/SD statistically higher
	Male	24%	19%	SU/SD statistically higher
Total		26%	20%	SU/SD statistically higher

*2 Alcohol, Tobacco, and Other Drug Use***2.01 Percent of students who ever drank alcohol other than a few sips**

		Orleans SW	Vermont	Notes
Grade	6th	.	10%	Too few students
	7th	13%	15%	
	8th	39%	24%	SU/SD statistically higher
Sex	Female	23%	16%	SU/SD statistically higher
	Male	28%	18%	SU/SD statistically higher
Total		26%	17%	SU/SD statistically higher

2.02 Percent of students who drank alcohol other than a few sips before age 11

		Orleans SW	Vermont	Notes
Grade	6th	.	7%	Too few students
	7th	9%	6%	
	8th	12%	6%	SU/SD statistically higher
Sex	Female	.	5%	Too few students
	Male	12%	8%	SU/SD statistically higher
Total		10%	6%	SU/SD statistically higher

2.03 Percent of students who drank any alcohol, past 30 days

		Orleans SW	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	5%	Too few students
	8th	10%	10%	
Sex	Female	.	6%	Too few students
	Male	7%	7%	
Total		6%	6%	

*2 Alcohol, Tobacco, and Other Drug Use***2.04 Percent of students who binge drank (5 or more alcoholic drinks in a row), past 30 days**

		Orleans SW	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	4%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	2%	Too few students
Total		3%	2%	SU/SD statistically higher

2.05 Percent of students who ever tried cigarette smoking, even one or two puffs

		Orleans SW	Vermont	Notes
Grade	6th	.	4%	Too few students
	7th	13%	7%	SU/SD statistically higher
	8th	17%	13%	SU/SD statistically higher
Sex	Female	14%	9%	SU/SD statistically higher
	Male	14%	9%	SU/SD statistically higher
Total		14%	9%	SU/SD statistically higher

2.06 Percent of students who ever smoked a whole cigarette

		Orleans SW	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	8%	4%	SU/SD statistically higher
	8th	13%	8%	SU/SD statistically higher
Sex	Female	13%	5%	SU/SD statistically higher
	Male	8%	5%	SU/SD statistically higher
Total		10%	5%	SU/SD statistically higher

*2 Alcohol, Tobacco, and Other Drug Use***2.07 Percent of students who smoked a whole cigarette by age 11**

		Orleans SW	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	6%	2%	SU/SD statistically higher
Total		5%	1%	SU/SD statistically higher

2.08 Percent of students who smoked cigarettes, past 30 days

		Orleans SW	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	.	3%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	2%	Too few students
Total		.	2%	Too few students

*2 Alcohol, Tobacco, and Other Drug Use***2.09 Percent of students who ever used electronic vapor products such as e-cigarettes**

		Orleans SW	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	6%	Too few students
	8th	.	11%	Too few students
Sex	Female	.	7%	Too few students
	Male	.	7%	Too few students
Total		.	7%	Too few students

2.10 Percent of students who used electronic vapor products such as e-cigarettes during the past 30 days

		Orleans SW	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	.	5%	Too few students
Sex	Female	.	3%	Too few students
	Male	.	3%	Too few students
Total		.	3%	Too few students

2.11 Percent of students who used chewing tobacco, snuff, or dip, past 30 days

		Orleans SW	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	3%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	3%	Too few students
Total		.	2%	Too few students

*2 Alcohol, Tobacco, and Other Drug Use***2.12 Percent of students who smoked cigars, cigarillos, or little cigars, past 30 days**

		Orleans SW	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		.	2%	Too few students

2.13 Percent of students who used a tobacco product such as cigarettes, smokeless tobacco, or cigars, in the past 30 days

		Orleans SW	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	8%	6%	SU/SD statistically higher
Sex	Female	.	3%	Too few students
	Male	6%	4%	
Total		5%	4%	

2.14 Percent of students who used any tobacco products including e-cigarettes in the past 30 days

		Orleans SW	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	4%	Too few students
	8th	8%	8%	
Sex	Female	.	5%	Too few students
	Male	6%	6%	
Total		5%	5%	

*2 Alcohol, Tobacco, and Other Drug Use***2.15 Percent of smokers who attempted to quit smoking, past 12 months**

		Orleans SW	Vermont	Notes
Grade	6th	.	.	Too few students
	7th	.	58%	Too few students
	8th	.	45%	Too few students
Sex	Female	.	48%	Too few students
	Male	.	47%	Too few students
Total		.	48%	Too few students

2.16 Percent of students who have ever used marijuana

		Orleans SW	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	9%	5%	SU/SD statistically higher
	8th	20%	11%	SU/SD statistically higher
Sex	Female	14%	6%	SU/SD statistically higher
	Male	14%	7%	SU/SD statistically higher
Total		14%	7%	SU/SD statistically higher

2.17 Percent of students who used marijuana by age 11

		Orleans SW	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		.	1%	Too few students

*2 Alcohol, Tobacco, and Other Drug Use***2.18 Percent of students who used marijuana, past 30 days**

		Orleans SW	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	3%	Too few students
	8th	6%	6%	
Sex	Female	.	3%	Too few students
	Male	.	4%	Too few students
Total		5%	4%	

2.19 Percent of students who have ever used inhalants

		Orleans SW	Vermont	Notes
Grade	6th	.	5%	Too few students
	7th	.	4%	Too few students
	8th	.	6%	Too few students
Sex	Female	.	5%	Too few students
	Male	.	5%	Too few students
Total		.	5%	Too few students

2.20 Percent of students who ever took a prescription drug without a doctor's prescription

		Orleans SW	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	9%	4%	SU/SD statistically higher
Sex	Female	9%	3%	SU/SD statistically higher
	Male	.	3%	Too few students
Total		5%	3%	SU/SD statistically higher

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.01 Percent of students who were in the same room with someone who was smoking cigarettes, past 7 days

		Orleans SW	Vermont	Notes
Grade	6th	.	24%	Too few students
	7th	31%	28%	
	8th	38%	31%	SU/SD statistically higher
Sex	Female	39%	29%	SU/SD statistically higher
	Male	28%	27%	
Total		33%	28%	SU/SD statistically higher

3.02 Percent of students who were in the same car with someone who was smoking cigarettes, past 7 days

		Orleans SW	Vermont	Notes
Grade	6th	.	17%	Too few students
	7th	33%	20%	SU/SD statistically higher
	8th	37%	23%	SU/SD statistically higher
Sex	Female	41%	22%	SU/SD statistically higher
	Male	27%	19%	SU/SD statistically higher
Total		33%	21%	SU/SD statistically higher

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.03 Percent of students who, always or most of the time saw advertisements for tobacco products at supermarkets or gas stations

		Orleans SW	Vermont	Notes
Grade	6th	.	47%	Too few students
	7th	43%	52%	SU/SD statistically lower
	8th	63%	55%	SU/SD statistically higher
Sex	Female	59%	52%	SU/SD statistically higher
	Male	47%	52%	SU/SD statistically lower
Total		53%	52%	

3.04 Percent of students who, in the past 12 months, were asked if they smoke by a health professional

		Orleans SW	Vermont	Notes
Grade	6th	.	15%	Too few students
	7th	.	26%	Too few students
	8th	30%	35%	SU/SD statistically lower
Sex	Female	.	28%	Too few students
	Male	27%	26%	
Total		26%	27%	

3.05 Students perceptions about out of 100 Vermont high school students the number who smoke cigarettes

	Orleans SW	Vermont	Notes
15 or less students	15%	16%	
16 to 25 students	23%	25%	
26 to 45 students	25%	24%	
46 to 55 students	17%	16%	
56 to 75 students	13%	9%	SU/SD statistically higher
76 or more students	7%	10%	SU/SD statistically lower

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.06 Percent of students who think their parents would think it is wrong or very wrong for them to smoke cigarettes

		Orleans SW	Vermont	Notes
Grade	6th	.	96%	Too few students
	7th	95%	96%	
	8th	97%	96%	
Sex	Female	100%	97%	SU/SD statistically higher
	Male	93%	96%	SU/SD statistically lower
Total		96%	96%	

3.07 Percent of students who think their parents would think it is wrong or very wrong for them to drink alcohol

		Orleans SW	Vermont	Notes
Grade	6th	.	92%	Too few students
	7th	89%	92%	
	8th	91%	90%	
Sex	Female	92%	93%	
	Male	88%	90%	
Total		90%	91%	

3.08 Percent of students who think their parents would think it is wrong or very wrong for them to smoke marijuana

		Orleans SW	Vermont	Notes	
Grade	6th	.	96%	Too few students	
	7th	89%	95%		SU/SD statistically lower
	8th	90%	92%		
Sex	Female	89%	94%	SU/SD statistically lower	
	Male	90%	94%	SU/SD statistically lower	
Total		90%	94%	SU/SD statistically lower	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.09 Percent of students who think it would be wrong or very wrong for someone their age to smoke cigarettes

		Orleans SW	Vermont	Notes
Grade	6th	.	97%	Too few students
	7th	97%	95%	
	8th	94%	92%	SU/SD statistically higher
Sex	Female	96%	95%	
	Male	95%	94%	
Total		96%	94%	

3.10 Percent of students who think it would be wrong or very wrong for someone their age to drink alcohol

		Orleans SW	Vermont	Notes
Grade	6th	.	94%	Too few students
	7th	93%	90%	
	8th	83%	83%	
Sex	Female	87%	90%	
	Male	89%	87%	
Total		88%	88%	

3.11 Percent of students who think it would be wrong or very wrong for someone their age to smoke marijuana

		Orleans SW	Vermont	Notes
Grade	6th	.	97%	Too few students
	7th	90%	92%	
	8th	81%	83%	
Sex	Female	89%	91%	
	Male	83%	89%	SU/SD statistically lower
Total		86%	90%	SU/SD statistically lower

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.12 Percent of students who think people their age greatly risk harming themselves if they smoke one or more packs of cigarettes a day

		Orleans SW	Vermont	Notes
Grade	6th	.	70%	Too few students
	7th	69%	72%	
	8th	74%	72%	
Sex	Female	75%	71%	
	Male	67%	72%	
Total		71%	71%	

3.13 Percent of students who think that people their age greatly risk harming themselves if they have five or more drinks of alcohol once or twice each weekend

		Orleans SW	Vermont	Notes
Grade	6th	.	49%	Too few students
	7th	51%	49%	
	8th	42%	46%	
Sex	Female	51%	49%	
	Male	43%	46%	
Total		46%	48%	

3.14 Percent of students who think that people their age greatly risk harming themselves if they smoke marijuana regularly

		Orleans SW	Vermont	Notes
Grade	6th	.	67%	Too few students
	7th	60%	61%	
	8th	51%	51%	
Sex	Female	58%	60%	
	Male	54%	58%	
Total		56%	59%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.15 Percent of students who report that it would be easy or very easy to get cigarettes

		Orleans SW	Vermont	Notes
Grade	6th	.	18%	Too few students
	7th	21%	24%	
	8th	57%	34%	
Sex	Female	38%	25%	SU/SD statistically higher
	Male	38%	29%	SU/SD statistically higher
Total		38%	27%	SU/SD statistically higher

3.16 Percent of students who report that it would be easy or very easy to get alcohol

		Orleans SW	Vermont	Notes
Grade	6th	.	24%	Too few students
	7th	29%	33%	
	8th	55%	46%	
Sex	Female	42%	35%	SU/SD statistically higher
	Male	38%	37%	
Total		40%	36%	SU/SD statistically higher

3.17 Percent of students who report that it would be easy or very easy to get marijuana

		Orleans SW	Vermont	Notes	
Grade	6th	.	6%	Too few students	
	7th	16%	12%		SU/SD statistically higher
	8th	36%	22%		SU/SD statistically higher
Sex	Female	29%	13%	SU/SD statistically higher	
	Male	21%	16%	SU/SD statistically higher	
Total		25%	14%	SU/SD statistically higher	

*4 Sexual Behavior***4.01 Percent of students who have ever had sexual intercourse**

		Orleans SW	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	4%	Too few students
	8th	11%	8%	SU/SD statistically higher
Sex	Female	9%	4%	SU/SD statistically higher
	Male	6%	7%	
Total		7%	6%	SU/SD statistically higher

4.02 Percent of students who have ever had oral sex

		Orleans SW	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	11%	9%	
Sex	Female	.	5%	Too few students
	Male	7%	6%	
Total		7%	5%	SU/SD statistically higher

5 Nutrition and Physical Activity

5.01 Number of times during the past 7 days students ate breakfast

			Orleans SW	Vermont	Notes
Grade	6th	Never	.	4%	Too few students
		1 to 3 times	.	13%	Too few students
		4 to 6 times	.	22%	Too few students
		Everyday	.	61%	Too few students

	7th	Never	.	7%	Too few students
		1 to 3 times	17%	16%	
		4 to 6 times	21%	25%	
		Everyday	57%	51%	

	8th	Never	.	8%	Too few students
		1 to 3 times	23%	20%	
		4 to 6 times	15%	25%	SU/SD statistically lower
		Everyday	56%	48%	SU/SD statistically higher

Sex	Female	Never	9%	8%	
		1 to 3 times	20%	21%	
		4 to 6 times	18%	26%	SU/SD statistically lower
		Everyday	52%	45%	SU/SD statistically higher

	Male	Never	.	6%	Too few students
		1 to 3 times	17%	13%	SU/SD statistically higher
		4 to 6 times	19%	23%	
		Everyday	61%	59%	

Total		Never	5%	7%	
		1 to 3 times	19%	17%	
		4 to 6 times	19%	24%	SU/SD statistically lower
		Everyday	56%	52%	SU/SD statistically higher

5 Nutrition and Physical Activity

5.02 Percent of students who reported drinking at least four bottles or glasses of water a day

		Orleans SW	Vermont	Notes
Grade	6th	.	45%	Too few students
	7th	39%	41%	
	8th	35%	39%	
Sex	Female	37%	38%	
	Male	41%	44%	
Total		39%	41%	

5 Nutrition and Physical Activity

5.03 Number of days students participated in at least 60 minutes of physical activity in the past 7 days

			Orleans SW	Vermont	Notes
Grade	6th	Never	.	8%	Too few students
		1 to 4 days	.	32%	Too few students
		5 to 6 days	.	27%	Too few students
		Everyday	.	33%	Too few students

	7th	Never	10%	7%	
		1 to 4 days	43%	34%	SU/SD statistically higher
		5 to 6 days	24%	28%	
		Everyday	23%	31%	SU/SD statistically lower

	8th	Never	.	8%	Too few students
		1 to 4 days	48%	36%	SU/SD statistically higher
		5 to 6 days	25%	27%	
		Everyday	24%	29%	SU/SD statistically lower

Sex	Female	Never	.	8%	Too few students
		1 to 4 days	50%	39%	SU/SD statistically higher
		5 to 6 days	35%	30%	SU/SD statistically higher
		Everyday	15%	23%	SU/SD statistically lower

	Male	Never	10%	8%	
		1 to 4 days	40%	29%	SU/SD statistically higher
		5 to 6 days	18%	25%	SU/SD statistically lower
		Everyday	32%	38%	SU/SD statistically lower

Total		Never	6%	8%	SU/SD statistically lower
		1 to 4 days	45%	34%	SU/SD statistically higher
		5 to 6 days	26%	27%	
		Everyday	24%	31%	SU/SD statistically lower

5 Nutrition and Physical Activity

5.04 Number of times students participated in physical activity breaks outside of physical education courses in an average school week

			Orleans SW	Vermont	Notes
Grade	6th	0 days	.	18%	Too few students
		1 to 2 days	.	15%	Too few students
		3 to 4 days	.	19%	Too few students
		Everyday	.	48%	Too few students

	7th	0 days	22%	30%	SU/SD statistically lower
		1 to 2 days	11%	17%	SU/SD statistically lower
		3 to 4 days	20%	17%	
		Everyday	48%	36%	SU/SD statistically higher

	8th	0 days	21%	33%	SU/SD statistically lower
		1 to 2 days	14%	16%	
		3 to 4 days	15%	16%	
		Everyday	49%	35%	SU/SD statistically higher

Sex	Female	0 days	17%	28%	SU/SD statistically lower
		1 to 2 days	15%	18%	
		3 to 4 days	18%	17%	
		Everyday	50%	38%	SU/SD statistically higher

	Male	0 days	22%	28%	SU/SD statistically lower
		1 to 2 days	10%	15%	SU/SD statistically lower
		3 to 4 days	15%	17%	
		Everyday	53%	40%	SU/SD statistically higher

Total		0 days	20%	28%	SU/SD statistically lower
		1 to 2 days	12%	16%	SU/SD statistically lower
		3 to 4 days	16%	17%	
		Everyday	52%	39%	SU/SD statistically higher

*5 Nutrition and Physical Activity***5.05 Number of hours spent watching TV on an average school day**

			Orleans SW	Vermont	Notes
Grade	6th	1 hour or less per day	.	60%	Too few students
		2 to 4 hours per day	.	34%	Too few students
		5 or more hours per day	.	6%	Too few students
<hr/>					
	7th	1 hour or less per day	48%	57%	SU/SD statistically lower
		2 to 4 hours per day	41%	37%	
		5 or more hours per day	11%	6%	SU/SD statistically higher
<hr/>					
	8th	1 hour or less per day	58%	57%	
		2 to 4 hours per day	29%	37%	SU/SD statistically lower
		5 or more hours per day	13%	7%	SU/SD statistically higher
<hr/>					
Sex	Female	1 hour or less per day	59%	57%	
		2 to 4 hours per day	34%	37%	
		5 or more hours per day	.	6%	Too few students
<hr/>					
	Male	1 hour or less per day	51%	58%	SU/SD statistically lower
		2 to 4 hours per day	35%	35%	
		5 or more hours per day	13%	7%	SU/SD statistically higher
<hr/>					
Total	1 hour or less per day		55%	58%	
	2 to 4 hours per day		34%	36%	
	5 or more hours per day		11%	6%	SU/SD statistically higher

5 Nutrition and Physical Activity

5.06 Number of hours spent playing video games or going online for something not related to school, on an average school day

			Orleans SW	Vermont	Notes
Grade	6th	1 hour or less per day	.	55%	Too few students
		2 to 4 hours per day	.	33%	Too few students
		5 or more hours per day	.	12%	Too few students

	7th	1 hour or less per day	38%	46%	SU/SD statistically lower
		2 to 4 hours per day	38%	40%	
		5 or more hours per day	24%	14%	SU/SD statistically higher

	8th	1 hour or less per day	21%	40%	SU/SD statistically lower
		2 to 4 hours per day	52%	41%	SU/SD statistically higher
		5 or more hours per day	27%	19%	SU/SD statistically higher

Sex	Female	1 hour or less per day	25%	48%	SU/SD statistically lower
		2 to 4 hours per day	50%	37%	SU/SD statistically higher
		5 or more hours per day	25%	15%	SU/SD statistically higher

	Male	1 hour or less per day	35%	44%	SU/SD statistically lower
		2 to 4 hours per day	43%	41%	
		5 or more hours per day	22%	15%	SU/SD statistically higher

Total		1 hour or less per day	30%	46%	SU/SD statistically lower
		2 to 4 hours per day	45%	39%	SU/SD statistically higher
		5 or more hours per day	25%	15%	SU/SD statistically higher

5 Nutrition and Physical Activity

5.07 Number of days in the average week students went online for something not school-related

			Orleans SW	Vermont	Notes
Grade	6th	Never	.	22%	Too few students
		1 to 5 days	.	45%	Too few students
		At least six days	.	33%	Too few students
<hr/>					
	7th	Never	19%	16%	
		1 to 5 days	34%	41%	SU/SD statistically lower
		At least six days	47%	42%	
<hr/>					
	8th	Never	9%	11%	
		1 to 5 days	26%	34%	SU/SD statistically lower
		At least six days	65%	55%	SU/SD statistically higher
<hr/>					
Sex	Female	Never	.	13%	Too few students
		1 to 5 days	26%	41%	SU/SD statistically lower
		At least six days	68%	46%	SU/SD statistically higher
<hr/>					
	Male	Never	22%	18%	SU/SD statistically higher
		1 to 5 days	36%	38%	
		At least six days	42%	44%	
<hr/>					
Total	Never		15%	15%	
	1 to 5 days		32%	39%	SU/SD statistically lower
	At least six days		54%	45%	SU/SD statistically higher

*6 Youth Assets***6.01 Percent of students who talk to their parents about school at least weekly**

		Orleans SW	Vermont	Notes
Grade	6th	.	81%	Too few students
	7th	72%	80%	SU/SD statistically lower
	8th	77%	78%	
Sex	Female	74%	80%	SU/SD statistically lower
	Male	77%	79%	
Total		76%	79%	SU/SD statistically lower

6.02 Percent of students who agree or strongly agree that 'in your community you feel like you matter to people'

		Orleans SW	Vermont	Notes
Grade	6th	.	60%	Too few students
	7th	59%	56%	
	8th	59%	51%	SU/SD statistically higher
Sex	Female	60%	50%	SU/SD statistically higher
	Male	62%	59%	
Total		60%	55%	SU/SD statistically higher

*6 Youth Assets***6.03 Percent of students who agree or strongly agree that their teachers really care about them and give them a lot of encouragement**

		Orleans SW	Vermont	Notes
Grade	6th	.	69%	Too few students
	7th	58%	62%	
	8th	69%	59%	SU/SD statistically higher
Sex	Female	78%	62%	SU/SD statistically higher
	Male	58%	64%	SU/SD statistically lower
Total		66%	63%	SU/SD statistically higher

6.04 Percent of students who agree or strongly agree that students help decide what goes on in school

		Orleans SW	Vermont	Notes
Grade	6th	.	45%	Too few students
	7th	54%	44%	SU/SD statistically higher
	8th	24%	39%	SU/SD statistically lower
Sex	Female	40%	42%	
	Male	36%	43%	SU/SD statistically lower
Total		37%	43%	SU/SD statistically lower