

2015 Vermont Youth Risk Behavior Survey Report

Report for Barre SU

Survey Format in 2015

In 2015, we conducted two surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8.

Results in this report include high school and middle school results for Vermont and for Barre SU. All results in the 2015 high school section are for grades 9 through 12 only, and the middle school section are for grades 6 through 8 only.

The middle school and high school surveys differed slightly. The shorter middle school survey included questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, body image, physical activity, and youth assets. The high school survey included questions on these topics as well as self-reported height and weight, driving behaviors, other drug use, sexual behavior and orientation, and nutrition.

Copies of both surveys can be found online at: <http://healthvermont.gov/research/yrbs.aspx> Copies of the full state reports, highlights, and additional sub state reports can also be found here.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

We would especially like to thank the following schools from Barre who participated in the 2015 YRBS:

High School- Grades 9-12

Spaulding HSUD #41

Middle School- Grades 6-8

Barre City Elementary/Middle School

Barre Town Elementary School

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How to Use the YRBS

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, we can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

- **Start the Conversation:** Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?
- **Increase Awareness:** The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.
- **Plan and Evaluate Programs:** The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities, and can inform strategies to address those weaknesses.
- **Remember to Look at the Positive Side:** In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Note: “Getting to ‘Y’”, a program originally funded by the Agency of Education, provides a manual for student groups looking to analyze and leverage their own YRBS data – it can be found here: <http://www.upforlearning.com/index.php/yatst> .

How to Read this YRBS Report

Format: The results appear in data tables, with an overall average, by grade and by gender. The percentages in some charts may not total 100% due to rounding.

Weighting: The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of public students in grades six through eight (middle school survey) and grades nine through twelve (high school survey). This permits us to draw inferences about the school-based student population in Vermont.

From 1993 through 2011, statewide reports included numbers based on a weighted sample of schools, and local-level reports included unweighted numbers. Beginning 2013, due to the high participation from Vermont schools, the switch was made to use all of the student responses in the statewide report, instead of a sample. This allows for direct comparison between county estimates and the statewide estimates, as well as ensure that the estimates are more accurate. You can still compare the local-level report numbers to previous local-level years.

Statistical Comparisons: We note significant differences in the far right column on each table labeled “Notes.” For the 2015 results, we compared the 95 percent confidence intervals separately by grade, gender and year to determine if the percentages for each county were statistically different from the state. If the confidence intervals overlapped, the percentages were not different. In every table it is noted whether this county is statistically different from the state average. However, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

In some cases there were not enough students responding to report an estimate. In those cases, there is a dot (.) and the “Notes” column will read “Too few students.” We limit reportable estimates to a total numerator of 5 students and denominator of 50 students.

A Word of Caution

The YRBS represents the most complete and most recent information available about risk behaviors among Vermont students. However, the YRBS has some limitations that you should keep in mind when interpreting the results.

- **Data Quality:** We take numerous precautions to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) carefully designed and thoroughly tested the questionnaire. The anonymous survey encourages students to be honest and forthright. The CDC runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. We statistically adjust, or weight, the results so that the responses accurately represent all Vermont public school students based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.
- **Who's Not Included:** Administrators make every effort to have all students complete the YRBS. However, students who are not at school the day of the survey are not included in the results. Additionally, students who are home schooled, attend independent schools that chose not to participate, or dropped out of school are not included.
- **Comparing Supervisory Unions/School Districts to Each Other and to the State:** Participating supervisory unions and school districts receive reports of their results comparing them directly to the state. It is natural to also want to know how individual supervisory unions or school districts compare to each other, but we urge caution in making such comparisons because the reasons for the differences may not be simple or easy to identify.
- **What, not Why:** The YRBS can indicate what students are doing. It can also suggest which groups of students are more likely to engage in these behaviors. However, the survey does not answer why they are doing it. We encourage students to analyze their own data and offer insight into the results.

Personal Safety

Feeling safe – whether at school, in a car, or in a relationship – fosters positive adolescent development. The high school and middle school surveys included questions on fighting, bullying, seat belt use, safety at school, helmet use, and suicidality. The high school survey included additional questions on driving behaviors, dating violence, and self-harm.

- Physical fighting is a marker for problem behaviors¹ and is associated with serious injury.^{2,3} Abuse by an intimate partner and forced sex are associated with negative psychosocial outcomes, poor mental health outcomes, and other risk behaviors among both males and females.^{4,5,6}
- Both being a bully and being victimized by bullies have been increasingly recognized as health problems for children because of their association with a range of problems, including poor psychological adjustment,^{7,8} poor academic achievement,⁸ and violent behavior.⁹
- Motor vehicle crash injuries are the leading cause of death among youth ages 15 to 19 in the U.S.¹⁰ Proper use of safety belts reduces the risk of fatal injury to front seat passengers by 45% and risk of moderate to critical injury by 50%.¹¹
- Bicycle helmets are 85% to 88% effective at reducing the impact of head and brain injuries due to bicycle crashes.¹² Despite this, less than one quarter of bicyclists wear helmets.¹²
- In 2011, alcohol use was associated with nearly four in ten motor vehicle-related fatalities nationwide and in Vermont.¹³ Additionally, research examining drugs other than alcohol indicates that marijuana is the most prevalent drug detected in impaired drivers, fatally injured drivers, and motor vehicle crash victims nationwide.¹⁴

Alcohol, Tobacco and Other Drugs

Early use of alcohol, tobacco, and other drugs is associated with myriad problems later in life. The high school and middle school surveys asked about tobacco, alcohol, marijuana, inhalant, and prescription drug use. Both surveys also asked the age at which students first used alcohol, cigarettes, and marijuana. The high school survey asked additional questions on other drug use, such as heroin. Both surveys asked about ease of availability of alcohol, cigarettes, and marijuana, peer disapproval of use of these substances, perceived parental disapproval of use, and the risk of harm associated with use of these substances.

- Alcohol use is a major contributing factor in about half of all homicides and sexual assaults,¹⁵ and about one-third of all motor vehicle crash fatalities.¹⁶ Heavy drinking among youth has been linked to violence, academic and job problems, suicidal behavior, trouble with law enforcement authorities, risky sexual behavior, and use of cigarettes, marijuana, and other illegal drugs.^{17,18}
- Tobacco use is the single most preventable cause of death in the United States,¹⁹ contributing to more than one in five deaths.²⁰ Cigarette smoking increases the risk of heart disease, chronic obstructive pulmonary disease, acute respiratory illness, stroke, and cancers of the lung, larynx, oral cavity, pharynx, pancreas, and cervix.¹⁹
- Marijuana use is associated with smoking-related respiratory damage, temporary short-term memory loss, decreased motivation, and psychological dependence.²¹ Other reactions include feelings of distrust, anxiety, or depression.²¹ In Vermont, more teens enter treatment with a primary diagnosis for marijuana dependence than all other illicit drugs combined.²²
- Other drug use is related to suicide, early unwanted pregnancy, school failure, delinquency, and transmission of sexually transmitted diseases (STDs), including HIV infection.²³
- Multi-year results from the Monitoring the Future survey indicate that the prevalence of marijuana use among youth declines as the percentage of youth expressing disapproval of marijuana increases.²⁴ As perception of harm of using alcohol and other drugs decreases, there is a tendency for use to increase.²⁴ Increased use is also associated with the perception that substances are readily available, regardless of whether the perception is accurate.²⁴

Sexual Behavior and Orientation

Experimentation with sexual behaviors and orientation often starts during adolescence. The high school survey asked about age of first sexual intercourse, frequency, sexual partners, sexual orientation, alcohol and drug use related to sexual intercourse, contraceptive use, and HIV testing.

- Early sexual activity and having multiple sexual partners are associated with an increased risk of unwanted pregnancy, sexually transmitted diseases (STDs) including HIV infection,²⁵ and negative effects on social and psychological development.²⁶ Alcohol and drug use may serve as predisposing factors for initiation of sexual activity.²⁷
- Of the nearly 19 million new cases of STDs per year in the United States, almost half are among youth ages 15-24.²⁸ STDs may result in infertility and facilitation of HIV transmission and may have an adverse effect on pregnancy outcomes and maternal and child health.²⁶ Besides abstinence, condom use is currently the most effective means of preventing sexual transmission of HIV and other STDs.²⁹
- Although many lesbian, gay, bisexual, and transgender adolescents lead happy and healthy lives, others face tremendous challenges to growing up physically and mentally healthy. Compared to heterosexual youth, lesbian, gay, bisexual, and transgender youth are at higher risk for depression, tobacco, alcohol and other drug use, suicide, and unhealthy sexual behaviors.³⁰

Body Image

Negative feelings about weight and body image often develop in adolescence. The high school and middle school surveys included questions about weight perception and weight control. The high school survey asked for students' height and weight to calculate body mass index.

- There are more than three times as many overweight children and adolescents in the U.S. than there were in 1980.³¹ Obesity during childhood and adolescence is associated with negative psychological and social consequences and adverse health outcomes, including type 2 diabetes, obstructive sleep apnea, hypertension, dyslipidemia, and metabolic syndrome.³² Overweight and obesity acquired during childhood or adolescence may persist into adulthood.³³ Approximately 400,000 deaths a year in the United States are currently associated with overweight and obesity.²⁰

Nutrition and Physical Activity

Nutritious eating and physical activity are two cornerstones of healthy adolescent development. The high school and middle school surveys asked about breakfast consumption, physical activity, physical education classes, and television, computer, and video game use. The high school survey also asked about consumption of fruits, vegetables, soda, and sugar-sweetened beverages.

- Fruits and vegetables are good sources of complex carbohydrates, vitamins, minerals, and other substances that are important for good health. Dietary patterns with higher intakes of fruits and vegetables are associated with a variety of health benefits, including a decreased risk for some types of cancer.³⁹⁻⁴³
- In recent years, soft drink consumption has significantly increased among children and adolescents. Consumption of sugar-sweetened drinks, including soft drinks, appears to be associated with an increased risk for being overweight in children.⁴⁴⁻⁴⁵
- Regular physical activity builds and maintains healthy bones and muscles, controls weight, builds lean muscle, reduces fat, reduces feelings of depression and anxiety. It also decreases the risk of dying prematurely, dying of heart disease, and developing diabetes, colon cancer, and high blood pressure.⁴⁶ The U.S. Department of Health and Human Services recommends that young people ages 6–17 participate in at least 60 minutes of physical activity every day.⁴⁶
- By 12th grade, more than half of female students in the U.S. do not participate in vigorous physical activity regularly. School physical education classes can increase adolescent participation in physical activity and help adolescents develop the knowledge, attitudes, and skills they need to engage in lifelong physical activity.⁴⁷⁻⁵⁰
- Television viewing is the principal sedentary leisure time behavior in the U.S. Studies have shown that television viewing in young people is related to obesity⁵¹ and violent or aggressive behavior.⁵²⁻⁵⁴ Using the computer for fun and playing video games have become increasingly common sedentary leisure time activities among young people as well.

Measures of Youth Assets

Adolescent achievement requires sources of positive influence. The high school and middle school surveys asked about school and community connectivity as well as parental conversations about school. The high school survey asked additional questions about volunteerism and grades earned in school.

- Above-average school performance is one of many developmental assets, or factors promoting positive development. Studies have shown that students who get higher grades in school are less likely to use cigarettes, alcohol, or marijuana, and are more likely to postpone sexual intercourse.⁵⁵
- One of the strongest predictors of students' success in school is the extent to which their parents stay involved with their schoolwork.⁵⁶ A national study of adolescent health found that youth who reported a "connectedness" to their parents/family and school were the least likely to engage in risky behaviors.⁵⁷ Parental expectations regarding school achievement were also associated with lower levels of risk behaviors.⁵⁷
- Research shows that involvement in constructive, supervised extracurricular activities is associated with reduced likelihood of involvement in risky behaviors such as school failure, drug use, and delinquency.⁵⁸ In addition, evidence is emerging that students who participate in such activities are also more likely to engage in other "thriving" behaviors.⁵⁹
- Youth are not simply objects of adult efforts to modify their behaviors. Rather, if given the opportunities, they can make significant contributions to their families, schools, and communities. Adolescents, especially, need to exercise decision-making power in as many settings as is practical, so that they can develop into competent adults. Schools are a natural setting for youth to share in decisions that affect their lives.

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2015 Vermont Youth Risk Behavior Survey Report

High School Report for Barre SU

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

Demographics

Barre SU
Number of High School Students in Barre SU

Barre SU Total

597

Sex	Total	%
Not indicated / Missing	8	1%
Female	297	49%
Male	292	48%

Grade	Total	%
Not indicated / Ungraded	8	1%
9th grade	153	25%
10th grade	171	28%
11th grade	126	21%
12th grade	139	23%

Race / Ethnicity	Total	%
Not indicated /Missing	11	1%
Ethnic or racial minority	75	12%
White non-Hispanic	511	85%

Mother's Level of Education	Total	%
Not indicated / Missing	7	1%
High school or less	216	36%
Some college	93	15%
College graduate	179	29%
Graduate or professional degree after college	53	8%
Not sure	49	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Barre SU.

Demographics

Vermont
Number of High School Students in Vermont

Vermont Total

21013

Sex	Total	%
Not indicated / Missing	294	1%
Female	10243	48%
Male	10476	49%

Grade	Total	%
Not indicated / Ungraded	297	1%
9th grade	5627	26%
10th grade	5586	26%
11th grade	5171	24%
12th grade	4332	20%

Race / Ethnicity	Total	%
Not indicated /Missing	611	2%
Ethnic or racial minority	3197	15%
White non-Hispanic	17205	81%

Mother's Level of Education	Total	%
Not indicated / Missing	176	0%
High school or less	5495	26%
Some college	2746	13%
College graduate	6905	32%
Graduate or professional degree after college	3825	18%
Not sure	1866	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who were in a physical fight, past 12 months**

		Barre SU	Vermont	Notes
Grade	9th	26%	22%	SU/SD statistically higher
	10th	26%	20%	SU/SD statistically higher
	11th	25%	17%	SU/SD statistically higher
	12th	14%	14%	
Sex	Female	18%	12%	SU/SD statistically higher
	Male	28%	24%	SU/SD statistically higher
Total		23%	18%	SU/SD statistically higher

1.02 Percent of students who were in a physical fight on school property, past 12 months

		Barre SU	Vermont	Notes
Grade	9th	14%	10%	SU/SD statistically higher
	10th	8%	8%	
	11th	7%	6%	
	12th	3%	5%	
Sex	Female	7%	4%	SU/SD statistically higher
	Male	10%	10%	
Total		8%	7%	

1.03 Percent of students who were threatened or injured with a weapon on school property, past 12 months

		Barre SU	Vermont	Notes
Grade	9th	7%	6%	
	10th	9%	6%	SU/SD statistically higher
	11th	6%	4%	
	12th	5%	4%	
Sex	Female	6%	4%	SU/SD statistically higher
	Male	8%	6%	
Total		7%	5%	SU/SD statistically higher

*1 Personal Safety***1.04 Percent of students who carried a weapon such as a gun, knife, or club on school property, past 30 days**

		Barre SU	Vermont	Notes
Grade	9th	.	6%	Too few students
	10th	8%	7%	
	11th	11%	9%	
	12th	11%	8%	
Sex	Female	6%	4%	SU/SD statistically higher
	Male	10%	11%	
Total		8%	8%	

1.05 Percent of students who did not go to school because they felt unsafe, past 30 days

		Barre SU	Vermont	Notes
Grade	9th	8%	7%	SU/SD statistically higher
	10th	9%	6%	
	11th	8%	5%	
	12th	5%	5%	
Sex	Female	11%	7%	SU/SD statistically higher
	Male	5%	4%	
Total		8%	6%	SU/SD statistically higher

*1 Personal Safety***1.06 Percent of students who reported being bullied, past 30 days**

		Barre SU	Vermont	Notes
Grade	9th	25%	23%	
	10th	29%	18%	SU/SD statistically higher
	11th	22%	16%	SU/SD statistically higher
	12th	14%	14%	
Sex	Female	29%	23%	SU/SD statistically higher
	Male	16%	12%	SU/SD statistically higher
Total		23%	18%	SU/SD statistically higher

1.07 Percent of students who reported being electronically bullied, past 12 months

		Barre SU	Vermont	Notes
Grade	9th	25%	20%	SU/SD statistically higher
	10th	27%	17%	SU/SD statistically higher
	11th	20%	16%	SU/SD statistically higher
	12th	16%	13%	
Sex	Female	33%	23%	SU/SD statistically higher
	Male	13%	10%	SU/SD statistically higher
Total		22%	16%	SU/SD statistically higher

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight, or when teasing is done in a friendly way. Electronic bullying includes through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.08 Percent of students who bullied someone else, past 30 days**

		Barre SU	Vermont	Notes
Grade	9th	13%	13%	
	10th	21%	11%	SU/SD statistically higher
	11th	19%	11%	SU/SD statistically higher
	12th	9%	10%	
Sex	Female	17%	11%	SU/SD statistically higher
	Male	14%	12%	SU/SD statistically higher
Total		16%	11%	SU/SD statistically higher

1.09 Percent of students who purposefully hurt themselves without wanting to die, past 12 months

		Barre SU	Vermont	Notes
Grade	9th	24%	20%	SU/SD statistically higher
	10th	26%	19%	SU/SD statistically higher
	11th	21%	17%	
	12th	18%	14%	SU/SD statistically higher
Sex	Female	38%	26%	SU/SD statistically higher
	Male	7%	9%	
Total		22%	17%	SU/SD statistically higher

1.10 Percent of students who felt sad or hopeless for two weeks in a row, past 12 months

		Barre SU	Vermont	Notes
Grade	9th	27%	24%	
	10th	29%	26%	
	11th	33%	24%	SU/SD statistically higher
	12th	24%	24%	
Sex	Female	39%	34%	SU/SD statistically higher
	Male	18%	15%	SU/SD statistically higher
Total		28%	24%	SU/SD statistically higher

*1 Personal Safety***1.11 Percent of students who made a suicide plan, past 12 months**

		Barre SU	Vermont	Notes
Grade	9th	15%	13%	
	10th	17%	13%	SU/SD statistically higher
	11th	15%	12%	
	12th	14%	10%	SU/SD statistically higher
Sex	Female	23%	16%	SU/SD statistically higher
	Male	8%	8%	
Total		15%	12%	SU/SD statistically higher

1.12 Percent of students who attempted suicide, past 12 months

		Barre SU	Vermont	Notes
Grade	9th	12%	7%	SU/SD statistically higher
	10th	7%	6%	
	11th	7%	5%	
	12th	8%	5%	SU/SD statistically higher
Sex	Female	14%	8%	SU/SD statistically higher
	Male	4%	4%	
Total		9%	6%	SU/SD statistically higher

1.13 Percent of students who attempted suicide that resulted in an injury, poisoning, or overdose that required medical treatment, past 12 months

		Barre SU	Vermont	Notes
Grade	9th	4%	2%	SU/SD statistically higher
	10th	.	2%	Too few students
	11th	.	2%	Too few students
	12th	.	2%	Too few students
Sex	Female	3%	3%	
	Male	.	1%	Too few students
Total		2%	2%	

*1 Personal Safety***1.14 Percent of students who dated in the past 12 months and were physically hurt by someone they were dating or going out with**

		Barre SU	Vermont	Notes
Grade	9th	12%	8%	SU/SD statistically higher
	10th	6%	9%	SU/SD statistically lower
	11th	13%	9%	SU/SD statistically higher
	12th	12%	9%	
Sex	Female	15%	11%	SU/SD statistically higher
	Male	7%	7%	
Total		11%	9%	SU/SD statistically higher

1.15 Percent of students who have ever been physically forced to have sexual intercourse

		Barre SU	Vermont	Notes
Grade	9th	7%	5%	
	10th	7%	6%	
	11th	11%	7%	SU/SD statistically higher
	12th	8%	8%	
Sex	Female	15%	10%	SU/SD statistically higher
	Male	2%	3%	
Total		8%	7%	SU/SD statistically higher

*1 Personal Safety***1.16 Percent of students who rode with a drinking driver, past 30 days**

		Barre SU	Vermont	Notes
Grade	9th	22%	19%	
	10th	23%	20%	
	11th	32%	20%	SU/SD statistically higher
	12th	22%	19%	
Sex	Female	26%	20%	SU/SD statistically higher
	Male	23%	19%	SU/SD statistically higher
Total		24%	20%	SU/SD statistically higher

1.17 Percent of students who rode with a driver who had been smoking marijuana, past 30 days

		Barre SU	Vermont	Notes
Grade	9th	18%	13%	SU/SD statistically higher
	10th	27%	20%	SU/SD statistically higher
	11th	45%	26%	SU/SD statistically higher
	12th	33%	29%	
Sex	Female	33%	22%	SU/SD statistically higher
	Male	27%	22%	SU/SD statistically higher
Total		30%	22%	SU/SD statistically higher

*1 Personal Safety***1.18 Percent of drivers who drove a car or other vehicle when they had been drinking alcohol, past 30 days**

		Barre SU	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	4%	Too few students
	11th	13%	8%	SU/SD statistically higher
	12th	7%	9%	
Sex	Female	4%	5%	
	Male	10%	9%	
Total		8%	7%	

1.19 Percent of drivers who drove a car or other vehicle when they had been smoking marijuana, past 30 days

		Barre SU	Vermont	Notes
Grade	9th	13%	8%	SU/SD statistically higher
	10th	12%	10%	
	11th	34%	18%	SU/SD statistically higher
	12th	27%	20%	SU/SD statistically higher
Sex	Female	19%	12%	SU/SD statistically higher
	Male	26%	18%	SU/SD statistically higher
Total		23%	15%	SU/SD statistically higher

1.20 Percent of drivers who texted or e-mailed while driving a car or other vehicle, past 30 days

		Barre SU	Vermont	Notes
Grade	9th	12%	10%	
	10th	20%	15%	SU/SD statistically higher
	11th	50%	40%	SU/SD statistically higher
	12th	64%	50%	SU/SD statistically higher
Sex	Female	40%	33%	SU/SD statistically higher
	Male	39%	33%	SU/SD statistically higher
Total		40%	33%	SU/SD statistically higher

*1 Personal Safety***1.21 Percent of students who rode a bicycle and reported never or rarely wearing a bicycle helmet, past 12 months**

		Barre SU	Vermont	Notes
Grade	9th	53%	48%	
	10th	71%	54%	SU/SD statistically higher
	11th	68%	55%	SU/SD statistically higher
	12th	64%	56%	SU/SD statistically higher
Sex	Female	55%	49%	SU/SD statistically higher
	Male	69%	56%	SU/SD statistically higher
Total		64%	53%	SU/SD statistically higher

1.22 The percent of students who have had a sunburn in the past 12 months

		Barre SU	Vermont	Notes
Grade	9th	62%	63%	
	10th	72%	65%	SU/SD statistically higher
	11th	59%	65%	SU/SD statistically lower
	12th	70%	67%	
Sex	Female	74%	72%	
	Male	59%	59%	
Total		66%	65%	

1.23 The percent of students who have used a tanning device such as a sunlamp, sunbed, or tanning booth in the last 12 months

		Barre SU	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	6%	3%	SU/SD statistically higher
	11th	8%	4%	SU/SD statistically higher
	12th	9%	6%	SU/SD statistically higher
Sex	Female	11%	5%	SU/SD statistically higher
	Male	2%	3%	
Total		6%	4%	SU/SD statistically higher

2 Alcohol, Tobacco and other Drug Use

2.01 Percent of students who ever drank alcohol other than a few sips

		Barre SU	Vermont	Notes
Grade	9th	48%	37%	SU/SD statistically higher
	10th	59%	51%	SU/SD statistically higher
	11th	69%	63%	SU/SD statistically higher
	12th	73%	71%	
Sex	Female	62%	57%	SU/SD statistically higher
	Male	61%	54%	SU/SD statistically higher
Total		62%	56%	SU/SD statistically higher

2.02 Percent of students who drank alcohol, other than a few sips, before age 13

		Barre SU	Vermont	Notes
Grade	9th	20%	14%	SU/SD statistically higher
	10th	15%	13%	
	11th	16%	12%	SU/SD statistically higher
	12th	9%	10%	
Sex	Female	13%	10%	SU/SD statistically higher
	Male	17%	14%	SU/SD statistically higher
Total		15%	12%	SU/SD statistically higher

2 Alcohol, Tobacco and other Drug Use

2.03 Percent of students who drank alcohol, past 30 days

		Barre SU	Vermont	Notes
Grade	9th	18%	17%	
	10th	32%	26%	SU/SD statistically higher
	11th	39%	34%	SU/SD statistically higher
	12th	43%	42%	
Sex	Female	35%	30%	SU/SD statistically higher
	Male	31%	29%	
Total		33%	30%	SU/SD statistically higher

2.04 Percent of students who had five or more drinks in a row (binged), past 30 days

		Barre SU	Vermont	Notes
Grade	9th	8%	8%	
	10th	18%	13%	SU/SD statistically higher
	11th	22%	19%	
	12th	25%	24%	
Sex	Female	20%	15%	SU/SD statistically higher
	Male	16%	17%	
Total		18%	16%	SU/SD statistically higher

2 Alcohol, Tobacco and other Drug Use

2.05 Among students who drank alcohol, the number of days students drank in the last 30 days

			Barre SU	Vermont	Notes
Grade	9th	1 to 2 days	.	55%	Too few students
		3 to 9 days	.	33%	Too few students
		10+ days	.	11%	Too few students

	10th	1 to 2 days	54%	57%	
		3 to 9 days	41%	34%	
		10+ days	.	9%	Too few students

	11th	1 to 2 days	.	49%	Too few students
		3 to 9 days	.	40%	Too few students
		10+ days	.	11%	Too few students

	12th	1 to 2 days	47%	47%	
		3 to 9 days	37%	40%	
		10+ days	15%	13%	

Sex	Female	1 to 2 days	50%	55%	
		3 to 9 days	36%	36%	
		10+ days	14%	9%	SU/SD statistically higher

	Male	1 to 2 days	53%	47%	
		3 to 9 days	34%	38%	
		10+ days	14%	15%	

Total		1 to 2 days	51%	51%	
		3 to 9 days	36%	37%	
		10+ days	14%	12%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

2.06 Among students who drank alcohol in the last 30 days, the greatest number of drinks consumed in one sitting

			Barre SU	Vermont	Notes
Grade	9th	1 to 2 drinks	.	49%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	32%	Too few students

	10th	1 to 2 drinks	33%	41%	
		3 to 4 drinks	30%	20%	SU/SD statistically higher
		5 or more drinks	36%	39%	

	11th	1 to 2 drinks	.	33%	Too few students
		3 to 4 drinks	.	18%	Too few students
		5 or more drinks	.	49%	Too few students

	12th	1 to 2 drinks	30%	32%	
		3 to 4 drinks	28%	19%	SU/SD statistically higher
		5 or more drinks	42%	49%	

Sex	Female	1 to 2 drinks	28%	40%	SU/SD statistically lower
		3 to 4 drinks	31%	23%	SU/SD statistically higher
		5 or more drinks	41%	38%	

	Male	1 to 2 drinks	41%	33%	SU/SD statistically higher
		3 to 4 drinks	17%	16%	
		5 or more drinks	41%	52%	SU/SD statistically lower

Total		1 to 2 drinks	33%	36%	
		3 to 4 drinks	25%	19%	SU/SD statistically higher
		5 or more drinks	42%	45%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

2.07 Among students who drank in the past 30 days, usual source of alcohol

			Barre SU	Vermont	Notes
Grade	9th	Bought it	.	3%	Too few students
		Gave someone money	.	12%	Too few students
		Someone gave it to me	.	36%	Too few students
		Took it / some other way	.	49%	Too few students

	10th	Bought it	.	3%	Too few students
		Gave someone money	15%	18%	
		Someone gave it to me	52%	41%	SU/SD statistically higher
		Took it / some other way	33%	37%	

	11th	Bought it	.	4%	Too few students
		Gave someone money	.	28%	Too few students
		Someone gave it to me	.	41%	Too few students
		Took it / some other way	.	27%	Too few students

	12th	Bought it	.	7%	Too few students
		Gave someone money	28%	29%	
		Someone gave it to me	45%	43%	
		Took it / some other way	22%	22%	

Sex	Female	Bought it	.	2%	Too few students
		Gave someone money	22%	24%	
		Someone gave it to me	49%	46%	
		Took it / some other way	28%	28%	

	Male	Bought it	.	7%	Too few students
		Gave someone money	24%	24%	
		Someone gave it to me	37%	35%	
		Took it / some other way	35%	34%	

Total		Bought it	.	5%	Too few students
		Gave someone money	23%	24%	
		Someone gave it to me	43%	40%	
		Took it / some other way	32%	31%	

2 Alcohol, Tobacco and other Drug Use

2.08 Among students who drank in the past 30 days, the location where students typically consumed alcohol

			Barre SU	Vermont	Notes
Grade	9th	At my home	.	46%	Too few students
		At another person's home	.	43%	Too few students
		At a public place or event	.	12%	Too few students

	10th	At my home	38%	37%	
		At another person's home	57%	53%	
		At a public place or event	.	10%	Too few students

	11th	At my home	.	32%	Too few students
		At another person's home	.	58%	Too few students
		At a public place or event	.	9%	Too few students

	12th	At my home	38%	30%	SU/SD statistically higher
		At another person's home	58%	60%	
		At a public place or event	.	10%	Too few students

Sex	Female	At my home	37%	34%	
		At another person's home	54%	58%	
		At a public place or event	8%	8%	

	Male	At my home	38%	34%	
		At another person's home	57%	53%	
		At a public place or event	.	13%	Too few students

Total		At my home	37%	34%	
		At another person's home	56%	55%	
		At a public place or event	7%	10%	SU/SD statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.09 Percent of students who have ever smoked a whole cigarette**

		Barre SU	Vermont	Notes
Grade	9th	18%	14%	SU/SD statistically higher
	10th	24%	18%	SU/SD statistically higher
	11th	37%	24%	SU/SD statistically higher
	12th	19%	28%	SU/SD statistically lower
Sex	Female	22%	19%	SU/SD statistically higher
	Male	25%	23%	
Total		24%	21%	SU/SD statistically higher

2.10 Percent of students who smoked a whole cigarette before age 13

		Barre SU	Vermont	Notes
Grade	9th	10%	6%	SU/SD statistically higher
	10th	6%	6%	
	11th	14%	6%	SU/SD statistically higher
	12th	8%	6%	
Sex	Female	8%	5%	SU/SD statistically higher
	Male	10%	7%	SU/SD statistically higher
Total		9%	6%	SU/SD statistically higher

2.11 Percent of students who smoked cigarettes, past 30 days

		Barre SU	Vermont	Notes
Grade	9th	11%	7%	SU/SD statistically higher
	10th	13%	9%	SU/SD statistically higher
	11th	21%	12%	SU/SD statistically higher
	12th	11%	14%	
Sex	Female	13%	10%	SU/SD statistically higher
	Male	14%	12%	SU/SD statistically higher
Total		14%	11%	SU/SD statistically higher

2 Alcohol, Tobacco and other Drug Use

2.12 Among students who smoked cigarettes in the past month, number of days students smoked

			Barre SU	Vermont	Notes
Grade	9th	1 to 2 days	.	35%	Too few students
		3 to 9 days	.	26%	Too few students
		10+ days	.	39%	Too few students

	10th	1 to 2 days	.	31%	Too few students
		3 to 9 days	.	25%	Too few students
		10+ days	.	44%	Too few students

	11th	1 to 2 days	.	29%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	48%	Too few students

	12th	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	19%	Too few students
		10+ days	.	55%	Too few students

Sex	Female	1 to 2 days	.	32%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	44%	Too few students

	Male	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	22%	Too few students
		10+ days	.	52%	Too few students

Total	1 to 2 days		20%	29%	SU/SD statistically lower
	3 to 9 days		16%	22%	SU/SD statistically lower
	10+ days		64%	49%	SU/SD statistically higher

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

2.13 Among students who smoked cigarettes in the past month, the amount of cigarettes smoked on days smoked

			Barre SU	Vermont	Notes
Grade	9th	1 cigarette or less	.	51%	Too few students
		2 to 10 cigarettes	.	39%	Too few students
		11 or more cigarettes	.	10%	Too few students

	10th	1 cigarette or less	.	45%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	10%	Too few students

	11th	1 cigarette or less	.	43%	Too few students
		2 to 10 cigarettes	.	48%	Too few students
		11 or more cigarettes	.	9%	Too few students

	12th	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students

Sex	Female	1 cigarette or less	.	47%	Too few students
		2 to 10 cigarettes	.	44%	Too few students
		11 or more cigarettes	.	9%	Too few students

	Male	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students

Total	1 cigarette or less		30%	44%	SU/SD statistically lower
	2 to 10 cigarettes		56%	44%	SU/SD statistically higher
	11 or more cigarettes		15%	12%	

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

2.14 Among students who smoked cigarettes in the past month and were under age 18, how they obtained cigarettes

			Barre SU	Vermont	Notes
Grade	9th	Bought them	.	5%	Too few students
		Someone else bought them	.	27%	Too few students
		Borrowed/bummed them	.	37%	Too few students
		Took them / some other way	.	31%	Too few students

	10th	Bought them	.	7%	Too few students
		Someone else bought them	.	26%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	26%	Too few students

	11th	Bought them	.	12%	Too few students
		Someone else bought them	.	31%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	17%	Too few students

	12th	Bought them	.	14%	Too few students
		Someone else bought them	.	32%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	14%	Too few students

Sex	Female	Bought them	.	6%	Too few students
		Someone else bought them	.	30%	Too few students
		Borrowed/bummed them	.	45%	Too few students
		Took them / some other way	.	19%	Too few students

	Male	Bought them	.	14%	Too few students
		Someone else bought them	.	28%	Too few students
		Borrowed/bummed them	.	34%	Too few students
		Took them / some other way	.	24%	Too few students

Total	Bought them		9%	10%	
	Someone else bought them		28%	29%	
	Borrowed/bummed them		39%	39%	
	Took them / some other way		24%	22%	

2 Alcohol, Tobacco and other Drug Use

2.15 Among current smokers, the percent of smokers who tried to quit smoking, past 12 months

		Barre SU	Vermont	Notes
Grade	9th	.	45%	Too few students
	10th	.	46%	Too few students
	11th	.	44%	Too few students
	12th	.	39%	Too few students
Sex	Female	.	43%	Too few students
	Male	.	41%	Too few students
Total		45%	42%	

2.16 Percent of students who have ever used electronic vapor products such as e-cigarettes, vaping pens, e-hookahs, and hookah pens.

		Barre SU	Vermont	Notes
Grade	9th	19%	18%	
	10th	30%	28%	
	11th	42%	35%	SU/SD statistically higher
	12th	30%	39%	SU/SD statistically lower
Sex	Female	31%	27%	SU/SD statistically higher
	Male	28%	33%	SU/SD statistically lower
Total		30%	30%	

2.17 Percent of students who have used electronic vapor products, past 30 days

		Barre SU	Vermont	Notes
Grade	9th	7%	10%	
	10th	12%	14%	
	11th	18%	17%	
	12th	11%	19%	SU/SD statistically lower
Sex	Female	12%	13%	
	Male	12%	18%	SU/SD statistically lower
Total		12%	15%	SU/SD statistically lower

2 Alcohol, Tobacco and other Drug Use

2.18 Percent of students who have ever tried a flavored tobacco product

		Barre SU	Vermont	Notes
Grade	9th	22%	15%	SU/SD statistically higher
	10th	29%	21%	SU/SD statistically higher
	11th	42%	29%	SU/SD statistically higher
	12th	34%	32%	
Sex	Female	31%	20%	SU/SD statistically higher
	Male	31%	28%	
Total		32%	24%	SU/SD statistically higher

2.19 Percent of students who tried a flavored tobacco product before age 13

		Barre SU	Vermont	Notes
Grade	9th	8%	6%	
	10th	5%	5%	
	11th	10%	6%	SU/SD statistically higher
	12th	4%	5%	
Sex	Female	5%	4%	
	Male	8%	7%	
Total		7%	6%	

NOTE: Flavored tobacco products include any tobacco product flavored to taste like menthol (mint), clove, spice, alcohol (wine or cognac), candy, fruit, chocolate, or other sweets.

2 Alcohol, Tobacco and other Drug Use

2.20 Percent of students who used smokeless tobacco such as snuff or dip, past 30 days

		Barre SU	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	8%	6%	
	11th	8%	8%	
	12th	6%	8%	
Sex	Female	2%	3%	
	Male	10%	11%	
Total		7%	7%	

2.21 Percent of students who smoked cigars or little cigars, past 30 days

		Barre SU	Vermont	Notes
Grade	9th	8%	5%	SU/SD statistically higher
	10th	13%	8%	SU/SD statistically higher
	11th	18%	12%	SU/SD statistically higher
	12th	25%	16%	SU/SD statistically higher
Sex	Female	13%	6%	SU/SD statistically higher
	Male	20%	14%	SU/SD statistically higher
Total		17%	10%	SU/SD statistically higher

2 Alcohol, Tobacco and other Drug Use

2.22 Percent of students who smoked cigarettes, cigars or little cigars, or used smokeless tobacco, during the past 30 days

		Barre SU	Vermont	Notes
Grade	9th	15%	11%	SU/SD statistically higher
	10th	21%	15%	SU/SD statistically higher
	11th	29%	21%	SU/SD statistically higher
	12th	28%	25%	
Sex	Female	20%	13%	SU/SD statistically higher
	Male	26%	23%	SU/SD statistically higher
Total		23%	18%	SU/SD statistically higher

2.23 Percent of students who smoked cigarettes, cigars or little cigars, used smokeless tobacco, or electronic vapor products during the past 30 days

		Barre SU	Vermont	Notes
Grade	9th	18%	16%	
	10th	26%	22%	SU/SD statistically higher
	11th	38%	28%	SU/SD statistically higher
	12th	31%	32%	
Sex	Female	26%	20%	SU/SD statistically higher
	Male	30%	29%	
Total		28%	25%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.24 Percent of students who have ever tried marijuana**

		Barre SU	Vermont	Notes
Grade	9th	28%	22%	SU/SD statistically higher
	10th	42%	32%	SU/SD statistically higher
	11th	57%	44%	SU/SD statistically higher
	12th	54%	49%	
Sex	Female	46%	36%	SU/SD statistically higher
	Male	43%	38%	SU/SD statistically higher
Total		45%	37%	SU/SD statistically higher

2.25 Percent of students who used marijuana before age 13

		Barre SU	Vermont	Notes
Grade	9th	10%	6%	SU/SD statistically higher
	10th	5%	6%	
	11th	14%	7%	SU/SD statistically higher
	12th	7%	6%	
Sex	Female	7%	5%	SU/SD statistically higher
	Male	10%	8%	SU/SD statistically higher
Total		9%	6%	SU/SD statistically higher

2.26 Percent of students who used marijuana, past 30 days

		Barre SU	Vermont	Notes
Grade	9th	18%	13%	SU/SD statistically higher
	10th	26%	20%	SU/SD statistically higher
	11th	44%	27%	SU/SD statistically higher
	12th	34%	29%	SU/SD statistically higher
Sex	Female	30%	21%	SU/SD statistically higher
	Male	29%	24%	SU/SD statistically higher
Total		30%	22%	SU/SD statistically higher

2 Alcohol, Tobacco and other Drug Use

2.27 Among those who currently use marijuana, the number of times reported using marijuana, in the last month

			Barre SU	Vermont	Notes
Grade	9th	1 to 2 times	.	36%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	40%	Too few students

	10th	1 to 2 times	.	32%	Too few students
		3 to 9 times	.	26%	Too few students
		10+ times	.	42%	Too few students

	11th	1 to 2 times	34%	30%	
		3 to 9 times	20%	24%	
		10+ times	46%	46%	

	12th	1 to 2 times	.	29%	Too few students
		3 to 9 times	.	23%	Too few students
		10+ times	.	48%	Too few students

Sex	Female	1 to 2 times	36%	37%	
		3 to 9 times	22%	26%	
		10+ times	42%	37%	

	Male	1 to 2 times	22%	26%	
		3 to 9 times	26%	23%	
		10+ times	52%	52%	

Total		1 to 2 times	29%	31%	
		3 to 9 times	24%	24%	
		10+ times	48%	45%	

2 Alcohol, Tobacco and other Drug Use

2.28 Percent of students who ever misused a stimulant or prescription pain reliever

		Barre SU	Vermont	Notes
Grade	9th	10%	8%	
	10th	14%	10%	SU/SD statistically higher
	11th	21%	13%	SU/SD statistically higher
	12th	15%	14%	
Sex	Female	15%	11%	SU/SD statistically higher
	Male	14%	12%	SU/SD statistically higher
Total		14%	11%	SU/SD statistically higher

2.29 Percent of students who misused a stimulant or prescription pain reliever in the past 30 days

		Barre SU	Vermont	Notes
Grade	9th	.	4%	Too few students
	10th	6%	4%	SU/SD statistically higher
	11th	5%	5%	
	12th	5%	6%	
Sex	Female	4%	4%	
	Male	5%	5%	
Total		5%	5%	

2.30 Percent of students who ever used cocaine

		Barre SU	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	4%	4%	
	11th	7%	5%	
	12th	6%	7%	
Sex	Female	4%	4%	
	Male	6%	6%	
Total		5%	5%	

2 Alcohol, Tobacco and other Drug Use

2.31 Percent of students who ever used inhalants

		Barre SU	Vermont	Notes
Grade	9th	10%	7%	SU/SD statistically higher
	10th	11%	6%	SU/SD statistically higher
	11th	12%	7%	SU/SD statistically higher
	12th	5%	5%	
Sex	Female	11%	6%	SU/SD statistically higher
	Male	8%	7%	
Total		9%	7%	SU/SD statistically higher

2.32 Percent of students who ever used methamphetamines

		Barre SU	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	4%	3%	
	12th	.	3%	Too few students
Sex	Female	3%	2%	SU/SD statistically higher
	Male	.	3%	Too few students
Total		2%	3%	SU/SD statistically lower

2.33 Percent of students who ever used heroin

		Barre SU	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	.	2%	Too few students
	12th	.	3%	Too few students
Sex	Female	3%	1%	SU/SD statistically higher
	Male	.	3%	Too few students
Total		2%	2%	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.01 Percent of students who were in the same room as someone smoking, past 7 days

		Barre SU	Vermont	Notes
Grade	9th	37%	34%	
	10th	52%	36%	SU/SD statistically higher
	11th	51%	39%	SU/SD statistically higher
	12th	37%	38%	
Sex	Female	46%	37%	SU/SD statistically higher
	Male	42%	37%	SU/SD statistically higher
Total		45%	37%	SU/SD statistically higher

3.02 Percent of students who were in the same car as someone smoking, past 7 days

		Barre SU	Vermont	Notes
Grade	9th	32%	25%	SU/SD statistically higher
	10th	40%	27%	SU/SD statistically higher
	11th	40%	28%	SU/SD statistically higher
	12th	27%	28%	
Sex	Female	36%	28%	SU/SD statistically higher
	Male	33%	27%	SU/SD statistically higher
Total		35%	27%	SU/SD statistically higher

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.03 Frequency in which students see advertisements for tobacco when they are in a grocery store, gas station, or convenience store.

			Barre SU	Vermont	Notes
Grade	9th	Never or rarely	34%	19%	SU/SD statistically higher
		Sometimes	20%	27%	SU/SD statistically lower
		At least most of the time	46%	54%	SU/SD statistically lower

	10th	Never or rarely	18%	19%	
		Sometimes	32%	27%	SU/SD statistically higher
		At least most of the time	50%	53%	

	11th	Never or rarely	20%	21%	
		Sometimes	28%	28%	
		At least most of the time	52%	52%	

	12th	Never or rarely	24%	22%	
		Sometimes	29%	28%	
		At least most of the time	47%	50%	

Sex	Female	Never or rarely	23%	19%	SU/SD statistically higher
		Sometimes	29%	28%	
		At least most of the time	48%	53%	SU/SD statistically lower

	Male	Never or rarely	25%	22%	
		Sometimes	26%	26%	
		At least most of the time	49%	51%	

Total		Never or rarely	24%	21%	SU/SD statistically higher
		Sometimes	27%	27%	
		At least most of the time	49%	52%	SU/SD statistically lower

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use _____

In 2015, 11% of Vermont high school students reported smoking cigarettes in the last 30 days and 22% of students reported using marijuana during that same time period. Students were asked about their perceptions on how many students smoke and use marijuana.

3.04 Out of 100 high school students, the number thought to smoke cigarettes

	Barre SU	Vermont	Notes
15 or less students	16%	19%	SU/SD statistically lower
16 to 25 students	25%	29%	SU/SD statistically lower
26 to 45 students	27%	24%	SU/SD statistically higher
46 to 55 students	19%	14%	SU/SD statistically higher
56 to 75 students	7%	8%	
76 or more students	6%	7%	

3.05 Out of 100 high school students, the number thought to use marijuana

	Barre SU	Vermont	Notes
15 or less students	6%	8%	SU/SD statistically lower
16 to 25 students	12%	13%	SU/SD statistically lower
26 to 45 students	23%	21%	
46 to 55 students	23%	21%	
56 to 75 students	23%	20%	SU/SD statistically higher
76 or more students	13%	16%	SU/SD statistically lower

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.06 Percent of students who think their parents think it is wrong for them to smoke cigarettes

		Barre SU	Vermont	Notes
Grade	9th	91%	94%	SU/SD statistically lower
	10th	91%	93%	
	11th	86%	92%	SU/SD statistically lower
	12th	92%	87%	SU/SD statistically higher
Sex	Female	90%	93%	SU/SD statistically lower
	Male	90%	90%	
Total		90%	91%	

3.07 Percent of students who think their parents think it is wrong for them to drink alcohol

		Barre SU	Vermont	Notes
Grade	9th	77%	84%	SU/SD statistically lower
	10th	76%	78%	
	11th	62%	70%	SU/SD statistically lower
	12th	61%	57%	
Sex	Female	69%	74%	SU/SD statistically lower
	Male	70%	70%	
Total		69%	72%	SU/SD statistically lower

3.08 Percent of students who think their parents think it is wrong for them to smoke marijuana

		Barre SU	Vermont	Notes
Grade	9th	85%	87%	
	10th	78%	82%	
	11th	71%	78%	
	12th	75%	74%	
Sex	Female	76%	82%	SU/SD statistically lower
	Male	79%	79%	
Total		77%	80%	SU/SD statistically lower

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.09 Percent of students who think it is wrong for someone their age to smoke cigarettes

		Barre SU	Vermont	Notes
Grade	9th	79%	87%	SU/SD statistically lower
	10th	80%	84%	
	11th	66%	77%	SU/SD statistically lower
	12th	77%	67%	SU/SD statistically higher
Sex	Female	80%	80%	SU/SD statistically lower
	Male	73%	77%	
Total		76%	78%	SU/SD statistically lower

3.10 Percent of students who think it is wrong for someone their age to drink alcohol

		Barre SU	Vermont	Notes
Grade	9th	64%	70%	SU/SD statistically lower
	10th	57%	58%	
	11th	40%	47%	SU/SD statistically lower
	12th	41%	38%	
Sex	Female	50%	54%	SU/SD statistically lower
	Male	53%	53%	
Total		51%	53%	

3.11 Percent of students who think it is wrong for someone their age to smoke marijuana

		Barre SU	Vermont	Notes
Grade	9th	61%	70%	SU/SD statistically lower
	10th	56%	59%	
	11th	43%	51%	SU/SD statistically lower
	12th	47%	44%	
Sex	Female	48%	57%	SU/SD statistically lower
	Male	56%	55%	
Total		52%	56%	SU/SD statistically lower

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.12 Percent of students who think people their age risk harming themselves if they smoke a pack of cigarettes a day

		Barre SU	Vermont	Notes
Grade	9th	57%	62%	SU/SD statistically lower
	10th	60%	66%	SU/SD statistically lower
	11th	63%	66%	
	12th	65%	66%	
Sex	Female	67%	67%	
	Male	56%	63%	SU/SD statistically lower
Total		61%	65%	SU/SD statistically lower

3.13 Percent of students who think people their age risk harming themselves if they binge drink on weekends

		Barre SU	Vermont	Notes
Grade	9th	41%	42%	
	10th	38%	40%	
	11th	36%	36%	
	12th	30%	35%	SU/SD statistically lower
Sex	Female	43%	43%	
	Male	30%	33%	SU/SD statistically lower
Total		36%	38%	

3.14 Percent of students who think people their age risk harming themselves if they smoke marijuana regularly

		Barre SU	Vermont	Notes
Grade	9th	36%	35%	
	10th	32%	29%	
	11th	17%	22%	SU/SD statistically lower
	12th	24%	21%	
Sex	Female	28%	30%	
	Male	28%	24%	SU/SD statistically higher
Total		28%	27%	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.15 Percent of students who think it would be easy to get cigarettes

		Barre SU	Vermont	Notes
Grade	9th	44%	44%	
	10th	54%	55%	
	11th	76%	64%	SU/SD statistically higher
	12th	81%	80%	
Sex	Female	61%	57%	SU/SD statistically higher
	Male	65%	64%	
Total		63%	61%	SU/SD statistically higher

3.16 Percent of students who think it would be easy to get alcohol

		Barre SU	Vermont	Notes
Grade	9th	56%	60%	
	10th	68%	68%	
	11th	76%	74%	
	12th	74%	75%	
Sex	Female	70%	71%	
	Male	66%	68%	
Total		68%	69%	

3.17 Percent of students who think it would be easy to get marijuana

		Barre SU	Vermont	Notes
Grade	9th	49%	46%	
	10th	60%	60%	
	11th	79%	69%	SU/SD statistically higher
	12th	76%	74%	
Sex	Female	64%	60%	SU/SD statistically higher
	Male	67%	65%	
Total		65%	62%	SU/SD statistically higher

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.18 Percent of students who were asked if they smoked by a health care provider, past 12 months

		Barre SU	Vermont	Notes
Grade	9th	36%	44%	SU/SD statistically lower
	10th	50%	50%	
	11th	59%	57%	
	12th	57%	60%	
Sex	Female	56%	56%	SU/SD statistically lower
	Male	45%	50%	
Total		50%	53%	

3.19 Percent of students who think it is likely or very likely that a party where students from their high school were drinking alcohol would be broken up by police

		Barre SU	Vermont	Notes
Grade	9th	36%	36%	SU/SD statistically lower
	10th	30%	30%	
	11th	21%	27%	
	12th	17%	24%	
Sex	Female	24%	29%	SU/SD statistically lower
	Male	28%	29%	
Total		27%	29%	SU/SD statistically lower

3.20 Percent of students who were offered, sold or given an illegal drug on school property, past 12 months

		Barre SU	Vermont	Notes
Grade	9th	17%	15%	SU/SD statistically higher
	10th	16%	19%	
	11th	24%	20%	
	12th	19%	18%	
Sex	Female	14%	15%	
	Male	23%	21%	
Total		19%	18%	

4 Sexual Behavior and Orientation

4.01 Sexual orientation

			Barre SU	Vermont	Notes
Grade	9th	Heterosexual (straight)	88%	88%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	7%	6%	
		Not sure	3%	5%	

	10th	Heterosexual (straight)	93%	89%	SU/SD statistically higher
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	6%	Too few students
		Not sure	4%	4%	

	11th	Heterosexual (straight)	89%	88%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	6%	6%	
		Not sure	.	4%	Too few students

	12th	Heterosexual (straight)	89%	88%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	6%	6%	
		Not sure	.	4%	Too few students

Sex	Female	Heterosexual (straight)	87%	84%	SU/SD statistically higher
		Gay or lesbian	.	2%	Too few students
		Bisexual	9%	10%	
		Not sure	4%	5%	

	Male	Heterosexual (straight)	93%	92%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	3%	3%	
		Not sure	3%	4%	

Total		Heterosexual (straight)	90%	88%	SU/SD statistically higher
		Gay or lesbian	1%	2%	
		Bisexual	5%	6%	
		Not sure	3%	4%	

*4 Sexual Behavior and Orientation***4.02 Percent of students who have ever had sexual intercourse**

		Barre SU	Vermont	Notes
Grade	9th	28%	18%	SU/SD statistically higher
	10th	41%	33%	SU/SD statistically higher
	11th	60%	49%	SU/SD statistically higher
	12th	66%	62%	
Sex	Female	52%	40%	SU/SD statistically higher
	Male	45%	41%	SU/SD statistically higher
Total		49%	41%	SU/SD statistically higher

4.03 Percent of students who have ever had oral sex

		Barre SU	Vermont	Notes
Grade	9th	25%	21%	SU/SD statistically higher
	10th	46%	37%	SU/SD statistically higher
	11th	58%	50%	SU/SD statistically higher
	12th	62%	60%	
Sex	Female	50%	41%	SU/SD statistically higher
	Male	45%	42%	
Total		48%	42%	SU/SD statistically higher

4.04 Percent of students who had sexual intercourse before age 13

		Barre SU	Vermont	Notes
Grade	9th	7%	3%	SU/SD statistically higher
	10th	5%	3%	SU/SD statistically higher
	11th	5%	3%	SU/SD statistically higher
	12th	.	4%	Too few students
Sex	Female	5%	2%	SU/SD statistically higher
	Male	5%	4%	
Total		5%	3%	SU/SD statistically higher

*4 Sexual Behavior and Orientation***4.05 Percent of students who have had sexual intercourse with four or more people**

		Barre SU	Vermont	Notes
Grade	9th	5%	3%	
	10th	11%	6%	SU/SD statistically higher
	11th	23%	11%	SU/SD statistically higher
	12th	15%	19%	SU/SD statistically lower
Sex	Female	13%	9%	SU/SD statistically higher
	Male	13%	10%	SU/SD statistically higher
Total		13%	10%	SU/SD statistically higher

4.06 Percent of students who have ever been tested for HIV

		Barre SU	Vermont	Notes
Grade	9th	9%	7%	SU/SD statistically higher
	10th	8%	8%	
	11th	17%	12%	SU/SD statistically higher
	12th	15%	14%	
Sex	Female	17%	11%	SU/SD statistically higher
	Male	8%	9%	
Total		12%	10%	SU/SD statistically higher

4 Sexual Behavior and Orientation

4.07 Percent of students who had sex at least once in the past 3 months (currently sexually active)

		Barre SU	Vermont	Notes
Grade	9th	19%	12%	SU/SD statistically higher
	10th	34%	24%	SU/SD statistically higher
	11th	52%	38%	SU/SD statistically higher
	12th	50%	49%	
Sex	Female	42%	33%	SU/SD statistically higher
	Male	33%	30%	SU/SD statistically higher
Total		38%	31%	SU/SD statistically higher

4.08 Of sexually active students, percent who used alcohol or drugs the last time they had sex

		Barre SU	Vermont	Notes
Grade	9th	.	18%	Too few students
	10th	20%	19%	
	11th	29%	18%	SU/SD statistically higher
	12th	13%	18%	
Sex	Female	17%	15%	
	Male	23%	22%	
Total		19%	19%	

4.09 Of sexually active students, percent who used condoms the last time they had sex

		Barre SU	Vermont	Notes
Grade	9th	.	65%	Too few students
	10th	61%	65%	
	11th	50%	58%	SU/SD statistically lower
	12th	51%	54%	
Sex	Female	51%	55%	
	Male	59%	62%	
Total		55%	58%	

4 Sexual Behavior and Orientation

4.10 Of sexually active students, percent who used prescription birth control the last time they had sex.

Birth control included using prescription birth control pills, shot, patch, ring, or IUD

		Barre SU	Vermont	Notes
Grade	9th	.	28%	Too few students
	10th	42%	39%	
	11th	49%	49%	
	12th	62%	54%	SU/SD statistically higher
Sex	Female	58%	55%	
	Male	36%	38%	
Total		48%	47%	

4.11 Of sexually active students, those who used either a condom or prescription birth control the last time they had sex

		Barre SU	Vermont	Notes
Grade	9th	.	80%	Too few students
	10th	86%	87%	
	11th	84%	88%	
	12th	90%	87%	
Sex	Female	86%	88%	
	Male	86%	86%	
Total		86%	87%	

4 Sexual Behavior and Orientation

4.12 Of sexually active students, methods used to prevent pregnancy used the last time they had sex

			Barre SU	Vermont	Notes
Grade 9th	No method was used	.	.	12%	Too few students
	Birth control pills	.	.	19%	Too few students
	Condoms	.	.	50%	Too few students
	IUD or implant	.	.	4%	Too few students
	Shot/patch/birth control ring	.	.	5%	Too few students
	Withdrawal/other method	.	.	8%	Too few students
	Not sure	.	.	3%	Too few students

10th	No method was used	.	.	7%	Too few students
	Birth control pills	35%	35%	28%	
	Condoms	42%	42%	46%	
	IUD or implant	.	.	5%	Too few students
	Shot/patch/birth control ring	.	.	6%	Too few students
	Withdrawal/other method	11%	11%	6%	SU/SD statistically higher
	Not sure	.	.	2%	Too few students

11th	No method was used	.	.	6%	Too few students
	Birth control pills	43%	43%	37%	
	Condoms	34%	34%	37%	
	IUD or implant	.	.	7%	Too few students
	Shot/patch/birth control ring	.	.	6%	Too few students
	Withdrawal/other method	10%	10%	6%	SU/SD statistically higher
	Not sure	.	.	1%	Too few students

12th	No method was used	.	.	7%	Too few students
	Birth control pills	54%	54%	40%	SU/SD statistically higher
	Condoms	26%	26%	32%	
	IUD or implant	.	.	7%	Too few students
	Shot/patch/birth control ring	.	.	7%	Too few students
	Withdrawal/other method	8%	8%	6%	
	Not sure	.	.	2%	Too few students

4 Sexual Behavior and Orientation

			Barre SU	Vermont	Notes
Sex	Female	No method was used	7%	7%	
		Birth control pills	46%	39%	SU/SD statistically higher
		Condoms	27%	31%	
		IUD or implant	.	8%	Too few students
		Shot/patch/birth control ring	9%	8%	
		Withdrawal/other method	8%	5%	
		Not sure	.	1%	Too few students
<hr/>					
	Male	No method was used	.	7%	Too few students
		Birth control pills	34%	30%	
		Condoms	48%	45%	
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	.	4%	Too few students
		Withdrawal/other method	13%	7%	SU/SD statistically higher
		Not sure	.	3%	Too few students
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Total		No method was used	4%	7%	SU/SD statistically lower
		Birth control pills	40%	35%	SU/SD statistically higher
		Condoms	36%	38%	
		IUD or implant	3%	6%	SU/SD statistically lower
		Shot/patch/birth control ring	6%	6%	
		Withdrawal/other method	10%	6%	SU/SD statistically higher
		Not sure	.	2%	Too few students

Cont. Of sexually active students, methods used to prevent pregnancy used the last time they had sex

4 Sexual Behavior and Orientation

4.13 Sexual identity of sexual contacts

			Barre SU	Vermont	Notes
Sex	Female	Have not had sex	36%	45%	SU/SD statistically lower
		Same sex	.	1%	Too few students
		Opposite sex	57%	46%	SU/SD statistically higher
		Both sexes	6%	7%	

	Male	Have not had sex	41%	43%	
		Same sex	.	1%	Too few students
		Opposite sex	56%	53%	
		Both sexes	.	2%	Too few students

Total	Have not had sex		38%	44%	SU/SD statistically lower
	Same sex		1%	1%	
	Opposite sex		56%	50%	SU/SD statistically higher
	Both sexes		4%	5%	

5 Body Image

5.01 The percent of students who are overweight (85th to <95th BMI percentile)

		Barre SU	Vermont	Notes
Grade	9th	16%	15%	
	10th	16%	14%	
	11th	16%	14%	
	12th	16%	13%	
Sex	Female	15%	14%	
	Male	16%	14%	
Total		16%	14%	SU/SD statistically higher

5.02 The percent of students who are obese (=>95th BMI percentile)

		Barre SU	Vermont	Notes
Grade	9th	14%	12%	
	10th	18%	13%	SU/SD statistically higher
	11th	13%	12%	
	12th	11%	12%	
Sex	Female	12%	9%	SU/SD statistically higher
	Male	16%	16%	
Total		14%	12%	SU/SD statistically higher

NOTE: BMI = body mass index; For youth, BMI is age- and sex-specific. It is expressed by a percentile based on weight and height.

5 Body Image

5.03 Perceptions of weight

			Barre SU	Vermont	Notes
Grade	9th	Underweight	14%	15%	
		About the right weight	56%	56%	
		Overweight	30%	29%	

	10th	Underweight	11%	13%	
		About the right weight	54%	55%	
		Overweight	34%	32%	

	11th	Underweight	17%	13%	SU/SD statistically higher
		About the right weight	48%	55%	SU/SD statistically lower
		Overweight	35%	31%	

	12th	Underweight	12%	13%	
		About the right weight	54%	55%	
		Overweight	34%	32%	

Sex	Female	Underweight	11%	10%	
		About the right weight	49%	54%	SU/SD statistically lower
		Overweight	40%	36%	SU/SD statistically higher

	Male	Underweight	16%	17%	
		About the right weight	58%	57%	
		Overweight	27%	26%	

Total		Underweight	13%	14%	
		About the right weight	53%	55%	
		Overweight	34%	31%	SU/SD statistically higher

5 Body Image

5.04 Students who are trying to do something about their weight

			Barre SU	Vermont	Notes
Grade	9th	Lose weight	42%	41%	
		Gain weight	11%	12%	
		Stay the same weight /do nothing	46%	47%	

	10th	Lose weight	44%	43%	
		Gain weight	13%	13%	
		Stay the same weight /do nothing	43%	44%	

	11th	Lose weight	41%	42%	
		Gain weight	24%	14%	SU/SD statistically higher
		Stay the same weight /do nothing	35%	44%	SU/SD statistically lower

	12th	Lose weight	48%	42%	SU/SD statistically higher
		Gain weight	14%	15%	
		Stay the same weight /do nothing	38%	42%	

Sex	Female	Lose weight	60%	56%	SU/SD statistically higher
		Gain weight	6%	4%	SU/SD statistically higher
		Stay the same weight /do nothing	34%	40%	SU/SD statistically lower

	Male	Lose weight	29%	28%	
		Gain weight	23%	23%	
		Stay the same weight /do nothing	48%	49%	

Total		Lose weight	44%	42%	SU/SD statistically higher
		Gain weight	15%	14%	
		Stay the same weight /do nothing	41%	44%	SU/SD statistically lower

6 Nutrition and Physical Activity

6.01 Hours spent per school day watching TV, playing video games or using the computer for fun.

In 2015, the definition of screen time was expanded. Caution should be taken when making comparisons to previous years.

		Barre SU	Vermont	Notes	
Grade	9th	Less than 1 hour	17%	14%	
		1 to 2 hours	26%	36%	SU/SD statistically lower
		3 to 4 hours	41%	33%	SU/SD statistically higher
		5+ hours	16%	18%	

	10th	Less than 1 hour	14%	14%	
		1 to 2 hours	33%	36%	
		3 to 4 hours	31%	32%	
		5+ hours	21%	18%	

	11th	Less than 1 hour	14%	15%	
		1 to 2 hours	42%	38%	
		3 to 4 hours	27%	32%	SU/SD statistically lower
		5+ hours	17%	16%	

	12th	Less than 1 hour	15%	16%	
		1 to 2 hours	34%	36%	
		3 to 4 hours	31%	32%	
		5+ hours	19%	17%	

Sex	Female	Less than 1 hour	18%	15%	SU/SD statistically higher
		1 to 2 hours	35%	37%	
		3 to 4 hours	30%	32%	
		5+ hours	18%	16%	

	Male	Less than 1 hour	13%	14%	
		1 to 2 hours	31%	36%	SU/SD statistically lower
		3 to 4 hours	36%	32%	SU/SD statistically higher
		5+ hours	20%	18%	

Total		Less than 1 hour	15%	15%	
		1 to 2 hours	33%	36%	SU/SD statistically lower
		3 to 4 hours	32%	32%	
		5+ hours	19%	17%	

6 Nutrition and Physical Activity

6.02 The number of days students participated in at least 60 minutes of physical activity during the past 7 days

			Barre SU	Vermont	Notes
Grade	9th	0 days	16%	11%	SU/SD statistically higher
		1 to 2 days	13%	16%	SU/SD statistically lower
		3 to 6 days	37%	47%	SU/SD statistically lower
		Everyday	35%	25%	SU/SD statistically higher

	10th	0 days	11%	13%	
		1 to 2 days	14%	15%	
		3 to 6 days	50%	47%	
		Everyday	25%	24%	

	11th	0 days	20%	15%	SU/SD statistically higher
		1 to 2 days	14%	17%	
		3 to 6 days	44%	45%	
		Everyday	22%	22%	

	12th	0 days	15%	17%	
		1 to 2 days	15%	18%	
		3 to 6 days	48%	44%	
		Everyday	22%	21%	

Sex	Female	0 days	17%	17%	
		1 to 2 days	18%	20%	
		3 to 6 days	45%	48%	
		Everyday	20%	16%	SU/SD statistically higher

	Male	0 days	13%	12%	
		1 to 2 days	11%	14%	SU/SD statistically lower
		3 to 6 days	45%	44%	
		Everyday	32%	30%	

Total		0 days	15%	14%	
		1 to 2 days	14%	17%	SU/SD statistically lower
		3 to 6 days	45%	46%	
		Everyday	26%	23%	SU/SD statistically higher

6 Nutrition and Physical Activity

6.03 The percent of students who ate fruits and vegetables 5 or more times per day, past 7 days

		Barre SU	Vermont	Notes
Grade	9th	24%	23%	
	10th	19%	23%	SU/SD statistically lower
	11th	15%	23%	SU/SD statistically lower
	12th	25%	24%	
Sex	Female	19%	22%	SU/SD statistically lower
	Male	23%	25%	
Total		21%	24%	SU/SD statistically lower

6.04 The percent of students who ate fruits or fruit juice 2 or more times per day, past 7 days

		Barre SU	Vermont	Notes
Grade	9th	44%	34%	SU/SD statistically higher
	10th	39%	34%	SU/SD statistically higher
	11th	35%	34%	
	12th	36%	35%	
Sex	Female	37%	33%	SU/SD statistically higher
	Male	40%	35%	SU/SD statistically higher
Total		39%	34%	SU/SD statistically higher

6.05 The percent of students who ate vegetables 3 or more times per day, past 7 days

		Barre SU	Vermont	Notes
Grade	9th	17%	17%	
	10th	11%	17%	SU/SD statistically lower
	11th	11%	18%	SU/SD statistically lower
	12th	17%	19%	
Sex	Female	15%	17%	
	Male	14%	19%	SU/SD statistically lower
Total		14%	18%	SU/SD statistically lower

6 Nutrition and Physical Activity

6.06 The percent of students who did not eat any fruit or fruit juice, past 7 days

		Barre SU	Vermont	Notes
Grade	9th	4%	5%	
	10th	3%	4%	
	11th	7%	4%	SU/SD statistically higher
	12th	5%	4%	
Sex	Female	3%	3%	
	Male	6%	5%	
Total		4%	4%	

6.07 The percent of students who did not any eat vegetables, past 7 days

		Barre SU	Vermont	Notes
Grade	9th	5%	5%	
	10th	3%	4%	
	11th	7%	4%	SU/SD statistically higher
	12th	4%	4%	
Sex	Female	4%	3%	
	Male	6%	6%	
Total		5%	4%	

6 Nutrition and Physical Activity

6.08 The number of days students ate breakfast during the past 7 days

			Barre SU	Vermont	Notes
Grade	9th	Never	14%	11%	SU/SD statistically higher
		1 to 3 days	22%	25%	
		4 to 6 days	22%	22%	
		Everyday	42%	42%	

	10th	Never	16%	11%	SU/SD statistically higher
		1 to 3 days	31%	24%	SU/SD statistically higher
		4 to 6 days	22%	24%	
		Everyday	32%	41%	SU/SD statistically lower

	11th	Never	17%	10%	SU/SD statistically higher
		1 to 3 days	32%	25%	SU/SD statistically higher
		4 to 6 days	23%	24%	
		Everyday	27%	40%	SU/SD statistically lower

	12th	Never	15%	11%	SU/SD statistically higher
		1 to 3 days	24%	25%	
		4 to 6 days	32%	25%	SU/SD statistically higher
		Everyday	28%	39%	SU/SD statistically lower

Sex	Female	Never	17%	11%	SU/SD statistically higher
		1 to 3 days	29%	27%	
		4 to 6 days	22%	24%	
		Everyday	32%	38%	SU/SD statistically lower

	Male	Never	14%	11%	SU/SD statistically higher
		1 to 3 days	25%	23%	
		4 to 6 days	27%	23%	SU/SD statistically higher
		Everyday	34%	43%	SU/SD statistically lower

Total		Never	16%	11%	SU/SD statistically higher
		1 to 3 days	27%	25%	SU/SD statistically higher
		4 to 6 days	25%	24%	
		Everyday	33%	40%	SU/SD statistically lower

6 Nutrition and Physical Activity

6.09 The number of glasses of water students drank yesterday

			Barre SU	Vermont	Notes
Grade	9th	None	7%	9%	
		1 to 3 glasses	56%	60%	
		4+ glasses	36%	32%	SU/SD statistically higher

	10th	None	5%	8%	SU/SD statistically lower
		1 to 3 glasses	55%	58%	
		4+ glasses	40%	34%	SU/SD statistically higher

	11th	None	9%	8%	
		1 to 3 glasses	65%	60%	SU/SD statistically higher
		4+ glasses	26%	32%	SU/SD statistically lower

	12th	None	9%	9%	
		1 to 3 glasses	51%	57%	SU/SD statistically lower
		4+ glasses	40%	34%	SU/SD statistically higher

Sex	Female	None	7%	8%	
		1 to 3 glasses	57%	62%	SU/SD statistically lower
		4+ glasses	35%	31%	SU/SD statistically higher

	Male	None	8%	9%	
		1 to 3 glasses	55%	56%	
		4+ glasses	37%	35%	

Total		None	8%	9%	
		1 to 3 glasses	55%	59%	SU/SD statistically lower
		4+ glasses	37%	33%	SU/SD statistically higher

6 Nutrition and Physical Activity

6.10 Amount of soda students drank during the past 7 days

			Barre SU	Vermont	Notes
Grade	9th	None	25%	32%	SU/SD statistically lower
		At least once during the past week	61%	54%	SU/SD statistically higher
		At least once per day	14%	14%	

	10th	None	29%	33%	
		At least once during the past week	52%	53%	
		At least once per day	19%	14%	SU/SD statistically higher

	11th	None	24%	33%	SU/SD statistically lower
		At least once during the past week	54%	51%	
		At least once per day	22%	15%	SU/SD statistically higher

	12th	None	41%	36%	
		At least once during the past week	45%	49%	
		At least once per day	14%	15%	

Sex	Female	None	37%	42%	SU/SD statistically lower
		At least once during the past week	53%	48%	SU/SD statistically higher
		At least once per day	10%	9%	

	Male	None	23%	25%	
		At least once during the past week	53%	55%	
		At least once per day	24%	20%	SU/SD statistically higher

Total		None	30%	33%	SU/SD statistically lower
		At least once during the past week	52%	52%	
		At least once per day	18%	15%	SU/SD statistically higher

6 Nutrition and Physical Activity

6.11 The amount of sugar-sweetened beverages (not including soda) students drank during past 7 days

			Barre SU	Vermont	Notes
Grade	9th	None	23%	25%	
		At least once during the past week	61%	61%	
		At least once per day	17%	14%	
<hr/>					
	10th	None	20%	25%	SU/SD statistically lower
		At least once during the past week	58%	59%	
		At least once per day	22%	15%	SU/SD statistically higher
<hr/>					
	11th	None	25%	26%	
		At least once during the past week	53%	59%	SU/SD statistically lower
		At least once per day	22%	16%	SU/SD statistically higher
<hr/>					
	12th	None	27%	29%	
		At least once during the past week	61%	57%	
		At least once per day	12%	15%	
<hr/>					
Sex	Female	None	28%	30%	
		At least once during the past week	59%	59%	
		At least once per day	13%	11%	SU/SD statistically higher
<hr/>					
	Male	None	19%	22%	SU/SD statistically lower
		At least once during the past week	57%	58%	
		At least once per day	24%	19%	SU/SD statistically higher
<hr/>					
Total		None	23%	26%	SU/SD statistically lower
		At least once during the past week	58%	59%	
		At least once per day	19%	15%	SU/SD statistically higher

7 Youth Assets

7.01 Typical grades in the past 12 months, as reported by students

			Barre SU	Vermont	Notes
Grade	9th	Mostly As or Bs	70%	76%	SU/SD statistically lower
		Mostly Cs	18%	13%	SU/SD statistically higher
		Mostly Ds or Fs	6%	4%	SU/SD statistically higher
		Other / Not sure	6%	7%	

	10th	Mostly As or Bs	65%	77%	SU/SD statistically lower
		Mostly Cs	19%	14%	SU/SD statistically higher
		Mostly Ds or Fs	6%	4%	
		Other / Not sure	10%	5%	SU/SD statistically higher

	11th	Mostly As or Bs	67%	80%	SU/SD statistically lower
		Mostly Cs	22%	13%	SU/SD statistically higher
		Mostly Ds or Fs	7%	3%	SU/SD statistically higher
		Other / Not sure	4%	4%	

	12th	Mostly As or Bs	84%	83%	
		Mostly Cs	11%	11%	
		Mostly Ds or Fs	4%	2%	
		Other / Not sure	.	4%	Too few students

Sex	Female	Mostly As or Bs	77%	84%	SU/SD statistically lower
		Mostly Cs	13%	9%	SU/SD statistically higher
		Mostly Ds or Fs	5%	3%	SU/SD statistically higher
		Other / Not sure	6%	4%	SU/SD statistically higher

	Male	Mostly As or Bs	67%	74%	SU/SD statistically lower
		Mostly Cs	22%	16%	SU/SD statistically higher
		Mostly Ds or Fs	7%	4%	SU/SD statistically higher
		Other / Not sure	5%	6%	

Total		Mostly As or Bs	71%	79%	SU/SD statistically lower
		Mostly Cs	17%	13%	SU/SD statistically higher
		Mostly Ds or Fs	6%	3%	SU/SD statistically higher
		Other / Not sure	6%	5%	

7 Youth Assets

7.02 The percent of students participating in extracurricular activities, hours per week

			Barre SU	Vermont	Notes
Grade	9th	0 hours	36%	32%	
		1 to 4 hours	26%	30%	SU/SD statistically lower
		5 to 9 hours	14%	17%	
		10 or more hours	24%	21%	
10th	0 hours	34%	32%		
	1 to 4 hours	22%	28%	SU/SD statistically lower	
	5 to 9 hours	19%	16%		
	10 or more hours	24%	24%		
11th	0 hours	48%	32%	SU/SD statistically higher	
	1 to 4 hours	18%	27%	SU/SD statistically lower	
	5 to 9 hours	19%	16%		
	10 or more hours	15%	25%	SU/SD statistically lower	
12th	0 hours	42%	32%	SU/SD statistically higher	
	1 to 4 hours	21%	26%	SU/SD statistically lower	
	5 to 9 hours	16%	16%		
	10 or more hours	21%	27%	SU/SD statistically lower	
Sex	Female	0 hours	44%	31%	SU/SD statistically higher
		1 to 4 hours	21%	29%	SU/SD statistically lower
		5 to 9 hours	19%	16%	
		10 or more hours	17%	24%	SU/SD statistically lower
Male	0 hours	35%	33%		
	1 to 4 hours	23%	27%	SU/SD statistically lower	
	5 to 9 hours	16%	16%		
	10 or more hours	26%	24%		
Total	0 hours	39%	32%	SU/SD statistically higher	
	1 to 4 hours	22%	28%	SU/SD statistically lower	
	5 to 9 hours	17%	16%		
	10 or more hours	22%	24%	SU/SD statistically lower	

7 Youth Assets

7.03 The percent of students who spoke with their parents at least weekly about school

		Barre SU	Vermont	Notes
Grade	9th	72%	78%	SU/SD statistically lower
	10th	76%	77%	
	11th	60%	77%	SU/SD statistically lower
	12th	74%	75%	
Sex	Female	71%	77%	SU/SD statistically lower
	Male	72%	76%	SU/SD statistically lower
Total		71%	76%	SU/SD statistically lower

7.04 The percent of students who agree that in their community they feel like they matter to people

		Barre SU	Vermont	Notes
Grade	9th	44%	49%	SU/SD statistically lower
	10th	44%	48%	
	11th	35%	50%	SU/SD statistically lower
	12th	43%	54%	
Sex	Female	38%	47%	SU/SD statistically lower
	Male	46%	54%	SU/SD statistically lower
Total		42%	50%	SU/SD statistically lower

7.05 The percent of students who agree that teachers really care about them and give them lots of encouragement

		Barre SU	Vermont	Notes
Grade	9th	65%	59%	SU/SD statistically higher
	10th	55%	57%	
	11th	57%	64%	SU/SD statistically lower
	12th	69%	69%	
Sex	Female	59%	60%	
	Male	64%	64%	
Total		62%	62%	

7 Youth Assets

7.06 The percent of students who agree that students help decide what goes on in school

		Barre SU	Vermont	Notes
Grade	9th	50%	50%	
	10th	41%	46%	SU/SD statistically lower
	11th	31%	46%	SU/SD statistically lower
	12th	32%	49%	SU/SD statistically lower
Sex	Female	38%	48%	SU/SD statistically lower
	Male	40%	48%	SU/SD statistically lower
Total		39%	48%	SU/SD statistically lower

7.07 The percent of students who report that they will probably or definitely complete a post high school program

		Barre SU	Vermont	Notes
Grade	9th	75%	75%	
	10th	76%	80%	
	11th	78%	83%	SU/SD statistically lower
	12th	82%	84%	
Sex	Female	80%	83%	SU/SD statistically lower
	Male	75%	78%	SU/SD statistically lower
Total		77%	80%	SU/SD statistically lower

2015 Vermont Youth Risk Behavior Survey Report

Middle School Report for Barre SU

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

*Demographics***Barre SU****Number of Middle School Students in Barre SU****Barre SU Total**

447

Sex	Total	%
Not indicated / Missing	2	0%
Female	243	54%
Male	202	45%

Grade	Total	%
6th grade	161	36%
7th grade	146	32%
8th grade	140	31%

Age	Total	%
Not indicated / Missing	2	0%
11 years or younger	62	13%
12 years	147	32%
13 years	154	34%
14 years or older	82	18%

Race / Ethnicity	Total	%
Not indicated /Missing	41	9%
Ethnic or racial minority	65	14%
White non-Hispanic	341	76%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Barre SU. Not all students indicated their sex or grade, therefore the totals in these tables may not add up to the total number of students in the county or state who participated. All other numbers represented in this report are weighted to reflect the enrolled student population.

Demographics

Vermont
Number of Middle School Students in Vermont

Vermont Total

13648

Sex	Total	%
Not indicated / Missing	96	0%
Female	6713	49%
Male	6839	50%

Grade	Total	%
Not indicated / Missing	86	0%
6th grade	2899	21%
7th grade	5337	39%
8th grade	5326	39%

Age	Total	%
Not indicated / Missing	63	.
11 years or younger	1445	10%
12 years	3983	29%
13 years	5240	38%
14 years or older	2917	21%

Race / Ethnicity	Total	%
Not indicated /Missing	926	6%
Ethnic or racial minority	2357	17%
White non-Hispanic	10365	75%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who have ever been in a physical fight**

		Barre SU	Vermont	Notes
Grade	6th	52%	42%	SU/SD statistically higher
	7th	41%	41%	
	8th	55%	44%	SU/SD statistically higher
Sex	Female	36%	28%	SU/SD statistically higher
	Male	65%	57%	SU/SD statistically higher
Total		49%	43%	SU/SD statistically higher

1.02 Percent of students who were bullied at least once, past 30 days

		Barre SU	Vermont	Notes
Grade	6th	28%	24%	SU/SD statistically higher
	7th	30%	25%	
	8th	32%	22%	
Sex	Female	37%	30%	SU/SD statistically higher
	Male	22%	18%	SU/SD statistically higher
Total		30%	24%	SU/SD statistically higher

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight or when teasing is done in a friendly way. Electronic bullying occurs through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.03 Percent of students who reported they had ever been electronically bullied**

		Barre SU	Vermont	Notes
Grade	6th	27%	21%	SU/SD statistically higher
	7th	36%	26%	SU/SD statistically higher
	8th	39%	28%	SU/SD statistically higher
Sex	Female	45%	36%	SU/SD statistically higher
	Male	20%	16%	SU/SD statistically higher
Total		34%	26%	SU/SD statistically higher

1.04 Percent of students who were ever bullied at school

		Barre SU	Vermont	Notes
Grade	6th	50%	46%	SU/SD statistically higher
	7th	60%	48%	SU/SD statistically higher
	8th	64%	45%	SU/SD statistically higher
Sex	Female	67%	53%	SU/SD statistically higher
	Male	46%	40%	SU/SD statistically higher
Total		58%	46%	SU/SD statistically higher

1.05 Percent of students who bullied someone at least once, past 30 days

		Barre SU	Vermont	Notes
Grade	6th	10%	8%	
	7th	11%	9%	
	8th	15%	11%	SU/SD statistically higher
Sex	Female	13%	10%	SU/SD statistically higher
	Male	11%	9%	
Total		12%	10%	SU/SD statistically higher

*1 Personal Safety***1.06 Percent of students who did not go to school because they felt unsafe, past 30 days**

		Barre SU	Vermont	Notes
Grade	6th	10%	8%	
	7th	13%	7%	SU/SD statistically higher
	8th	6%	7%	
Sex	Female	12%	9%	SU/SD statistically higher
	Male	7%	6%	
Total		10%	7%	SU/SD statistically higher

1.07 Percent of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, past 12 months

		Barre SU	Vermont	Notes
Grade	6th	21%	17%	SU/SD statistically higher
	7th	30%	19%	SU/SD statistically higher
	8th	35%	22%	SU/SD statistically higher
Sex	Female	35%	27%	SU/SD statistically higher
	Male	20%	13%	SU/SD statistically higher
Total		28%	20%	SU/SD statistically higher

1.08 Percent of students who ever seriously thought about suicide

		Barre SU	Vermont	Notes
Grade	6th	25%	14%	SU/SD statistically higher
	7th	26%	16%	SU/SD statistically higher
	8th	34%	22%	SU/SD statistically higher
Sex	Female	35%	23%	SU/SD statistically higher
	Male	20%	12%	SU/SD statistically higher
Total		28%	18%	SU/SD statistically higher

*1 Personal Safety***1.09 Percent of students who ever made a suicide plan**

		Barre SU	Vermont	Notes
Grade	6th	12%	9%	SU/SD statistically higher
	7th	20%	11%	SU/SD statistically higher
	8th	19%	15%	SU/SD statistically higher
Sex	Female	23%	16%	SU/SD statistically higher
	Male	11%	8%	SU/SD statistically higher
Total		17%	12%	SU/SD statistically higher

1.10 Percent of students who ever attempted suicide

		Barre SU	Vermont	Notes
Grade	6th	9%	5%	SU/SD statistically higher
	7th	10%	5%	SU/SD statistically higher
	8th	11%	8%	SU/SD statistically higher
Sex	Female	12%	8%	SU/SD statistically higher
	Male	8%	3%	SU/SD statistically higher
Total		10%	6%	SU/SD statistically higher

1.11 Percent of students who had at least one sunburn in the past 12 months

		Barre SU	Vermont	Notes
Grade	6th	52%	51%	
	7th	53%	55%	
	8th	57%	56%	
Sex	Female	59%	58%	
	Male	48%	51%	SU/SD statistically lower
Total		54%	54%	

*1 Personal Safety***1.12 Bicycle helmet use among those who rode a bicycle in the past 12 months**

			Barre SU	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	37%	26%	SU/SD statistically higher
		Sometimes wear a helmet	14%	15%	
		Most of the time / always wear a helmet	49%	59%	SU/SD statistically lower

	7th	Never / rarely wear a helmet	42%	31%	SU/SD statistically higher
		Sometimes wear a helmet	17%	16%	
		Most of the time / always wear a helmet	41%	52%	SU/SD statistically lower

	8th	Never / rarely wear a helmet	43%	41%	
		Sometimes wear a helmet	20%	15%	SU/SD statistically higher
		Most of the time / always wear a helmet	38%	43%	SU/SD statistically lower

Sex	Female	Never / rarely wear a helmet	36%	31%	SU/SD statistically higher
		Sometimes wear a helmet	18%	17%	
		Most of the time / always wear a helmet	46%	52%	SU/SD statistically lower

	Male	Never / rarely wear a helmet	45%	36%	SU/SD statistically higher
		Sometimes wear a helmet	16%	14%	
		Most of the time / always wear a helmet	39%	49%	SU/SD statistically lower

Total		Never / rarely wear a helmet	40%	34%	SU/SD statistically higher
		Sometimes wear a helmet	17%	16%	
		Most of the time / always wear a helmet	43%	51%	SU/SD statistically lower

*1 Personal Safety***1.13 Helmet use while rollerblading or skateboarding (of those students who rollerbladed or skateboarded)**

			Barre SU	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	48%	31%	SU/SD statistically higher
		Sometimes wear a helmet	.	11%	Too few students
		Most of the time / always wear a helmet	45%	58%	SU/SD statistically lower

	7th	Never / rarely wear a helmet	.	42%	Too few students
		Sometimes wear a helmet	.	13%	Too few students
		Most of the time / always wear a helmet	.	45%	Too few students

	8th	Never / rarely wear a helmet	46%	52%	SU/SD statistically lower
		Sometimes wear a helmet	10%	12%	
		Most of the time / always wear a helmet	44%	36%	SU/SD statistically higher

Sex	Female	Never / rarely wear a helmet	45%	45%	
		Sometimes wear a helmet	10%	13%	
		Most of the time / always wear a helmet	45%	43%	

	Male	Never / rarely wear a helmet	53%	41%	SU/SD statistically higher
		Sometimes wear a helmet	9%	12%	
		Most of the time / always wear a helmet	38%	47%	SU/SD statistically lower

Total		Never / rarely wear a helmet	48%	43%	SU/SD statistically higher
		Sometimes wear a helmet	9%	12%	SU/SD statistically lower
		Most of the time / always wear a helmet	42%	45%	

*1 Personal Safety***1.14 Percent of students who reported never or rarely wearing a seatbelt while riding in a car**

		Barre SU	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	6%	4%	SU/SD statistically higher
Sex	Female	3%	2%	
	Male	4%	3%	
Total		3%	3%	

1.15 Percent of students who ever rode in a car driven by someone who had been drinking

		Barre SU	Vermont	Notes
Grade	6th	27%	15%	SU/SD statistically higher
	7th	18%	19%	
	8th	29%	25%	SU/SD statistically higher
Sex	Female	26%	21%	SU/SD statistically higher
	Male	23%	19%	SU/SD statistically higher
Total		25%	20%	SU/SD statistically higher

2 Alcohol, Tobacco, and Other Drug Use

2.01 Percent of students who ever drank alcohol other than a few sips

		Barre SU	Vermont	Notes
Grade	6th	12%	10%	
	7th	24%	15%	SU/SD statistically higher
	8th	32%	24%	SU/SD statistically higher
Sex	Female	23%	16%	SU/SD statistically higher
	Male	21%	18%	
Total		22%	17%	SU/SD statistically higher

2.02 Percent of students who drank alcohol other than a few sips before age 11

		Barre SU	Vermont	Notes
Grade	6th	9%	7%	
	7th	8%	6%	
	8th	8%	6%	
Sex	Female	8%	5%	SU/SD statistically higher
	Male	9%	8%	
Total		8%	6%	SU/SD statistically higher

2.03 Percent of students who drank any alcohol, past 30 days

		Barre SU	Vermont	Notes
Grade	6th	3%	3%	
	7th	9%	5%	SU/SD statistically higher
	8th	10%	10%	
Sex	Female	8%	6%	
	Male	7%	7%	
Total		7%	6%	

*2 Alcohol, Tobacco, and Other Drug Use***2.04 Percent of students who binge drank (5 or more alcoholic drinks in a row), past 30 days**

		Barre SU	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	3%	1%	SU/SD statistically higher
	8th	.	4%	Too few students
Sex	Female	3%	2%	SU/SD statistically higher
	Male	.	2%	Too few students
Total		2%	2%	

2.05 Percent of students who ever tried cigarette smoking, even one or two puffs

		Barre SU	Vermont	Notes
Grade	6th	7%	4%	SU/SD statistically higher
	7th	14%	7%	SU/SD statistically higher
	8th	18%	13%	SU/SD statistically higher
Sex	Female	11%	9%	SU/SD statistically higher
	Male	15%	9%	SU/SD statistically higher
Total		13%	9%	SU/SD statistically higher

2.06 Percent of students who ever smoked a whole cigarette

		Barre SU	Vermont	Notes
Grade	6th	4%	2%	SU/SD statistically higher
	7th	8%	4%	SU/SD statistically higher
	8th	10%	8%	
Sex	Female	5%	5%	
	Male	10%	5%	SU/SD statistically higher
Total		7%	5%	SU/SD statistically higher

2 Alcohol, Tobacco, and Other Drug Use

2.07 Percent of students who smoked a whole cigarette by age 11

		Barre SU	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	3%	2%	SU/SD statistically higher
Total		1%	1%	

2.08 Percent of students who smoked cigarettes, past 30 days

		Barre SU	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	.	3%	Too few students
Sex	Female	2%	2%	
	Male	2%	2%	
Total		2%	2%	

2 Alcohol, Tobacco, and Other Drug Use

2.09 Percent of students who ever used electronic vapor products such as e-cigarettes

		Barre SU	Vermont	Notes
Grade	6th	6%	3%	SU/SD statistically higher
	7th	7%	6%	
	8th	14%	11%	
Sex	Female	9%	7%	SU/SD statistically higher
	Male	9%	7%	
Total		9%	7%	SU/SD statistically higher

2.10 Percent of students who used electronic vapor products such as e-cigarettes during the past 30 days

		Barre SU	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	.	5%	Too few students
Sex	Female	2%	3%	
	Male	.	3%	Too few students
Total		2%	3%	SU/SD statistically lower

2.11 Percent of students who used chewing tobacco, snuff, or dip, past 30 days

		Barre SU	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	3%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	3%	Too few students
Total		.	2%	Too few students

2 Alcohol, Tobacco, and Other Drug Use

2.12 Percent of students who smoked cigars, cigarillos, or little cigars, past 30 days

		Barre SU	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	2%	2%	
Total		2%	2%	

2.13 Percent of students who used a tobacco product such as cigarettes, smokeless tobacco, or cigars, in the past 30 days

		Barre SU	Vermont	Notes
Grade	6th	3%	2%	SU/SD statistically higher
	7th	3%	3%	
	8th	4%	6%	SU/SD statistically lower
Sex	Female	3%	3%	
	Male	3%	4%	
Total		3%	4%	

2.14 Percent of students who used any tobacco products including e-cigarettes in the past 30 days

		Barre SU	Vermont	Notes
Grade	6th	4%	3%	SU/SD statistically higher
	7th	5%	4%	
	8th	4%	8%	SU/SD statistically lower
Sex	Female	5%	5%	
	Male	4%	6%	
Total		5%	5%	

2 Alcohol, Tobacco, and Other Drug Use

2.15 Percent of smokers who attempted to quit smoking, past 12 months

		Barre SU	Vermont	Notes
Grade	6th	.	.	Too few students
	7th	.	58%	Too few students
	8th	.	45%	Too few students
Sex	Female	.	48%	Too few students
	Male	.	47%	Too few students
Total		.	48%	Too few students

2.16 Percent of students who have ever used marijuana

		Barre SU	Vermont	Notes
Grade	6th	5%	2%	SU/SD statistically higher
	7th	10%	5%	SU/SD statistically higher
	8th	11%	11%	
Sex	Female	9%	6%	SU/SD statistically higher
	Male	8%	7%	
Total		8%	7%	SU/SD statistically higher

2.17 Percent of students who used marijuana by age 11

		Barre SU	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	2%	2%	
Total		2%	1%	

2 Alcohol, Tobacco, and Other Drug Use

2.18 Percent of students who used marijuana, past 30 days

		Barre SU	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	7%	3%	SU/SD statistically higher
	8th	5%	6%	
Sex	Female	6%	3%	SU/SD statistically higher
	Male	4%	4%	
Total		5%	4%	SU/SD statistically higher

2.19 Percent of students who have ever used inhalants

		Barre SU	Vermont	Notes
Grade	6th	8%	5%	SU/SD statistically higher
	7th	8%	4%	SU/SD statistically higher
	8th	8%	6%	SU/SD statistically higher
Sex	Female	9%	5%	SU/SD statistically higher
	Male	6%	5%	SU/SD statistically higher
Total		8%	5%	SU/SD statistically higher

2.20 Percent of students who ever took a prescription drug without a doctor's prescription

		Barre SU	Vermont	Notes
Grade	6th	3%	2%	
	7th	5%	3%	SU/SD statistically higher
	8th	5%	4%	
Sex	Female	6%	3%	SU/SD statistically higher
	Male	2%	3%	
Total		4%	3%	SU/SD statistically higher

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.01 Percent of students who were in the same room with someone who was smoking cigarettes, past 7 days

		Barre SU	Vermont	Notes
Grade	6th	30%	24%	SU/SD statistically higher
	7th	38%	28%	SU/SD statistically higher
	8th	34%	31%	
Sex	Female	36%	29%	SU/SD statistically higher
	Male	31%	27%	SU/SD statistically higher
Total		34%	28%	SU/SD statistically higher

3.02 Percent of students who were in the same car with someone who was smoking cigarettes, past 7 days

		Barre SU	Vermont	Notes
Grade	6th	22%	17%	SU/SD statistically higher
	7th	29%	20%	SU/SD statistically higher
	8th	34%	23%	SU/SD statistically higher
Sex	Female	30%	22%	SU/SD statistically higher
	Male	26%	19%	SU/SD statistically higher
Total		28%	21%	SU/SD statistically higher

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.03 Percent of students who, always or most of the time saw advertisements for tobacco products at supermarkets or gas stations

		Barre SU	Vermont	Notes
Grade	6th	51%	47%	
	7th	54%	52%	
	8th	62%	55%	SU/SD statistically higher
Sex	Female	55%	52%	
	Male	57%	52%	SU/SD statistically higher
Total		55%	52%	SU/SD statistically higher

3.04 Percent of students who, in the past 12 months, were asked if they smoke by a health professional

		Barre SU	Vermont	Notes
Grade	6th	8%	15%	SU/SD statistically lower
	7th	32%	26%	SU/SD statistically higher
	8th	42%	35%	SU/SD statistically higher
Sex	Female	28%	28%	
	Male	25%	26%	
Total		27%	27%	

3.05 Students perceptions about out of 100 Vermont high school students the number who smoke cigarettes

	Barre SU	Vermont	Notes
15 or less students	16%	16%	
16 to 25 students	28%	25%	SU/SD statistically higher
26 to 45 students	23%	24%	
46 to 55 students	15%	16%	
56 to 75 students	9%	9%	
76 or more students	10%	10%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use

3.06 Percent of students who think their parents would think it is wrong or very wrong for them to smoke cigarettes

		Barre SU	Vermont	Notes
Grade	6th	94%	96%	SU/SD statistically lower
	7th	95%	96%	
	8th	96%	96%	
Sex	Female	95%	97%	SU/SD statistically lower
	Male	94%	96%	SU/SD statistically lower
Total		95%	96%	SU/SD statistically lower

3.07 Percent of students who think their parents would think it is wrong or very wrong for them to drink alcohol

		Barre SU	Vermont	Notes
Grade	6th	92%	92%	SU/SD statistically lower
	7th	85%	92%	
	8th	89%	90%	
Sex	Female	89%	93%	SU/SD statistically lower
	Male	88%	90%	
Total		89%	91%	SU/SD statistically lower

3.08 Percent of students who think their parents would think it is wrong or very wrong for them to smoke marijuana

		Barre SU	Vermont	Notes
Grade	6th	96%	96%	SU/SD statistically lower
	7th	89%	95%	
	8th	89%	92%	
Sex	Female	91%	94%	SU/SD statistically lower
	Male	93%	94%	
Total		92%	94%	SU/SD statistically lower

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.09 Percent of students who think it would be wrong or very wrong for someone their age to smoke cigarettes

		Barre SU	Vermont	Notes
Grade	6th	98%	97%	
	7th	92%	95%	SU/SD statistically lower
	8th	95%	92%	SU/SD statistically higher
Sex	Female	96%	95%	
	Male	94%	94%	
Total		95%	94%	

3.10 Percent of students who think it would be wrong or very wrong for someone their age to drink alcohol

		Barre SU	Vermont	Notes
Grade	6th	95%	94%	
	7th	85%	90%	SU/SD statistically lower
	8th	79%	83%	SU/SD statistically lower
Sex	Female	87%	90%	SU/SD statistically lower
	Male	86%	87%	
Total		87%	88%	SU/SD statistically lower

3.11 Percent of students who think it would be wrong or very wrong for someone their age to smoke marijuana

		Barre SU	Vermont	Notes
Grade	6th	98%	97%	
	7th	84%	92%	SU/SD statistically lower
	8th	83%	83%	
Sex	Female	87%	91%	SU/SD statistically lower
	Male	90%	89%	
Total		89%	90%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use

3.12 Percent of students who think people their age greatly risk harming themselves if they smoke one or more packs of cigarettes a day

		Barre SU	Vermont	Notes
Grade	6th	62%	70%	SU/SD statistically lower
	7th	67%	72%	SU/SD statistically lower
	8th	71%	72%	
Sex	Female	68%	71%	SU/SD statistically lower
	Male	64%	72%	SU/SD statistically lower
Total		66%	71%	SU/SD statistically lower

3.13 Percent of students who think that people their age greatly risk harming themselves if they have five or more drinks of alcohol once or twice each weekend

		Barre SU	Vermont	Notes
Grade	6th	45%	49%	
	7th	35%	49%	SU/SD statistically lower
	8th	45%	46%	
Sex	Female	43%	49%	SU/SD statistically lower
	Male	41%	46%	SU/SD statistically lower
Total		42%	48%	SU/SD statistically lower

3.14 Percent of students who think that people their age greatly risk harming themselves if they smoke marijuana regularly

		Barre SU	Vermont	Notes
Grade	6th	69%	67%	
	7th	49%	61%	SU/SD statistically lower
	8th	50%	51%	
Sex	Female	56%	60%	SU/SD statistically lower
	Male	57%	58%	
Total		56%	59%	SU/SD statistically lower

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.15 Percent of students who report that it would be easy or very easy to get cigarettes

		Barre SU	Vermont	Notes
Grade	6th	19%	18%	
	7th	26%	24%	
	8th	35%	34%	
Sex	Female	27%	25%	
	Male	26%	29%	
Total		26%	27%	

3.16 Percent of students who report that it would be easy or very easy to get alcohol

		Barre SU	Vermont	Notes
Grade	6th	25%	24%	
	7th	35%	33%	
	8th	47%	46%	
Sex	Female	37%	35%	
	Male	32%	37%	SU/SD statistically lower
Total		35%	36%	

3.17 Percent of students who report that it would be easy or very easy to get marijuana

		Barre SU	Vermont	Notes
Grade	6th	6%	6%	
	7th	16%	12%	SU/SD statistically higher
	8th	19%	22%	
Sex	Female	14%	13%	
	Male	13%	16%	SU/SD statistically lower
Total		13%	14%	

4 Sexual Behavior

4.01 Percent of students who have ever had sexual intercourse

		Barre SU	Vermont	Notes
Grade	6th	4%	3%	
	7th	6%	4%	
	8th	10%	8%	
Sex	Female	6%	4%	SU/SD statistically higher
	Male	7%	7%	
Total		7%	6%	

4.02 Percent of students who have ever had oral sex

		Barre SU	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	5%	3%	
	8th	10%	9%	
Sex	Female	6%	5%	
	Male	5%	6%	
Total		6%	5%	

5 Nutrition and Physical Activity

5.01 Number of times during the past 7 days students ate breakfast

			Barre SU	Vermont	Notes
Grade	6th	Never	7%	4%	SU/SD statistically higher
		1 to 3 times	17%	13%	SU/SD statistically higher
		4 to 6 times	23%	22%	
		Everyday	53%	61%	SU/SD statistically lower

	7th	Never	9%	7%	SU/SD statistically higher
		1 to 3 times	17%	16%	
		4 to 6 times	28%	25%	
		Everyday	46%	51%	SU/SD statistically lower

	8th	Never	11%	8%	SU/SD statistically higher
		1 to 3 times	18%	20%	
		4 to 6 times	33%	25%	SU/SD statistically higher
		Everyday	38%	48%	SU/SD statistically lower

Sex	Female	Never	11%	8%	SU/SD statistically higher
		1 to 3 times	21%	21%	
		4 to 6 times	29%	26%	SU/SD statistically higher
		Everyday	39%	45%	SU/SD statistically lower

	Male	Never	7%	6%	
		1 to 3 times	14%	13%	
		4 to 6 times	26%	23%	SU/SD statistically higher
		Everyday	53%	59%	SU/SD statistically lower

Total		Never	9%	7%	SU/SD statistically higher
		1 to 3 times	17%	17%	
		4 to 6 times	28%	24%	SU/SD statistically higher
		Everyday	46%	52%	SU/SD statistically lower

5 Nutrition and Physical Activity

5.02 Percent of students who reported drinking at least four bottles or glasses of water a day

		Barre SU	Vermont	Notes
Grade	6th	44%	45%	
	7th	42%	41%	
	8th	39%	39%	
Sex	Female	37%	38%	
	Male	47%	44%	
Total		41%	41%	

5 Nutrition and Physical Activity

5.03 Number of days students participated in at least 60 minutes of physical activity in the past 7 days

			Barre SU	Vermont	Notes
Grade	6th	Never	8%	8%	
		1 to 4 days	43%	32%	SU/SD statistically higher
		5 to 6 days	23%	27%	SU/SD statistically lower
		Everyday	27%	33%	SU/SD statistically lower

	7th	Never	8%	7%	
		1 to 4 days	39%	34%	SU/SD statistically higher
		5 to 6 days	25%	28%	SU/SD statistically lower
		Everyday	28%	31%	

	8th	Never	4%	8%	SU/SD statistically lower
		1 to 4 days	45%	36%	SU/SD statistically higher
		5 to 6 days	28%	27%	
		Everyday	23%	29%	SU/SD statistically lower

Sex	Female	Never	7%	8%	
		1 to 4 days	46%	39%	SU/SD statistically higher
		5 to 6 days	27%	30%	SU/SD statistically lower
		Everyday	20%	23%	SU/SD statistically lower

	Male	Never	6%	8%	
		1 to 4 days	38%	29%	SU/SD statistically higher
		5 to 6 days	23%	25%	
		Everyday	33%	38%	SU/SD statistically lower

Total		Never	7%	8%	
		1 to 4 days	42%	34%	SU/SD statistically higher
		5 to 6 days	25%	27%	SU/SD statistically lower
		Everyday	26%	31%	SU/SD statistically lower

5 Nutrition and Physical Activity

5.04 Number of times students participated in physical activity breaks outside of physical education courses in an average school week

			Barre SU	Vermont	Notes
Grade	6th	0 days	13%	18%	SU/SD statistically lower
		1 to 2 days	27%	15%	SU/SD statistically higher
		3 to 4 days	30%	19%	SU/SD statistically higher
		Everyday	30%	48%	SU/SD statistically lower

	7th	0 days	57%	30%	SU/SD statistically higher
		1 to 2 days	25%	17%	SU/SD statistically higher
		3 to 4 days	6%	17%	SU/SD statistically lower
		Everyday	13%	36%	SU/SD statistically lower

	8th	0 days	61%	33%	SU/SD statistically higher
		1 to 2 days	19%	16%	SU/SD statistically higher
		3 to 4 days	8%	16%	SU/SD statistically lower
		Everyday	11%	35%	SU/SD statistically lower

Sex	Female	0 days	44%	28%	SU/SD statistically higher
		1 to 2 days	23%	18%	SU/SD statistically higher
		3 to 4 days	15%	17%	
		Everyday	18%	38%	SU/SD statistically lower

	Male	0 days	40%	28%	SU/SD statistically higher
		1 to 2 days	25%	15%	SU/SD statistically higher
		3 to 4 days	15%	17%	
		Everyday	19%	40%	SU/SD statistically lower

Total		0 days	42%	28%	SU/SD statistically higher
		1 to 2 days	24%	16%	SU/SD statistically higher
		3 to 4 days	15%	17%	SU/SD statistically lower
		Everyday	19%	39%	SU/SD statistically lower

5 Nutrition and Physical Activity

5.05 Number of hours spent watching TV on an average school day

			Barre SU	Vermont	Notes
Grade	6th	1 hour or less per day	41%	60%	SU/SD statistically lower
		2 to 4 hours per day	52%	34%	SU/SD statistically higher
		5 or more hours per day	7%	6%	

	7th	1 hour or less per day	53%	57%	SU/SD statistically lower
		2 to 4 hours per day	36%	37%	
		5 or more hours per day	11%	6%	SU/SD statistically higher

	8th	1 hour or less per day	50%	57%	SU/SD statistically lower
		2 to 4 hours per day	43%	37%	SU/SD statistically higher
		5 or more hours per day	7%	7%	

Sex	Female	1 hour or less per day	46%	57%	SU/SD statistically lower
		2 to 4 hours per day	45%	37%	SU/SD statistically higher
		5 or more hours per day	9%	6%	SU/SD statistically higher

	Male	1 hour or less per day	49%	58%	SU/SD statistically lower
		2 to 4 hours per day	44%	35%	SU/SD statistically higher
		5 or more hours per day	8%	7%	

Total		1 hour or less per day	48%	58%	SU/SD statistically lower
		2 to 4 hours per day	44%	36%	SU/SD statistically higher
		5 or more hours per day	8%	6%	SU/SD statistically higher

5 Nutrition and Physical Activity

5.06 Number of hours spent playing video games or going online for something not related to school, on an average school day

			Barre SU	Vermont	Notes
Grade	6th	1 hour or less per day	35%	55%	SU/SD statistically lower
		2 to 4 hours per day	44%	33%	SU/SD statistically higher
		5 or more hours per day	21%	12%	SU/SD statistically higher

	7th	1 hour or less per day	31%	46%	SU/SD statistically lower
		2 to 4 hours per day	47%	40%	SU/SD statistically higher
		5 or more hours per day	22%	14%	SU/SD statistically higher

	8th	1 hour or less per day	31%	40%	SU/SD statistically lower
		2 to 4 hours per day	46%	41%	SU/SD statistically higher
		5 or more hours per day	22%	19%	SU/SD statistically higher

Sex	Female	1 hour or less per day	33%	48%	SU/SD statistically lower
		2 to 4 hours per day	46%	37%	SU/SD statistically higher
		5 or more hours per day	21%	15%	SU/SD statistically higher

	Male	1 hour or less per day	32%	44%	SU/SD statistically lower
		2 to 4 hours per day	46%	41%	SU/SD statistically higher
		5 or more hours per day	22%	15%	SU/SD statistically higher

Total		1 hour or less per day	33%	46%	SU/SD statistically lower
		2 to 4 hours per day	46%	39%	SU/SD statistically higher
		5 or more hours per day	21%	15%	SU/SD statistically higher

5 Nutrition and Physical Activity

5.07 Number of days in the average week students went online for something not school-related

			Barre SU	Vermont	Notes
Grade	6th	Never	19%	22%	
		1 to 5 days	46%	45%	
		At least six days	35%	33%	

	7th	Never	14%	16%	
		1 to 5 days	35%	41%	SU/SD statistically lower
		At least six days	50%	42%	SU/SD statistically higher

	8th	Never	10%	11%	
		1 to 5 days	29%	34%	SU/SD statistically lower
		At least six days	61%	55%	SU/SD statistically higher

Sex	Female	Never	8%	13%	SU/SD statistically lower
		1 to 5 days	38%	41%	
		At least six days	54%	46%	SU/SD statistically higher

	Male	Never	22%	18%	SU/SD statistically higher
		1 to 5 days	36%	38%	
		At least six days	42%	44%	

Total	Never		14%	15%	
	1 to 5 days		37%	39%	
	At least six days		48%	45%	SU/SD statistically higher

*6 Youth Assets***6.01 Percent of students who talk to their parents about school at least weekly**

		Barre SU	Vermont	Notes
Grade	6th	76%	81%	SU/SD statistically lower
	7th	80%	80%	
	8th	76%	78%	
Sex	Female	74%	80%	SU/SD statistically lower
	Male	81%	79%	
Total		77%	79%	

6.02 Percent of students who agree or strongly agree that 'in your community you feel like you matter to people'

		Barre SU	Vermont	Notes
Grade	6th	54%	60%	SU/SD statistically lower
	7th	43%	56%	SU/SD statistically lower
	8th	43%	51%	SU/SD statistically lower
Sex	Female	43%	50%	SU/SD statistically lower
	Male	52%	59%	SU/SD statistically lower
Total		47%	55%	SU/SD statistically lower

*6 Youth Assets***6.03 Percent of students who agree or strongly agree that their teachers really care about them and give them a lot of encouragement**

		Barre SU	Vermont	Notes
Grade	6th	65%	69%	SU/SD statistically lower
	7th	57%	62%	SU/SD statistically lower
	8th	58%	59%	
Sex	Female	61%	62%	
	Male	60%	64%	SU/SD statistically lower
Total		60%	63%	SU/SD statistically lower

6.04 Percent of students who agree or strongly agree that students help decide what goes on in school

		Barre SU	Vermont	Notes
Grade	6th	41%	45%	
	7th	33%	44%	SU/SD statistically lower
	8th	43%	39%	
Sex	Female	39%	42%	SU/SD statistically lower
	Male	39%	43%	SU/SD statistically lower
Total		39%	43%	SU/SD statistically lower